

Magill Sunrise
Rotary
Club



Lindsay's Lobs

VOLUME 35 / ISSUE 01
1,186/ 05 JULY 2022

Welcome & Apologies

Apologies were received from Peter, Rick and John.

Welcome to Carol Davis and Conor Brand.



Next Meeting

7:00 am, 12 July 2022

Heccies, 31 Fisher Street, Magill
Club contact: Lindsay Davis - 0415 453 101

Guest Speaker: **KARYN KENNEDY** – Subject: **Strokes**



Karyn spent the first 12 years of her career working as a nurse followed by 16 years as a financial planner and business owner. Now, she volunteers on the stroke ward at Flinders Medical Centre and conducts a monthly speaking engagement to new stroke survivors and their carers at The Queen Elizabeth Hospital on behalf of Stroke SA.

Karyn has been a member of the Adelaide Hills Kiwanis club since 2011, serving as President for three years and has been a member of the Stroke SA Board of Governors since 2019 and is the official guest speaker.



President's Report

Each President looks forward to building on the achievements of the Presidents that have served before them. We admire what each achieved and how it contributed to our members' enjoyment of Rotary.

However, we particularly acknowledge the significant work done by **Immediate Past President Simon**. When you love your community as much as Simon does, it is no surprise that it has been a great year.

Simon stepped into our club at a really challenging time, managed the learning curve and has truly launched our rebuilding process. And throughout this year, Simon ensured we shared his love of community and continued to have fun whilst building the ongoing success of our club.



We thank Simon for your leadership during the year and allowing us to draw on your business connections, community passion, technical skills and endless enthusiasm for everything he does.

We also conveyed thanks to Nina as a great supporter of Simon and our club. It's an understatement to say her enthusiasm is infectious - more contagious than covid and definitely more fun to share.

"A Changeover is an opportunity for a new President to outline a **Vision** for the future. My vision is simple. Keep going with the Fun, Friendships and Service to our community.

A brief recap of **my Rotary journey** which started when I joined Rotaract around 1978. Over those almost 45 years, Rotary has been a massive part of my social and professional network.

I came into Rotary hoping to have some fun and make some friends. I also was hoping to make a difference but will be the first to acknowledge what a difference Rotary has made to my life.

First up – a huge thank you to my **amazing support team** – and the cheer squad here today. Carol, along with my daughter Jodie and her family are my greatest pride. Their support is so amazing.

It's equally important to have amazing people supporting you inside the club. So let's meet the **Club Board**.

There are 6 really useful traits in a Rotary board role - wisdom, integrity, courage, commitment, humour and good looks. Coincidentally, there were 6 positions to fill on our Board – and 6 people with all 6 traits. My thanks to **Colin Hill** as Secretary, **Ian Coat** as Treasurer, **Simon Brewer** as PP and a Club Director, plus 3 other Directors **Suneth Naranja** (Don), **Greg Schuetze** & **Pete Macaulay**.



It is pleasing to note this year will see the **first female RI world President – Jennifer Jones**. The RI President sets a theme for the year – in this case "**Imagine Rotary**". Jennifer has challenged us to imagine how Rotary can make a difference in the world. The possibilities are endless.

I can tell you that the Club has recently been refreshing our Strategic Plan – and we are definitely not in cruise control mode. Instead, we are asking – how can we do more? It's going to be an exciting year.

Of course, the Board is only part of what makes a successful Rotary Club. Therefore, I appreciate the contribution of **every member**, family, friends and supporters in helping run our club and deliver successful programs.

As a service club in this luckiest of countries, it could be easy to forget the role we play. **The real privilege of being in Rotary** is how it allows us to have a positive impact on people's lives.

Like all of our club members - I'm so proud to be a part of a 'Can Do' club. I know that **lives will continue to be changed** due to our collective passion for service and our commitment to doing things well.

I assure you, I look forward to moving our Club forward.

President Lindsay

PRESIDENT'S THOUGHT FOR TODAY



The best therapist I've ever seen

has



fur and four legs

Guest Speaker:



CONOR BRAND - BSc DVM

Dr Conor Brand, Veterinary Surgeon and new owner of the Newton Vet Centre replaced retiring vet and Rotarian, Geoff Browne in March of this year. Geoff had been Mark Thompson's vet for a number of years and was impressed with Conor's treatment of his 2 dogs.

