



Lindsay Uninterrupted

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WELCOME & APOLOGIES

Welcome to Simon Bowen (Guest speaker) Erik Lazaro, Monica Correa, Melissa Ciccocioppo and Betty Gebert (RC of Campbelltown).

Apologies were received from Ian, Greg and Colin and Pauline.

PRESIDENT'S REPORT

Some Rotary Clubs refer to August as "Membership Month". For us, every day and every event add something positive to our membership!

Last Sunday's Magill Sunrise Market was a ripper – with loads of happy customers, plenty of cheery stallholders (and more applying to join us). For the first time this month, the Market featured live music (with huge thanks to the very talented Bernard Flynn and his friends). And of course, our friends at the Repair Café were there, giving new life to loved items.

Tuesday's breakfast meeting continued the trend of connecting us with fantastic and positive people.

First up, we welcomed Monica Correa and Erik Lazaro into our club. Both have already shown their enthusiasm to embrace every opportunity to connect with our community.

This was followed by the presentation of a Paul Harris Fellow to honorary member Melissa Ciccocioppo. Melissa has been a long-time helper for Rotary and supporter of her parents, Graham & Robyn Holcroft.

Our meeting was 'rounded out' by a guest speaker who shared his personal story of the highs-and-lows of life; how to survive; and what you can achieve on the rebound.

I recently read "Rotary should be challenging, fun and have a purpose". That's not a problem when your members are able to connect with such great people.

Cheers,
Lindsay



NEXT CLUB MEETING 1227

7am, 05 September 2023,
Heccies, 31 Fisher St, Magill
Club contact: Lindsay Davis
0415 453 101

Guest Speaker:



You will need to come along
on the 5th September when
all will be revealed.



GUEST SPEAKER: SIMON BOWEN



Simon Bowen, founder of **Visible Recovery (PTY LTD)** in 2012 told us his story, from his drifting into alcohol and drugs as a teenager while growing up in the Adelaide Hills, to his move to the UK in 1990, then his time as a heroin addict, becoming clean, and on to becoming a successful manager of an English Pub with his new wife then to hitting rock bottom and losing it all including the wife, to alcohol.

He became homeless and unemployable. Simon turned to Alcoholics Anonymous (AA) and rehab while still in the UK and managed to resurrect himself. Simon found support in AA and Narcotics Anonymous (NA) because he heard stories identical to his own.

Sadly, many fall off the wagon and once they resume with drugs/alcohol, death is not far off. Simon worked for many years in rehab while still in the UK but returned to Australia to care for his terminally ill mother and demented father.

In 2012, Simon established Visible Recovery, a privately operated rehab facility here in Adelaide, replicating much of what he had learned while working in rehab in the UK. The best results occur when those seeking help actually want to be there, stay at the centre for 90 to 100 days, while being cared for by recovering addicts.

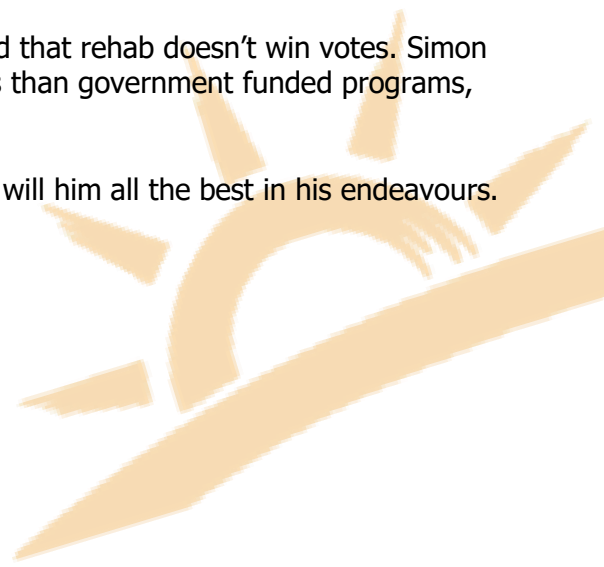
Simon told us that the use of drugs was not the problem; they were a symptom, usually brought on by trauma. In his own case he found his home life toxic with arguing parents and found hanging around the pub with mates was a better option. From his own observation he found that with women the source of their trauma was often sexual abuse as children, while with men the absence of father was a contributing factor.

In addition to running rehab Simon became a Scuba Diving Instructor after an internship in Thailand and set up a diving school in Stirling. As an adjunct he became a scuba equipment technician. But here's a sad twist in the tale. Simon has had to close Visible Recovery after a decade because of the skyrocketing increase in the cost of living. Disposable income has dried up and the relatives of those who fund rehab for their loved ones can no longer afford to provide their support. Again, lack of disposable income has seen the diving school and scuba repairs shutdown. Simon has had to lay off 15 employees. Simon has seen the same happen to other business such as catering, cycle, and motorcycle shops.

Simon is determined to revive Visible Recovery, but he said that rehab doesn't win votes. Simon can claim that Visible Recovery has achieved better results than government funded programs, which now have a four-month waiting period to join.

Simon says he is resilient despite recent setbacks, and we will him all the best in his endeavours.

