



Lindsay's Lobs

Welcome & Apologies

Apologies were received from Greg, Colin and Pauline Welcome to our club **MARCO DI GIROLAMO** VOLUME 26/ ISSUE 05 1,190/ 09 August 2022

Next Meeting 7:00 am, 16 AUGUST 2022



Heccies, 31 Fisher Street, Magill Club contact: Lindsay Davis - 0415 453 101

Guest Speakers: PETER AND SEBASTIAN COLE NMHS LONG ROW



In November last year Peter and Seb Cole visited our club to tell us of the planned Norwwood Morialta High School "Long Row", which consisted of taking an 8-person boat down the Murray from Blanchetown to Mannum. A distance of 126 kilometres.

They are returning to tell us all about this three day event which was held from 6-8 December 2021 following their visit to Renmark for a Regatta. The row was done in three stages: Blanchetown to Swan Reach 28km, Swan Reach to Walkers Flat 43km, and Walkers Flat to Mannum 55km.

Come along on Tuesday morning and hear how it all panned out and how many blistered hands there were. The Rotary Club of Magill Sunrise donated \$1,000.00 toward the "Long Row".



President's Report

It is nice to see some comments coming through on our **Strategic Plan**. Our aim is to set challenging, exciting and worthwhile goals – and through that, we can build a better club for the future.

Action: If you haven't already done so, send us your thoughts.

A reminder, August is **Membership Development and Extension** Month. Let us know if you want support or to 'develop' other skills. And now is always a great time to 'extend' an invitation to new talent to work with the club and serve our community.





<u>Action</u>: Approach someone about helping our club - and let Suneth know how we can improve our membership experience or grow our membership.

Invitations are out for **RYLA and RYPEN nominations**. These are truly outstanding Youth programs. Please give serious thought to family and friends in the target age groups. So many past attendees have returned and talked about what a life-defining moment the programs were.

Rotary Youth Leadership Awards (RYLA)

This program is for young people between the ages of 18 and 25. It commences on Saturday 24 September 2022, finishing on 30 September, at Nunyara. RYLA enables attendees to understand leadership skills to fulfill their potential, and build invaluable connections with other future leaders. For more details, see ryla@rotary9510.org

Rotary Youth Program of ENrichment (RYPEN)

The age bracket for this event is 14-17 years of age. This program commences on Friday 30 September, going till Sunday 2 October, again at Nunyara. Whilst having fun and learning new skills, RYPEN enables the group to engage with like-minded people and develop valuable leadership skills. For more details, see rypen@rotary9510.org

Action: Do a young person a favour.

See you next Tuesday at Heccies. The next meeting will be a big one with an influx of guests which is likely to double our attendance! Also, the Card Game bonanza is at an insanely high level. See you there.

Cheers, Lindsay

Guest Speaker:



MARCO DI GIROLAMO

Marco retired in 2019 from paid employment after a life-long career working initially at the Queen Victoria Hospital, which later merged with the Women's and Children's Hospital; his field of expertise being neonatal, paediatric and obstetric haematology.

A prominent keynote speaker, Marco was recently awarded a Certificate of Merit from the Australian Institute of Medical Science for his service to the profession.

When he is not volunteering at high school career evenings, promoting medical science he helps at the South Pacific School Aid Warehouse at Underdale, sorting text - books for shipping to South Pacific schools.

Marco's other passion is working as a volunteer aboard the good ship YWAM (Youth With a Mission) which provides health services to PNG. Marco applied his skills to TB sputum testing (TB globally kills around 1 million annually). In addition to TB testing YWAM also provides the following services"



- Dental
- Optical
- Basic Surgery
- Antenatal
- Immunisation
- Physiotherapy (posture and ergonomics)

Marco's YWAM adventures began in January 2020, taking off from Adelaide and 13 hours later arriving at Lea to board the ship, which then sailed to Finschhafen on the SE corner of PNG. Of the 150 on board only were paid employees (the Captain and the Chief Engineer); the rest being volunteers.

Not all were medically trained as someone had to be the galley slaves. Marco and the team would travel in high-speed zodiacs to various coastal villages, setting up shop where it was convenient. Marco gave us an idea of village life by showing photos taken at each village.

Malaria was another disease that is a continual threat (it globally kills around 3/4 million annually). Betel nut chewing is another threat to the health of the population in PNG. The nut has healing properties, but when mixed with builder's lime is creates a euphoric state that becomes highly addictive (I wonder who was the first to try that combo?). In addition, the quick lime creates oral health issues such as cancers of the mouth (a few gruesome photos).



It good to see that although retired, Marco is still making a contribution to the health and education of our near neighbours - the people of the Pacific. Marco is off again in November to re-join the YWAM in PNG. We wish him well.

PS: There is a link between Finschhafen and Ian Coat. Ian's dad almost cashed in his chips in WWII at Finschhafen, when a life-threatening infection was misdiagnosed, but luckily another smart Army doctor worked out the correct antibiotic.

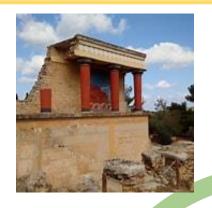
Mark T

QUIZ QUESTION:

Which peoples built the first civilisation on European soil and where was it located?

Answer: The "Minoans" on Crete

The Minoan civilization emerged around 2000 BCE and lasted until 1400 BCE. It was located on the island of Crete, which is now a part of Greece. The Minoans were famous for the magnificent palaces they built, above all at Knossos.



However, this answer caused a small riot from a knowledgeable group who claimed that earlier civilisations had been identified in and around Turkey. It is currently unproven whether some of our members were part of these early civilisations.