Conor specialises in small animals and has a particular interest in dog allergies, hence his topic, Myths and Misconceptions - Itchy Dogs. Conor graduated in 2017 and worked at the Tea Tree Gully Veterinary Hospital and also tutoring at Adelaide University. Dr Mark

Reeve, principal of TTG Veterinary Hospital, is also Conor's business partner at Newton. This means that as single practice vet, Conor has the back up of 8 other vets from TTG.

Making an appointment with the vet for an itchy dog is second, only after vaccinations. There are many causes for your dog itching. One condition is mange, which surprisingly is caught from foxes, which are night time predators and rarely seen by humans while they lurk in our suburbs, but the most common cause for any itching dog is Atopy; a reaction to things that float in the air like pollen etc.

Less common that atopy is an allergy to food and in particular, chicken. Conor said that exposure to chicken while puppies leads to the allergy in an older dog. Experimenting with a replacement for chicken, like venison can confirm if the dog has an allergy to chicken. Conor recommended 'Zd' and 'Royal Canin' as a couple of dry food replacements for chicken.

Back to Atopy, the poor little West Highland Terrier is the breed most prone to Atopy and their condition is incurable. Having said that, a new generation of drugs that can be injected every 4 to 6 weeks can generally relieve the condition. A little costly, but very effective. Mark Thompson's own schnauzer is treated in this manner by Conor every 6 weeks. With the new drugs the time consuming desensitisation method is rarely used now.

During question time Conor touched on pet insurance and the message was get it while the dog is still a puppy, because pre-existing conditions are generally excluded from the policy. Thank you Conor for your informative address. Conor's practice is next to Newton Central.

Mark T



Dr. Conor Brand

Newton Vet Centre
08 8365 5010
112, Clairville Road
Newton, SA 5074

<http://www.newtonvetcentre.com.au>



Quiz Question:

Which is the largest palace in the world?

Answer: The Vatican Palace



Upcoming Events

- Thursday 07 July **BOARD MEETING NEW & OLD**
6.30pm. Café Va Bene
- Sunday 10 July **RCMS MONTHLY MARKET**
Campbelltown Memorial Oval
8.30am - 2.00pm.
- 14-17 July **RC OF BLACKWOOD ART SHOW**
21-23 July Blackwood High School. 10.00am-4.00pm
Admission: \$5.00.
- Tuesday 30 August **COMBINED SERVICES CLUB DINNER**
Campbelltown Function Centre
Time to be confirmed
- October 28-30 **ZONE 8 CONFERENCE CANBERRA**
National Convention Centre Canberra
Early Bird registration available until 31 July.



**WHY DO NURSES WRITE
WITH RED CRAYONS?**

**BECAUSE SOMETIMES THEY
HAVE TO DRAW BLOOD**

CAN YOU HELP?

WANTED!!!

The Rotary Club of Magill Sunrise is looking for an **old single furrow horse drawn plough** to replace the one which was stolen from our display in Nightingale Park. Perhaps some of our regional Rotarians have one hidden in the barn. Please call Lindsay on 0415 453 101 if you can assist.



Ice Breaker



It has been announced that \$25 million dollars will be spent to erect the Aboriginal Flag on Sydney Harbour Bridge. Do you think this is an appropriate way to spend tax payer dollars? Is it a necessary addition. Do you think this amount of money could be put to some better use. or do you have other thoughts on this?



QUOTATION

Job: Installation of flag on Sydney Harbour Bridge
Date: 20 June 2022

Service	Cost
Development of mission statement for flag installation project	\$1,550,000.00
Creation of 4 core values that will underpin flag installation	\$2,425,000.80
Creation of flag installation logo and tagline	\$1,440,000.00
Focus group research to test suitability of mission statement, core values and logo	\$1,375,000.00
Production of promotional t-shirts, caps and tote bags	\$2,200,000.45
Offsite team-building day for flag consultants	\$825,900.95
Global fact-finding mission to learn from other significant flag-bearing bridges around the world	\$3,400,000.00
National campaign to increase awareness of Sydney Harbour Bridge	\$2,750,300.00
Creation of separate social media profiles for flag and pole	\$1,952,500.25
Development of TikTok video to increase youth engagement with installation project	\$3,578,750.85
Flag*	\$249.95
Pole*	\$180.50
TOTAL	\$24,997,883.75

There were various answers to this as one would expect.

