



MINA'S MESSAGE

As a new year begins we all take time to reflect and think about where we are and where we want to be in the world, some of us even set goals! January is almost up, so the question is how are those goals going? Not so good? What was your focus when you set the goal? All too often we focus on the what and don't understand the why.

Darrell Klar, from Clear Cut Coaching, explained to us on Tuesday that goals often involve changing behaviour. We don't often assess our capability when setting goals. There needs to be a shift from our 'shoulds' to our 'musts'. Our choices and decisions are made based on our beliefs.



In the hierarchy of how our choices are influenced is our identity. This is who we are. At an unconscious level we are influenced by 'why we are here'. So the next time you set a goal, ask yourself the questions: who am I? What skills do I have that make me who I am? Why do I want to do this goal? Do I believe it is the right thing and that it can be achieved? Is it congruent with who I am as a person?

Darrell works with individuals and corporate businesses to realise their goals and motivate them to achieve them. He suggests being mindful of where we are in the moment is very powerful in reaching our goals. So everyone, I challenge you all to 'live in the moment'.

You can find out about Darrell at www.clearcutcoaching.com.au

It was lovely to see Graeme Packer, from RC Morialta along at Tuesday's meeting. Sue has been working with Graeme over the last few weeks in preparation for our combined efforts for the BBQ at the Tour Down Under on Thursday. It's always nice to see members from our mother club attend our meeting.

A REMINDER THERE IS NO MEETING ON TUESDAY 26TH JANUARY (IT'S AUSTRALIA DAY SO HAVE A LIE IN!!)

TOUR DOWN UNDER – THANKS TO ALL VOLUNTEERS – EVEN MINI



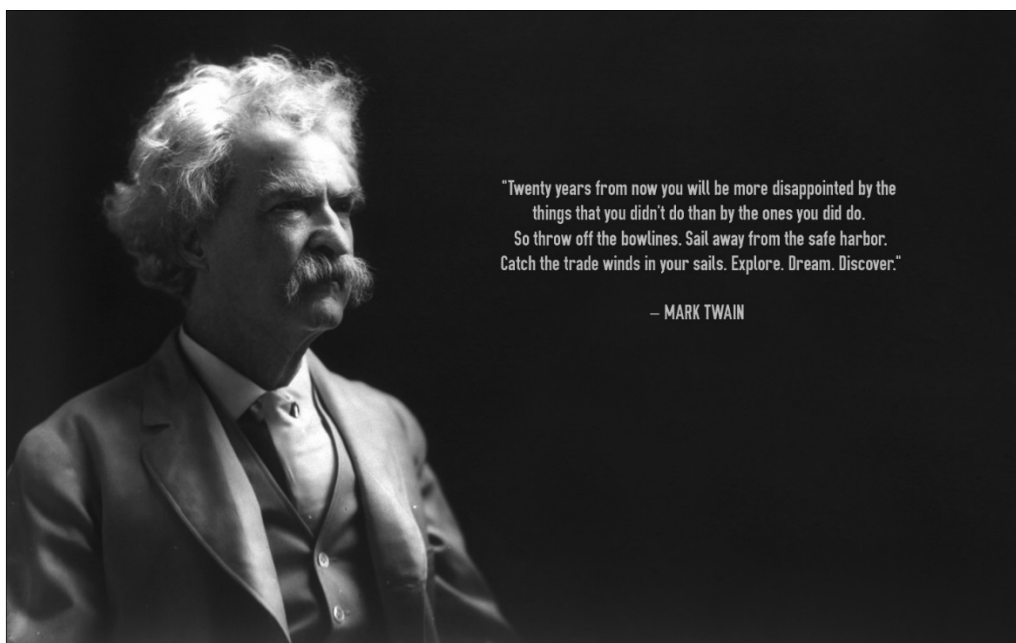
PRESIDENT'S NOTICES

- There are a small group of us attending RC Campbelltown 50th birthday celebrations, please pay your own monies to the club directly and let me know if you are attending.
- Board meeting on Wednesday- please submit any reports.

ROSTER FOR MEETING 954 – 2ND FEBRUARY 2016

Chairperson:	Pauline
Steward 1:	Siony
Steward 2	Bron
Tech Setup:	Ian Coat
Greeter	Chris

THOUGHT FOR THE DAY



DATES FOR THE DIARY

- 6th February, 6.30pm for 7.30pm start @ Goodwood Institute theatre, 166 Goodwood Rd = **Isaac Lomman Hypnotist**, organised by RC Kent Town, raising money for Shelter Box. Tickets are \$30 before Christmas and \$35 after. <http://www.trybooking.com/Booking/BookingEventSummary.aspx?eid=166620>
- 19th February is the **50th Birthday** celebrations for RC Campbelltown. More details to follow.
- 5th March, RC Campbelltown are hosting an event to mark **International Women's Day**. More details to follow.

