



## TIME TRAVEL WITH THOMMO

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### RETURN TO HECCIES, MEETING #2

#### WELCOME AND APOLOGIES:

Apologies from, **Chris** who is off to WA for a few weeks. Welcome to our guest speaker **Kath McGuigan**, Principal of Mary MacKillop. Apologies from invited guests, **Joe Rossi**, President of Hectorville Community and Sporting Club and **Bill Leo**, Club Manager at Heccies. We all thought that Bill was invincible, but he succumbed to illness.

#### SIMON'S ICE BREAKER 'What's your favourite smell?'

I think the smell of a **newborn baby** was universally accepted as a winner. That got the President waxing lyrical on the effects of **oxytocin**, the Love Hormone. **Oxytocin** released during skin-to-skin contact enables **newborns** and mothers to learn each other's special scent. In these first moments after birth, a mom and **baby** begin to bond. **Oxytocin** causes a **newborn** to seek out and latch on to its mother's breast. The hormone floods the body during breastfeeding.: <https://www.healthline.com/health/love-hormone>



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## SIMON'S QUIZ: WHAT HAS SPAIN JUST ACHIEVED THAT OUR STATE HAS ALREADY ACHIEVED

No, Spain has not bulldozed a public hospital and renamed the area Lot 14. **Apparently, Spain now produces more of its electricity from renewables than other forms like, coal and gas, just like in SA.**

### KATH MCGUIGAN, PRINCIPAL MARY MACKILLOP COLLEGE

I lifted Kath's bio from the Mary MacKillop webpage.

*"I was born in Glasgow, Scotland and being the eldest of six children I think I always wanted to be a teacher because I loved school. I loved reading and learning. My siblings might disagree and say it was because I was opinionated and bossy! My father loved numbers and finance and my mother loved drama and reading. I was lucky enough to inherit these loves from both of them. My parents were also great dancers; this gift was not passed on to me.*

*I attended Glasgow University and studied Physics and Mathematics. When I graduated I then attended Teacher's College for Post Graduate Studies in Education. I taught in Glasgow for four years before immigrating with my husband and young son to Australia. We wanted a change in lifestyle and more sunshine. I then taught Mathematics at Santa Sabina College and John Paul 2 Senior High before moving to Adelaide in 1992.*

*In 1999 I was appointed Science Coordinator at Cardijn College and in 2004 was appointed Deputy Principal. I was attracted to the position at the Catholic Education Office which assisted schools to implement the New SACE as it allowed me to visit all of the Catholic secondary schools in the state and work with school leadership teams and teachers.*

*In 2011 I began as Principal of Mary MacKillop College. I love being the Principal of a girls' school. I like being able to think of the many ways that we can make the College a better place for students and staff. School improvement and change management are two of my focus areas. In particular I love the history and tradition that comes with Mary MacKillop College; the ongoing ministries of the Sisters of St Joseph and the legacy of Mary MacKillop."*

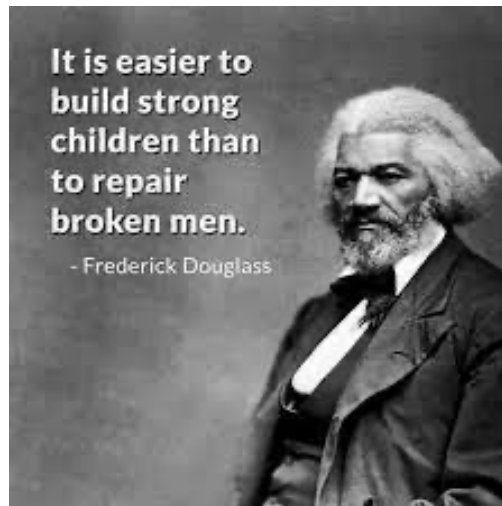
Kath gave us the history of Mary MacKillop, formerly known as St Joseph's College, and then brought us up to speed on recent and planned improvements for the school. Space limits the size of the college (400 students), but this gem nestled in the eastern suburbs has achieved an outstanding academic record with 100% SACE completions with the majority of graduates going on to university. **'Know More, Do More, Be More'** is the foundation upon which Mary MacKillop Values are built. The recent retro fit of air conditioning for the school gym at a cost of \$300,000 meant an average cost of \$750 per student. Hey and don't miss the **School's Museum, where Kath does the voice over for Mary Mac herself** (President thinks that Mary would have had an Aussie accent). **Thanks Kath, for keeping us up to speed on Mary MacKillop College**



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## LUCKY CARD NO WINNER: JACKPOTING \$20 NEXT WEEK.

