

Magill Sunrise
Rotary
Club



Lindsay's Lobs

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Welcome & Apologies

A warm welcome to Dr. Mark Thompson our guest speaker, Rtn. Alison Lynch - Rotary E Club and Rtn. Betty Gebert – Rotary Club of Campbelltown. Thank you for joining us at our meeting.
Apologies: Aric Pierce



Next Club Meeting 1213 7:00 am, 11 APRIL 2023

Heccies, 31 Fisher Street, Magill
Club contact: Pres. Lindsay Davis - 0415 453 101

Guest Speaker: "BEHIND THE BADGE" – BRUCE DOLMAN

Next week it is Bruce's turn to present his "Behind the Badge". Come along and hear what one of our newest members has to say about his journey into Rotary. The first object of Rotary is "*The Development of acquaintance as an opportunity for service*" and there is no better way to get to know our fellow Rotarians than through the 'Behind the Badge' talks.



PRESIDENT'S REPORT

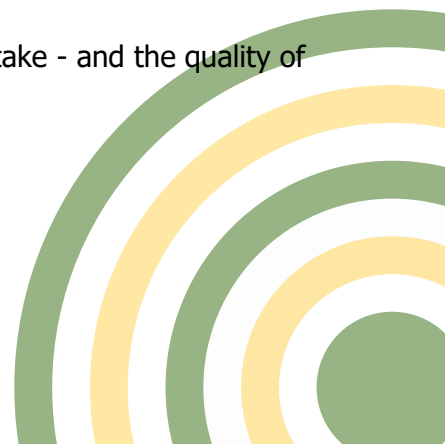
Do you feel like **AN OVER-ACHIEVER?** It looks like our club may fall into that category.

Magill Sunrise Rotary Club was (favourably) mentioned on a number of occasions at the District Assembly.

I was also approached at the President-Elect's session by people who loved what our Club does. And in many cases, people couldn't believe we did all this with only 13 members.

So congratulations to members, family and friends for all the activities we undertake - and the quality of what we do – and how we share the good news with others.

Cheers,
Lindsay



Guest Speaker: Dr. MARK THOMPSON



Mark is an occupational therapist with extensive experience in ageing, rehabilitation, palliative care, and Aboriginal health and ageing. He is the director of an allied health practice which is focused on the delivery of community based aged care.

Mark is an adjunct lecturer and researcher with the University of Adelaide's medical school. His research is focused on frailty and sarcopenia in acute and residential care, together with the primary care management of older adults. Mark completed a PhD in 2019 which examined frailty at population level in Australia.

Aboriginal Health & Aged Care

Aboriginal and Torres Strait Islanders account for 3.3% of the Australian population. Life expectancy is 9 years lower for Aboriginal Australians compared to the general population (men 72 years vs 81; and women 76 years vs 85).

Good health from an Aboriginal perspective is more than the absence of disease or illness; it includes physical, social, emotional, cultural, and spiritual wellbeing, for both the individual and the community. Aboriginal people are affected by more frequently and at a younger age by chronic diseases. Disruptions to family connections are also common with 31% experiencing high level psychological distress. Health status has a flow on effect to ageing and aged care. Aged care needed at a younger age (50+ eligibility for Aboriginal and Torres Strait Islanders).

All Australians access aged care services via My Aged Care (MAC), a nationally coordinated call centre and single database. However, there can be barriers for Aboriginal Elders navigating MAC with many missing out on receiving appropriate services.

There are a number of social complexities that need to be taken into account when determining level of aged care approval for Elders, including: Limited Support Network; Difficulty engaging with mainstream service providers; Complex family situations; Psychological distress (grief / loss / family trauma); Domestic / Family Violence / Elder Abuse; Squalor; Substance misuse; Homeless / Risk of Homelessness; Poverty; Problems with police /correctional services; and Extremely remote geography.

