



MINA'S MESSAGE

This week we welcomed **Sue Bardy**, member of the **Rotary Club of St Peters** along to our meeting to talk about **Palliative Care** and what it really is. Sue was a Registered Nurse who worked in palliative care. After she **retired in 2006 she decided to concentrate on completing her PhD** in the area of palliative care. Her passion for removing the **stigma** about palliative care is very evident. Most of us associate the term '**palliative**' with death or end of life, but the real meaning of '**palliative**' is '**relieving pain without dealing with the cause of the condition**'. Sue emphasised that palliative care is for the living not just for the dying, and should be seen as enhancing quality of life whilst living with life a threatening condition. There are many facets to this support e.g. emotional, dietary, exercise, beauty care. Together they ensure whole person care of a person on their journey of life, however close they are to death. Sue is happy to discuss with anyone about this topic and **Advanced Care Directives**, which are another important thing everybody should be considering.



Dr Susan Bardy, 8431 8136, susanmb@bigpond.com

There has been a lot of fun and excitement in the last week at **Renmark** at the District Conference. Club members and partners attending were **Mina, Chris and Susan, Siony and Bob, Ian and Suzette and Shirley and Kevin**. Next conference in is **Mount Gambier** from 27th to 30th April 2017 - put it in the diaries now as we will be looking at some accommodation options soon.

Conference: Best Club Website Award

We managed to stand on the shoulders of giants (**Kirsty and Lindsay**) when we picked up the **Best Club Website Award** at the Conference, which Ian Coat is holding. **Editor's Note:** maybe your expressions indicate that the photo was taken after the Wine Tasting.



Sue Gascoine

It was great to hear how **Susan Gascoine** is going with her **walk** and for her to be able to present to the conference about her walk and increase awareness about **Cystic Fibrosis** even further. Well done Susan. Hopefully the car is all fixed and you are back on the road. Don't forget to watch her progress on her Facebook page or website.

There is no meeting next week in lieu of the **Club's Birthday 20th May**, so please make sure you have paid for your meal at the **Maylands Hotel**, it is set to be a great night of reflection and celebration of everything our club is.

I know it is the day after the birthday celebrations, but please can all members make an effort to attend the **District Assembly on Sunday 15th May at Mt Barker**. Ian has emailed everyone the details and the program. I will look at organising some car-pooling for the day.

Note: No Meeting Next Tuesday in lieu of Birthday Bash at the Maylands the following Friday.

The next meeting at Heccies will be on Tuesday 17th May and will be a Club Assembly. Details of what will be discussed will be sent around next week.

ROSTER FOR MEETING – 17TH MAY

Chairperson:	Bron
Steward 1:	Julie
Steward 2	Mark
Tech Setup	Greg
Greeter	Pauline

THOUGHT FOR THE DAY

Live NOW. Make NOW always the most precious time. Now will never come again.

~ Captain Jean-Luc Picard, U.S.S Enterprise

PRESIDENT'S NOTICES

1. IT'S THE CLUB'S 20TH BIRTHDAY 14TH MAY @ Maylands Hotel, 6.30 pm for 7pm start, \$45 per person for 3 course meal.....put it in the diary. Let Pauline know if you would like to help with the organising of this.
2. District assembly 15th May @ Mt Barker.
3. Susan Gascoine's walk for CF is from 16th April till 22nd May. We will be putting on a BBQ for Sunsan at the end of her walk on 22nd May 12 midday at the peace garden behind the women's and children's hospital.
4. The Reel Event 2016 - this is the club's big fundraiser for the year and will be on 25th May 2016.
5. District conference Mt Gambier, 27th to 30th April 2017.

PRESIDENT

Mina Ward



SECRETARY

Ian Coat



MEETING TIME

Tuesday 6.50 for 7.00am

VENUE

Hectorville Sporting Club, Fisher Street, Magill

EMAIL

magill@rotaryclub.org.au

WEBSITE

www.magill.rotary.org.au/



www.facebook.com/rotarymagill



**ROTARY DISTRICT
9520**

DISTRICT GOVERNOR'S NEWSLETTER

www.rotarynews.info/district9520



THE VOICE OF ROTARY

**Broadcast On
1197M RPH Adelaide
Tuesday 7.30 – 8.00
or online at
www.rphadelaide.org.au**

LOCAL MEETINGS FOR MAKEUPS

MONDAYS

6.30pm	Campbelltown	Athelstone Football Club	150 George St, Paradise
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TUESDAYS

6.15pm	St Peter's	Kensi Hotel	23 Regent St, Kensington
6.30pm	Kent Town	The Kent Town Hotel	76 Rundle Street, Kent Town

WEDNESDAYS

7.15am	Eastwood	Royal Coach	24 Dequetteville Tce, Kent Town
1.00pm	Norwood	Manto Café	Parade, Norwood
6.30pm	Norwood	Kensi Hotel	23 Regent St, Kensington
6.30pm	Burnside	The Feathers Hotel	Glynburn Rd, Burnside
6.30pm	Morialta	The Rezz Hotel	20 Hamilton Tce, Newton

THURSDAYS & FRIDAYS

No Meetings

Norwood Rotary

2nd and 4th Wednesdays at Manto Café

1st, 3rd and 5th Wednesdays at Kensi Hotel

THE OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of a worthy enterprise and in particular to encourage and foster:

The development of acquaintance as an opportunity for service.

High ethical standards in business and professions: the recognition of the worthiness of all useful occupations: and the dignifying by every Rotarian of their occupation as an opportunity to serve society.

The application of the ideal service by every Rotarian to their personal, business and community life.

The advancement of international understanding, goodwill and peace through a world fellowship of business and professional people united in the ideal of service.

THE FOUR WAY TEST

The Four Way Test of the things we think, say or do:

Is it the truth?

Is it fair to all concerned?

Will it build goodwill and better friendships?

Will it be beneficial to all concerned?

THE INVOCATION

For good food, good fellowship and the opportunity to serve through Rotary we give thanks.