Simon who is always diplomatic said the amount of money allocated was for a viewing platform as well as an extra flag pole. The media had over simplified it. *(Never!)*

Just how many quotes did they get? Was another comment.

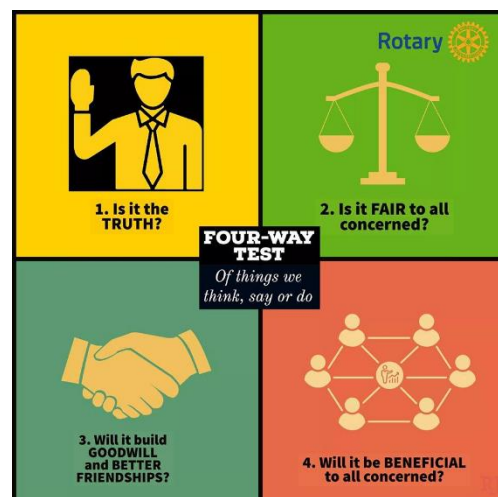
Maybe they should take down the NSW State flag and just replace it with the Aboriginal Flag.

Just cut the Australian flag diagonally, add the Aboriginal Flag to the top and stitch it back together again. No need for another flag pole.

Another comment was no doubt as it was a government contract the naughts just kept addingd to the bill.



JACKPOT
Next week
\$55.00





Donations

HELP US TO ENSURE "NO ONE GOES HUNGRY"

THANK YOU for your support, it is much appreciated and makes a big difference!



Cafe Outside the Square is a registered charity and we enjoy full Deductible Gift Recipient (DGR) status, meaning any donations you make to us are fully tax deductible, thank you!

So if you can support us by making a donation we would be most appreciative.

If so, just email us the details of your payment/remittance, to mike@cafeoutsidethesquare.org.au so we can then send you a fully deductible tax invoice.

Alternatively, if you are attending a function at our venue, you can make a donation on the day/night of the function you are attending, either by card/efitpos (in which case we will get your email address to send you an invoice), or if you prefer by cash into a donation box we will have there on the day/night.

If you choose to put something in the donations box and would like an invoice sent to you, can you please also include your name and email in the envelope along with your donation, thank you so much!

PLEASE MAKE YOUR DONATION TO:



CAFE OUTSIDE THE SQUARE
BSB 633 000 ACC 161 439 591



Cafe Outside the Square 34 Whitmore Square, Adelaide
T: 0418 666 622 E: hello@cafeoutsidethesquare.org.au
www.cafeoutsidethesquare.org.au

THANK YOU FOR SUPPORTING CAFÉ OUTSIDE THE SQUARE

Café Outside the Square is a 100% charity café and meetings/functions space, setup to provide food support and training opportunities for disadvantaged and vulnerable people right across SA, including those experiencing homelessness. Your attendance helps "pay it forward" and support those less fortunate in our community.



MEET THE NEW DG - DISTRICT GOVERNOR PAUL THOMAS AM



Last Sunday Paul Thomas AM from the Rotary Club of Northern Yorke Peninsula became the District Governor of Rotary District 9510 for 2022-2023.

In 1977, sponsored by the then Rotary Club of Kadina and hosted by the Ashikaga East Rotary Club, Paul spent a year in Japan as a Rotary Exchange Student. This was the commencement of his Rotary journey.

He was later a Charter Member of both the Rotaract Clubs of Kadina and Maitland. Joining the Rotary Club of Kadina in 1985 and was President in the 1995/1996 year when the club changed its name to the Rotary Club of Northern Yorke Peninsula.

The Rotary Club of Ashikaga East, Japan awarded Paul a Paul Harris Fellow in 1995 in recognition of his ongoing commitment to Rotary. The Rotary Club of Northern Yorke Peninsula awarded a Sapphire Pin in 2019.