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- 16th April till 22nd May = Renmark to City 4 CF. The club is supporting friend of Rotary, **Susan Gascoine** who is walking in aid of her 8 year old grand daughter who has CF. Susan's goal is to raise \$10,000. She would appreciate any support - big or small: renmarktocity4cf@internode.on.net
 - IT'S THE **CLUB'S 20TH BIRTHDAY 14TH MAY**.....we are looking at having a dinner and some drinks together so please pencil this in for this Saturday night.
 - **The Reel Event 2016** - this is the club's big fundraiser for the year and will be on 25th May 2016.
 - District Conference - 28th April till 1st May. RENMARK. Confirm now for Early Bird rates.

ROTARY CLUB OF KENT TOWN

COMEDY HYPNOSIS!

RAISING

FUNDS



"Very few of Isaac's tricks don't leave the audience with their jaw at the floor, while simultaneously laughing in hysterics."
Andy Ruzgar - SAA



"A great laugh with a group of friends, but wear your sneakers as it's race to get up on stage!"
Amanda Bennett - Rip It Up



SEE THE SHOW OR BE THE SHOW!
Saturday Feb 6, 2016 | Doors 6:30PM - Show: 7:30PM
The Goodwood Institute Theatre

GET TICKETS!

www.TryBooking.com/JMMM
\$35 Adults/\$30 Early Bird



ISAAC LOMMAN
HYPNOTIST



HAVE A NIGHT OUT AT HECCIES!!



SPECIALS

dine in or takeaway

avail Thurs, Fri & Sat 5.30pm to 8.30pm

Red Beef Curry



w rice and pappadum

\$13.90 - members \$12.90

Penne Bolognese



tossed in a traditional tomato & meat sauce

\$11.90 - members \$10.90

Beer Battered Fish n Chips



w home made dipping sauce, chips and side salad

\$13.90 - members \$12.90

Italian Risotto

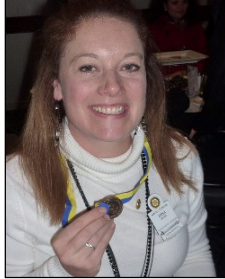


w bacon, mushroom, parmesan in a creamy sauce

\$13.90 - members \$12.90

PRESIDENT

Mina Ward



SECRETARY

Ian Coat



MEETING TIME

Tuesday 6.50 for 7.00am

VENUE

Hectorville Sporting Club, Fisher Street, Magill

EMAIL

magill@rotaryclub.org.au

WEBSITE

www.magill.rotary.org.au/



www.facebook.com/rotarymagill



**ROTARY DISTRICT
9520**

DISTRICT GOVERNOR'S NEWSLETTER

www.rotarynews.info/district9520



THE VOICE OF ROTARY

**Broadcast On
1197M RPH Adelaide
Tuesday 7.30 – 8.00
or online at
www.rphadelaide.org.au**

LOCAL MEETINGS FOR MAKEUPS

MONDAYS

6.30pm	Campbelltown	Athelstone Football Club	150 George St, Paradise
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TUESDAYS

1.00pm	Norwood	Norwood Town Hall	George St, Norwood
6.15pm	St Peter's	Kensington Hotel	23 Regent St, Kensington
6.30pm	Kent Town	The Kent Town Hotel	76 Rundle Street, Kent Town

WEDNESDAYS

7.15am	Eastwood	Royal Coach	24 Dequetteville Tce, Kent Town
6.30pm	Burnside	The Feathers Hotel	Glynburn Rd, Burnside
6.30pm	Morialta	The Rezz Hotel	20 Hamilton Tce, Newton

THURSDAYS & FRIDAYS

No Meetings

THE OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of a worthy enterprise and in particular to encourage and foster:

The development of acquaintance as an opportunity for service.

High ethical standards in business and professions: the recognition of the worthiness of all useful occupations: and the dignifying by every Rotarian of their occupation as an opportunity to serve society.

The application of the ideal service by every Rotarian to their personal, business and community life.

The advancement of international understanding, goodwill and peace through a world fellowship of business and professional people united in the ideal of service.

THE FOUR WAY TEST

The Four Way Test of the things we think, say or do:

Is it the truth?

Is it fair to all concerned?

Will it build goodwill and better friendships?

Will it be beneficial to all concerned?

THE INVOCATION

For good food, good fellowship and the opportunity to serve through Rotary we give thanks.



Be a gift to the world