Elders have a strong preference for aged care services to be delivered by Aboriginal controlled organisations which understand these complexities and attempt to address them, as well as support the common Roles of Aboriginal Elders. Some of these roles include supporting kinship, providing support, & inter-generational connection; passing down cultural knowledge; education and childcare / supporting young people; and community relations. Many Elders are long term guardians for grand-children, and board members for community organizations, and deliver cultural education programs. This can be very demanding on top of managing their own age-related disabilities and health conditions.

Non-Aboriginal clinical staff working in Aboriginal Primary Health and Aged Care need to use a partnership approach that draws upon the cultural expertise of Aboriginal staff combined with their own clinical expertise to deliver a culturally safe service that is also clinically effective.



MAGILL SUNRISE EASTER MARKET – SUNDAY 9 APRIL

Come along to our bumper Easter Market this Sunday at the Campbelltown Memorial Oval from 9am – 2pm. There is something for everyone at the market. You may even see the Easter Bunny.

Proceeds from this market will go to **OPERATION FLINDERS** an organisation which exists to transform the lives of young people through quality remote outback adventure programs.

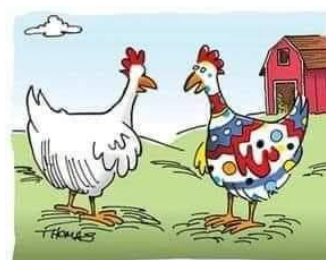


CONGRATULATIONS BERNARD FLYNN



Our club congratulates **Bernard Flynn**, son of our member John and his wife Made, for being awarded the **David Hunter Scholarship**, a prestigious award for ongoing contribution and demonstrated commitment to the Marryatville High Music Program.

WELL DONE!



"I was an Easter egg."

HAPPY EASTER TO ALL



QUIZ QUESTION:

On the 1st January 1946, which Australian state or territory became the first in Australia to introduce free **universal public hospital treatment**.



Answer: Queensland

'The Worker' Brisbane

Monday 7 Jan 1946

JACKPOT
Next week

\$10.00



ICE BREAKER:

Adelaide's train and tram services will return to public hands after the South Australian government signed a deal to transition them back to state ownership. The Rail, Tram and Bus Union said the agreement was a huge win for local commuters and transport workers.

Do you think our state transport system should be in public hands rather than being privatised?
Would you expect to see a better public transport system for commuters under govt control?

Responses:

Overall, no one was fussed about who owned the transport system. Some thought if the Union was happy for it to be back on government hands it would all go haywire and perhaps strikes were on the cards.

Perhaps Bruce put it best when he said that as long as the Footy Express keeps running, it doesn't really matter who owns it. I guess it is all about priorities.

PRESIDENT'S THOUGHT FOR THE DAY

A shout-out to Mark & Mari for truly making your Mark in the world.
And good to know Mari got twice the value whenever she said "Mark – stop that!"



AREA 8 DINNER

Dear members of clubs within Area 8.

I would like to invite you, as members within our area, to our first Area meeting for numerous years, at the **Osmond Terrace Function Centre** on **Monday 8 May 2023 at 6.30 for 7pm.**

The Area 8 Dinner is an opportunity for club members from surrounding clubs to come together to enjoy some fellowship, good food, and a great speaker- **Hamilton Calder**, the Chief Executive of VolunteeringSA.

Hamilton will speak about the changing nature of volunteering, a topic that should be relevant to many in our Area.

The cost is \$38.50 which will include 3 courses along with a raffle ticket for your chance to win numerous prizes donated by our clubs.

Please purchase your tickets via this link - <https://events.humanitix.com/area-8-dinner>
If there are special dietary requirements, please advise as soon as possible by emailing stephanymartinrcc@gmail.com

I personally look forward to seeing you all there for a wonderful night of fellowship.

Stephany Martin

Area Governor (Area 8)

Rotary Club of Campbelltown

OUR PEACE POLE INSTALLED AT STRADBROKE PRIMARY



Stradbroke School has been fortunate enough to receive a Peace Pole, donated by **The Magill Sunrise Rotary Club.**

Rotary Clubs are celebrating 100 years of Rotary in South Australia by spreading the peace message with 100 peace poles going to schools, organisations and businesses around South Australia.