**PRESIDENT'S THOUGHT FOR THE DAY:** Frederick Douglass was an escaped Slave in the US, who went on to be a great orator and writer. Here's one of his pithy sayings, still repeated today.



## PRESIDENT'S AND OTHER NOTICES

- Magill Market at CMO this coming Sunday. Help with set up on Saturday arvo at 2:00 PM
- Change Over: Incoming President Simon is invitations, so circle June 27 at 9:30 AM at the Hibernian Cafe

## NEXT MEETING: 15 JUNE AT HECCIES.

**GUEST SPEAKER:** Lindsay to present our offering to Youth at Heccies. Guests will be President of the Club Joe Rossi and Club Manager Bill Leo

**MARK THOMPSON:** President Rotary Club of Magill Sunrise

**PRESIDENT**  
Mark Thompson

**SECRETARY**  
Colin Hill



### **MEETING TIME**

Tuesdays 6.45 AM for 7.00am  
**The First Three** Tuesdays of the Month

### **VENUE DURING REFURBISHMENT OF HECTORVILLE COMM CLUB**

Campbelltown Memorial Oval, Darley Road, Paradise, **last meeting 4 May then  
back to Hectorville**

### **EMAIL**

magill@rotaryclub.org.au

### **WEBSITE**

[www.magill.rotary.org.au/](http://www.magill.rotary.org.au/)



[www.facebook.com/rotarymagill](http://www.facebook.com/rotarymagill)



**ROTARY DISTRICT  
9510**

### **HOME PAGE**

<https://www.google.com/search?client=safari&rls=en&q=district+9510+david+jones&ie=UTF-8&oe=UTF-8>

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## THE VOICE OF ROTARY

<https://www.facebook.com/voiceofrotary.org.au/>

### MEETINGS FOR MAKEUPS: CHECK WITH THEM B4 ATTENDING

#### MONDAYS

6.30pm    Campbelltown    San Giorgio Club    Henry St, Payneham

#### TUESDAYS

6.15pm    St Peter's    'Peripatetic'    Check before Attending  
6.30pm    Kent Town    Lord Melbourne Hotel    63 Melbourne Street, Nth Adelaide

#### WEDNESDAYS

7.15am    Eastwood    Royal Coach    24 Dequetteville Tce, Kent Town (1st and 3rd Wednesday then 2nd and 4th Wednesdays Bocelli Cafe Hutt St.)

**1.00pm    Norwood    Manto Café    Parade, Norwood 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays at Manto Café 1<sup>st</sup>, 3<sup>rd</sup> and 5<sup>th</sup> Wednesdays at Kensi Hotel 22 Regent St**

**6.30pm    Norwood    Kensi Hotel    23 Regent St, Kensington**  
6.30pm    Burnside    The Maylands Hotel    67 Phillis St, Maylands  
6.30pm    Morialta    Tower Hotel    Cnr St Bernards & Magill Rds, Magill

#### THURSDAYS & FRIDAYS

No Meetings

## THE OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of a worthy enterprise and in particular to encourage and foster:

The development of acquaintance as an opportunity for service.

High ethical standards in business and professions: the recognition of the worthiness of all useful occupations: and the dignifying by every Rotarian of their occupation as an opportunity to serve society.

The application of the ideal service by every Rotarian to their personal, business and community life.

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The advancement of international understanding, goodwill and peace through a world fellowship of business and professional people united in the ideal of service.

## THE FOUR WAY TEST

The Four Way Test of the things we think, say or do:

Is it the truth?  
Is it fair to all concerned?  
Will it build goodwill and better friendships?  
Will it be beneficial to all concerned?

## THE OPTIONAL INVOCATION

For good food, good fellowship and the opportunity to serve through Rotary we give thanks.



Rotary International Theme 2020 - 21