Upcoming Events

Saturday 13 August MARKET SET UP

Campbelltown Memorial Oval 2.00pm

- Sunday 14 August RCMS MONTHLY MARKET Campbelltown Memorial Oval 8.30am -2.00pm
- Thursday 18 August **BOARD MEETING** Café Va Bene 6.30pm
- Monday 22 August **COMBINED MEETING WIH RC CAMPBELLTOWN** Regionalisation Project. San Giorgio Club. Henry Street. Payneham. 6.15pm for 6.30pm
- Tuesday 30 August **COMBINED SERVICES CLUB DINNER** Campbelltown Function Centre - \$45.00 per head Time: 6pm for 6.30pm. Guest speaker: Chris Nicholls MBA MAICD DipBroad Please let Simon know if you are attending
- Sunday 25 September **ST JOHN'S FIRST AID TRAINING** Hectorville Sporting Club. Time: 9.00am
- October 28-30 **ZONE 8 CONFERENCE CANBERRA** National Convention Centre Canberra Early Bird registration available until 31 July.







Ice Breaker: In August. Mayor Jill will host the Combined Services Dinner. As a group we only come together once a year for a social event, but could we achieve more by coming together on community projects? We all work for the same community so would not a major combined services project make a bigger impact and better outcome for the community? Could this be a way of raising the profile of service clubs?

Whilst there were not many instances that come to mind, it was agreed that combined effort could increase our impact and muster more resources. A concern raised was how effectively clubs would collaborate and would there be too few 'workers'. This is despite that clubs and districts having worked together to create many of Rotary's most notable District and international programs – Calperum Station and CATE environmental programs being a case in point.

HOW DO WE CELEBRATE?



Our 1,200th Meeting is scheduled to fall on Tuesday 15th November this year.



Thinking caps on



"Welcome back, sir. Are you planning on being our guest for one night only, or will this be your usual extended stay?" THE FOUR-WAY TEST Of the things we think, say, or do Is it the TRUTH? Is it FAIR to all concerned? Will it build GOOD WILL and BETTER FRIENDSHIPS? Will it be BENEFICIAL to all concerned?





PRESIDENT'S

THOUGHT FOR THE DAY

"Without Medical Laboratory Scientists, your doctor is just guessing".

Words of wisdom appearing on a coffee mug (as a tribute to our Guest Speaker)

LOCHEND HOUSE TOUR



Eight members, friends and guests had a spectacular afternoon tour of Lochend House last Sunday. This was a fantastic reminder about the rich history of the City of Campbelltown.

Lochend House is the home built by Charles James Fox Campbell, after who Campbelltown was named. It has been beautifully restored and was open courtesy of the Campbelltown Historical Society. Equally enjoyable was the sumptuous Devonshire Tea on offer.

Well worth the visit. Great suggestion Robyn.











RCMS MONTHLY MARKET SUNDAY 14 AUGUST 2022

Preliminary Market setup for members Saturday 13 August at 2.00pm

First Shift Including Set Up 0700-1100

Robyn	Stall Allocation	
Graham	Cook	Sausages and Onion
Rick	Cook	Bacon & Egg S/W - Zucchini Fritters
Simon	Cook	Donuts
Ian	Orders	
Greg	Safety Check List	
Peter	Serve	
Siony	Serve 10am-12noon	
Meryl	Serve 8.30am-11am (If required)	
Robyn/Lindsay/Don	Float (If required)	
Greg	Assisting with Donuts	
John and Concordia	Welcome/Rotary Table	

Second Shift including Pack Up 1100-1500

Mark	Cook	Sausages and Onion
Simon	Cook	Bacon & Egg S/W - Zucchini Fritters
Lindsay	Cook	Donuts
Suzette	Orders	
Robyn	Serve	
Don	Serve	
Anne/Graham	Welcome/Rotary Table	
Greg	Assisting with Donuts	
Ian	collect Stallholders' Money	



BOARD MEETING 18 AUGUST 2022 6.15pm for 6.30pm Café Va Bene









Paul Thomas AM *(Kathryn)* 2022 - 2023 District Governor Rotary Club Northern Yorke Peninsula



President Lindsay Davis





Secretary

In the spirit of reconciliation, the Rotary Club of Magill Sunrise acknowledges the Traditional Owners of the land where we serve the community, the Kaurna people of Tandanya, and we pay our respects to their Elders past and present.





magill@rotaryclub.org.au

Meetings for Makeups

Please check with the club before attending

Monday

Campbelltown: 0407 724 699 6.30pm - San Giorgio Club, Henry St, Payneham

Tuesday

St Peters: 0428 246 352 6.15pm – Kensi Hotel, 23 Regent St, Kensington

Kent Town: 0433 387 082 6.30pm - Lord Melbourne Hotel, 63 Melbourne St, North Adelaide

Wednesdays

Eastwood: 0416 367 289 7.15am – 1st & 3rd Wednesday Adelaide Royal Coach, 24 Dequetteville Tce, Kent Town

> 2nd & 4th Wednesdays Bocelli Café, Hutt St, Adelaide

Norwood: 0412 305 660 6.30pm - 1st, 3rd & 5th Wednesdays Kensi Hotel, 23 Regent St, Kensington

Burnside: 0401 627 339 6:30pm - 2nd & 4th Wednesdays Kensi Hotel, 23 Regent St, Kensington

Morialta: 0497 159 737 6.30pm - Tower Hotel, Cnr St Bernards & Magill Rds, Magill

Rotary District 9510 http://www.rotary9510.org

Voice of Rotary www.facebook.com/voiceofrotary.org.au

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