As part of our Harmony Week celebrations, Stradbroke School students created flags to represent their culture and heritage. These flags were then placed around the Peace Pole, which is located at the front of our school.

Rotary is one of the largest service clubs in the world and works to improve communities locally and internationally; promote integrity everywhere; provide development opportunities for young people; and advance world understanding, goodwill and peace.

The Peace Pole will stand as a reminder of the need for peace and understanding – between nations, communities, neighbours, families and in the home.

From Stradbroke Primary Newsletter

Landcare Groups BBQ and Workshop on the 'Voice to Parliament'



The Gums Landcare Group opening event for the year was held on Sunday 26th March. President **Gerry Butler** honoured the six patrons Ivan "Tiwu" Copley, Peter Clark, Geoff Fisher, John Stuart and Bianca Amato (Lyn Robins being absent).

Uncle Ivan was presented with a plaque to the Kurna People, mounted on a piece of bark by the artist John Stuart, who also offered him a beautiful carved walking stick in olive wood.

Furthermore, the proposal to endorse "The Voice" was discussed with questions and answers and accepted by consensus at the workshop.

President **Lindsay** was there to represent the **Rotary Club of Magill Sunrise's** commitment to the group with financial help to complete a shed at the joint site of the Newton Community Garden and the Community Landcare Nursery. The shed will store equipment; provide shelter whilst they develop the garden; and provides catchment of rainwater for the garden. Proceeds from our March market were ear marked for this cause.

To finish the event, there was a presentation from the **'EcoWarriors'** from 1973, who at that time, at the age of 12/13, stopped the concrete lining of the Third Creek through The Gums. They organised a petition which was heard by the Council, preventing the works going ahead and leaving the Creek as we know it today.



RCMS MONTHLY MARKET SUNDAY 09 APRIL 2023

Preliminary Market setup for members **Saturday 08 April at 9.30am**

Please let Greg know if you are unable to make your shift.

First Shift Including Set Up 0700-1100

Robyn	Stall Allocation	
Colin	Safety Check List	
Graham	Cook	Sausages and Onions
Simon	Cook	Bacon & Egg S/W -Zucchini Fritters
John F	Cook	Donuts
Vas	Assisting with donuts (9am-11am)	
Siony	Serve 9am-11am	
Vas	Serve (If required)	
Meryl	Serve 9.00am -12noon	
Bruce	Orders	
Greg	Social Media Promotion	
Robyn	Float (If required)	
John, Lindsay and Ping	Welcome/Rotary Table	

Second Shift including Pack Up 1100-1500

Mark	Cook	Sausages and Onion
Bruce	Cook	Bacon & Egg S/W - Zucchini Fritters
Greg	Cook	Donuts
Colin	Assisting with donuts	
Pauline	Orders	
Nina	Serve 9am – 11am	
Melissa	Serve	
Chiara	Serve	
Graham, Robyn & Simon	Welcome/Rotary Table	
Lindsay	Social Media Promotion	
John F	Float (If required)	
Lindsay	Collect Stallholders' Money	

Beverages and Nibbles: April – Mark (1 x carton beer, 2 x bubbles & nibbles)

Cleaning aprons and towels: April – Greg

THE STREET PARTY AT MAGILL VILLAGE – SUNDAY 02 APRIL



What a day!!!

Brilliant weather, a huge crowd and Magill Sunrise Rotary was front and centre as people celebrated the new Magill Village precinct.

The event was designed to showcase local businesses and be alive with food, fun and entertainment.

But the Magill Sunrise Rotary marquee was like the 'Magic Cave'. Everyone came to our stall because we were 'give-away central!'.

Council organised for the first 250 attendees at our Rotary Club marquee to get a **\$10 VOUCHER** to spend at participating businesses. Needless to say, there was quite a line-up 5 minutes before the official start.

