



WARD'S WORD

This week we welcomed our regular catch up attendee, **Jeff Neale**, from our Grandmother Club, Campbelltown. **Marco**, from Timor Leste also joined us for breakfast again and was excited to tell us about his attendance at the **ANZAC** day celebrations. Amongst his busy calendar, Marco has been attending Adelaide High School this week, along with his fellow comrades, to learn more about English teaching.

The club sends their get well wishes to **Graham Holcroft**, who sustained some fractured ribs and bruised kidneys.....not entirely sure how, but Robyn thinks he is just trying to avoid the gardening. **GET WELL SOON GRAHAM!!**

We invited **Steve Wright** to our meeting this week's, meeting number 918. Steve is a Clinical Psychologist at



HeadSpace, which is a Government established National Youth Mental Health Foundation, providing mental and health wellbeing support, information and services for people aged between 12 and 25.

At the Edinburgh North drop in centre, where Steve is based there are ten full time staff, including youth workers, a Psychiatrist and a GP.

The centre's main goal is to aid emerging mental health issues with early intervention and give young people the skills to manage the issues themselves.

With nearly 100 centres nationwide, as well as online and phone support, Headspace is touching a lot of people's lives, who otherwise would be struggling to cope with issues relating to mental health, alcohol and other drug use, work or education, general physical health, sexual health and relationships. As suicide rates in Australia sky rocket, it seems these sorts of services are becoming more and more vital.

Edinburgh North Headspace, provides a youth friendly environment, which is safe and destigmatised. All services are 100% free and it must be voluntary attendance. Even though it is often parents who make the first contact the attendee needs to want to attend the clinic. It is a non crisis or emergency centre. As well as appointments with staff, the centre organises workshops, community links (YAC), community events, presentations to local groups, services for schools and participate in events such as the Reel Event.

Steve, along with some of his colleagues will be hosting an information stall at the Reel Event, telling attendees more about mental health in young people and how Headsapce is helping. Being a beneficiary of the event, Steve envisages the money raised going towards setting up a couple of group sessions for young people, aimed at the gay community. And another group session aimed at parents, giving them support and guidance on how to help their children with mental health issues.



Headspace accepts referral from anyone. To find out more have a look at their website:

<http://www.headspace.org.au/>

Dates for the Diary

3 May	9.30 am till 1pm Specialist Training at St Francis of Assis School (see The Herald)
9 May	Rotary Race Day at Morphettsville
20 May	Reel Event
23- 24 May?	Rotary Leadership Institute Training (see The Herald)
26 May	10.30am till 12midday: Heccies Morning Tea. Raising money for Cancer Council PLEASE LET JOHN KENNEDY KNOW IF YOU PLAN ON ATTENDING OR WISH TO HELP OUT
28 May	Chartering of the Rotaract Club of Sturt
27 June	Change Over Breakfast
5 - 6 Sept	Australian Rotary Success Conference and Rotary Youth Summit in Canberra (see The Herald)

Fact of the Day

An ostrich's eye is bigger than its brain.

Rotary Fact of the Day

The first Rotary Club Youth Exchange happened in 1927 with the Rotary Club of Nice in France.

Shed BBQ Roster

Saturday 2nd May

7.30-10am	10-12 noon
Ian Carman	Ian Carman
Greg Schuetze	Julie Carman
Lindsay Davis	Mohammed Farooque

Saturday 30th May

7.30-10am	10-12 noon
Ian Carman	Ian Carman
Ian Coat	Julie Carman
Colin Hill	Tracey Gleeson

Next Meeting 5th May 2015

Dave Bell

The Adventures of "Smarty"

Meeting Roster

No	Date	Chairperson	Steward 1	Steward 2	Tech Setup	Greeter
919	5 May	Mark Thompson	John Kennedy	Julie Carman	Chris Gascoine	Siony Gardiner

PRESIDENT

Colin Hill



SECRETARY

Ian Carman



MEETING TIME

Tuesday 6.50 for 7.00am

VENUE

Hectorville Sporting Club, Fisher Street, Magill

EMAIL

magill@rotaryclub.org.au

WEBSITE

www.magill.rotaryclub.org.au



www.facebook.com/rotarymagill



**ROTARY DISTRICT
9520**

DISTRICT GOVERNOR'S NEWSLETTER
www.rotarynews.info/district9520



THE VOICE OF ROTARY

Broadcast On
1197M RPH Adelaide
Tuesday 7.30 – 8.00
or online at
www.rphadelaide.org.au

LOCAL MEETINGS FOR MAKEUPS

MONDAYS

6.30pm	Campbelltown	Athelstone Football Club	150 George St, Paradise
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TUESDAYS

1.00pm	Norwood	Norwood Town Hall	George St, Norwood
6.15pm	St Peter's	Kensington Hotel	23 Regent St, Kensington
6.30pm	Kent Town	The Royal Hotel	2 North Tce, Kent Town

WEDNESDAYS

7.15am	Eastwood	Flinders Lodge	27 Dequetteville Tce, Kent Town
6.30pm	Burnside	The Feathers Hotel	Glynburn Rd, Burnside
6.30pm	Morialta	The Rezz Hotel	20 Hamilton Tce, Newton

THURSDAYS & FRIDAYS

No Meetings

THE OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of a worthy enterprise and in particular to encourage and foster:

The development of acquaintance as an opportunity for service.

High ethical standards in business and professions: the recognition of the worthiness of all useful occupations: and the dignifying by every Rotarian of their occupation as an opportunity to serve society.

The application of the ideal service by every Rotarian to their personal, business and community life.

The advancement of international understanding, goodwill and peace through a world fellowship of business and professional people united in the ideal of service.

THE FOUR WAY TEST

The Four Way Test of the things we think, say or do:

Is it the truth?

Is it fair to all concerned?

Will it build goodwill and better friendships?

Will it be beneficial to all concerned?

THE INVOCATION

For good food, good fellowship and
the opportunity to serve through Rotary we give thanks.