Paul is married to Kathryn, and they have lived overlooking the waters of Wallaroo Bay since building their home and marrying in April 1988. He always acknowledges Kathryn's support.

Local Government has dominated almost half of Paul's life. He is the former Copper Coast Council mayor and was awarded a Member of the Order of Australia for significant service to local government, the Northern Yorke Peninsula community, tourism and cultural events in the 2017 Queen's Birthday Honours. After 28 years, Paul retired from Local Government in November 2018.

During his time in public service, he was a delegate to committees including the Farm Shed and Tourism Centre, Yorke Peninsula Tourism and Regional Development. He also chaired the Northern Yorke Peninsula Private Hospital Board and NYP Health Service Board.

Paul was part of the organising committee for the Kernewek Lowender for approximately 33 years, including as president from 1997 until 2013, created a Bard of the Cornish Gorsedd in recognition of services to Cornwall.

The Rotary Club of Magill Sunrise wish Paul well in his year as District Governor and look forward to his visit to our club.

Rotary
District 9510

Paul Thomas AM (Kathryn)
2022 - 2023
District Governor
Rotary Club Northern Yorke Peninsula

IMAGINE ROTARY

District 9510
Encompasses most of South Australia, Sunraysia, Alice Springs and Broken Hill.

9510



Market Day Roster – 10 July 2022

MARKET PRELIMINARY SET UP: SATURDAY 09 July at 2.00 PM

First Shift Including Set Up 0700-1100

Robyn	Stall Allocation	
Graham	Cook	Sausages and Onion
Simon	Cook	Bacon & Egg S/W - Zucchini Fritters
Greg	Cook	Donuts
Ian	Orders	
Colin	Safety Check List	
Colin	Serve 9am-10am	
Siony	Serve 10am-12noon	
Meryl	Serve 9am-11am (If required)	
Robyn	Float (If required)	
Don	Assisting with Donuts	
John and Concordia	Welcome/Rotary Table	

Second Shift including Pack Up 1100-1500

Mark	Cook	Sausages and Onion
Lindsay	Cook	Bacon & Egg S/W - Zucchini Fritters
Greg	Cook	Donuts
Simon	Orders	
Stephanie	Serve 11am-2.00pm	
Robyn	Serve 12noon-2.00pm	
Pauline/Colin	Welcome/Rotary Table	
Anne	Assisting with Donuts	
Graham	Float (If required)	
Ian	Collect Stallholders' Money	



BOARD MEETING 7 JULY 2022

Old and new board members
6.15pm for 6.30pm Café Va Bene



President
Lindsay Davis



Secretary
Colin Hill



*In the spirit of reconciliation,
the Rotary Club of Magill
Sunrise acknowledges the
Traditional Owners of the land
where we serve the community,
the Kurna people of Tandanya,
and we pay our respects to
their Elders past and present.*

www.magillrotary.org.au



www.facebook.com/rotarymagill



magill@rotaryclub.org.au

Meetings for Makeups

Please check with the club before attending

Monday

Campbelltown: 0407 724 699

6.30pm - San Giorgio Club, Henry St, Payneham

Tuesday

St Peters: 0428 246 352

6.15pm - Kensi Hotel, 23 Regent St, Kensington

Kent Town: 0433 387 082

6.30pm - Lord Melbourne Hotel, 63 Melbourne St, North Adelaide

Wednesdays

Eastwood: 0416 367 289

7.15am - 1st & 3rd Wednesday

Adelaide Royal Coach, 24 Dequetteville Tce, Kent Town

2nd & 4th Wednesdays

Bocelli Café, Hutt St, Adelaide

Norwood: 0412 305 660

1.00pm - 2nd & 4th Wednesdays

Manto Café, 194 The Parade, Norwood

6.30pm - 1st, 3rd & 5th Wednesdays

Kensi Hotel, 23 Regent St, Kensington

Burnside: 0401 627 339

6:30pm - 2nd & 4th Wednesdays

Kensi Hotel, 23 Regent St, Kensington

Morialta: 0497 159 737

6.30pm - Tower Hotel, Cnr St Bernards & Magill Rds, Magill