In addition, we had hundreds of **TREASURE HUNT** bags which provided more freebies from businesses along Magill Rd.

And after that, Magill Sunrise Rotary Club opened up its **FREE RAFFLE** with more prizes from local businesses – and at the same time gave away free coffee cards and other store discounts.



WELL DONE to Campbelltown City Council for organising a fabulous day.
CREDIT to local businesses embracing the event and generously donating prizes.
CONGRATULATIONS to the raffle prize winners.
CHEERS to the community and families who turned it into an amazing day.
THANKS to Robyn, Graham, Suzette and Siony for happily managing our stall.





DISTRICT 9510 ASSEMBLY – 2 APRIL 23



On Sunday 2nd April Rotary District 9510 held its District Assembly at St Michael's College, Henley Beach. Over 180 people headed to the beachside suburb to learn about Rotary, to meet the incoming leadership team for 23/24 and the plans for District 9510 in the coming year. Rotarians were inspired by numerous presentations and informative workshop sessions. All attendees were well fed by the Rotary Club of Norwood who put on a great lunch.



Upcoming Events

Saturday 8 April

MAGILL SUNRISE EASTER MARKET SETUP – 9.30am

Campbelltown memorial Oval

PLEASE NOTE THE EARLIER TIME. APPARENTLY, THERE IS A FOOTY MATCH ON.

Sunday 9 April

MAGILL SUNRISE EASTER MARKET – 9.00am -2.00pm

Campbelltown memorial Oval

Tuesday 11 April

MAGILL SUNRISE MEETING - 7.00am – 8.00am

Heccies, 31 Fisher Street, Magill

Guest Speaker: Bruce Dolman – “Behind the Badge”

Wednesday 26 April

BBQ & OFFICIAL OPENING OF WORKSHOP EXTENSION

3, Maryvale Rd, Athelstone – 6.00PM-8.00PM - Rotary Club of Morialta

Thursday 27 April

BOARD MEETING - 6.00pm for 6.30pm

Indian Club SA. 613 Magill Road, Magill SA

Monday 8 May

COMBINED AREA 8 CLUBS MEETING – 6.30pm for 7pm

Osmond Terrace Function Centre, 97 The Parade, Norwood.

<https://events.humanitix.com/area-8-dinner>

Please note this replaces our meeting on the 9th May.

27th-31st May

ROTARY INTERNATIONAL CONFERENCE

Melbourne





President
Lindsay Davis

Secretary
Colin Hill



*In the spirit of reconciliation,
the Rotary Club of Magill
Sunrise acknowledges the
Traditional Owners of the land
where we serve the community,
the Kurna people of Tandanya,
and we pay our respects to
their Elders past and present.*



www.magillrotary.org.au



www.facebook.com/rotarymagill



magill@rotaryclub.org.au

Meetings for Makeups

Please check with the club before attending

Monday

Campbelltown: 0407 724 699

6.30pm - San Giorgio Club, Henry St, Payneham

Tuesday

St Peters: 0493 281 503

6.15pm - Kensi Hotel, 23 Regent St, Kensington

Kent Town: 0433 387 082

6.30pm - Lord Melbourne Hotel, 63 Melbourne St, North Adelaide

Wednesdays

Eastwood: 0416 367 289

7.15am - 1st & 3rd Wednesday

Adelaide Royal Coach, 24 Dequetteville Tce, Kent Town

2nd & 4th Wednesdays

Bocelli Café, Hutt St, Adelaide

Norwood: 0412 305 660

6.30pm - 1st, 3rd & 5th Wednesdays

Kensi Hotel, 23 Regent St, Kensington

Burnside: 0401 627 339

6:30pm - 2nd & 4th Wednesdays

Kensi Hotel, 23 Regent St, Kensington

Morialta: 0497 159 737

6.30pm - Tower Hotel, Cnr St Bernards & Magill Rds, Magill