Mark Thompson
Guest Speaker Co-ordinator



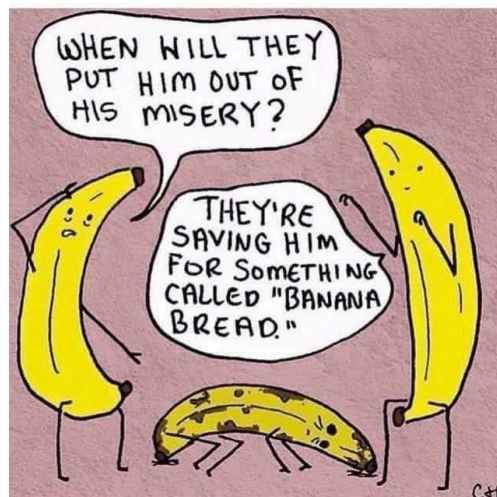
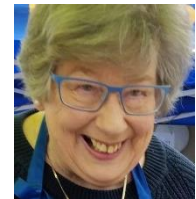


QUIZ QUESTION & ICE BREAKER

Due to a full program this week the Quiz Question and Ice Breaker have been put on hold until next meeting.



**HAPPY BIRTHDAY WISHES TO
PAULINE FOR THE 18 AUGUST**



**REMINDER!!
SUBS ARE DUE**



PRESIDENT'S THOUGHT FOR THE DAY

"Somewhere inside all of us is the power to change the world".

~ Roald Dahl's book *MATILDA*





OUR NEW MEMBERS – ERIK & MONICA

It was a privilege and honour to induct Monica Correa and Erik Lazaro as members – two people who clearly embrace the principles of goodwill and service.

Today, we also learnt a little more about their backgrounds.

Monica was born and raised in Mexico City, where she was the fourth of five siblings. As a child, she dreamt of being a chef, singer and actress. However, University led her to Business Administration. Monica first heard about Australia's beauty from her sister, leading her to save to explore. Patience and determination got her to Australia in 2016, where she commenced English studies. After briefly returning to Mexico, Monica is now back – and continues to love life's mosaic - "familial love, dreams, resilience and global pursuits".

Erik is the middle child with an older brother and younger sister. As a child, he wanted to study Medicine but undertook Industrial Engineering ("because was faster to earn money") – followed some years later, by a Master in Business Administration. Most of Erik's professional experience is in supply chain management (manufacturing, demand planning, inventory, purchasing, etc) reflecting a of numbers and figures.

Despite admitting to occasionally struggle with "Aussie English", their attitude to life is reflected in one of Erik's comments: "I like to help people because in my life, many people have helped me, and I'm convinced that helping others is giving back to the universe. I'm open to all the possibilities that I can have in Australia and available to give my skills to this wonderful country".

Welcome Monica & Erik



President Lindsay with Erik and Monica after their induction to the club.

OUR NEW PAUL HARRIS FELLOW MELISSA CICCOCIOPPO



Melissa Ciccocioppo

Lindsay with Melissa

Melissa with Lindsay, Graham & Robyn

The presentation of a Paul Harris Fellow can be made following a substantial contribution to The Rotary Foundation.

The recognition is a tribute to a person whose actions are consistent with the objectives of The Rotary Foundation - to improve lives and create a better world.

We all know that values (things like respect, kindness, honesty, sharing and adding value to the world) are strongly influenced by our upbringing.

The recipient, Melissa Ciccocioppo has been a part of the Rotary world for a long time. Her family exposed Melissa to Rotary values. And she now shares those values with her own family.

It appears Melissa was around 13 years of age when Graham Holcroft joined the Rotary Club of Morialta – and was regularly involved with their Camp Quality days, supporting kids with cancer. She has attended numerous changeovers and social functions - and is an absolute trooper / helper / manager / entertainer / stirrer rolled into one at the Magill Sunrise Market working alongside Graham & Robyn. And we now have Melissa's daughter Chiara regularly helping at our market, transferring the joy of working with Rotary to the next generation. And Over the years, often behind the scenes, Melissa does more, much more.

Congratulations Melissa and thank you for your commitment to supporting our Rotary Club and the Rotary Foundation programs.



ROTARY YOUTH LEADERSHIP AWARDS - RYLA



Our Club is delighted to be sending **Molly Sweeney** to RYLA. You may recall Molly was recently presented with a 'Service Above Self Award' by our club in recognition of her positive contribution to her school, fellow students and community.

We look forward to hearing from Molly after her RYLA program.

OPERATION FLINDERS - CITY TO SUMMIT TREK

Magill Sunrise Rotary has a team in the upcoming '*City to Summit*' from the Adelaide CBD into the Adelaide Hills. The trek will take 7-8 hours (approximately 20km).

Along the way, there will be surprising Operation Flinders experiences, plus the opportunity to speak to past participants of the program and hear about success stories from our young people.

Readers will know that Magill Sunrise Rotary loves Operation Flinders programs. Congratulations to Monica & Erik for taking up the challenge.

Watch out on Facebook or go to our [Operation Flinders City to Summit 2023 Fundraising Page](#) to contribute to our team.

All funds raised will go to transforming the lives of young people.

UPCOMING EVENTS

Thursday 24 August:

FOUNDERS DAY LUNCHEON 12pm for 12.30pm
Adelaide Oval - \$65.00pp

Saturday 26 August

RC of LIGHTSVIEW QUIZ NIGHT 6pm for 6.30pm start
North Eastern Community House,
27-31, Queensborough Ave, Hillcrest

Let Simon know if you are interested in attending.

Tuesday 29 August:

COMBINED SERVICES CLUB DINNER 6pm for 6.30pm
Marche Club, Cnr Darley & Gorge Rds, Paradise
Guest Speaker: Kirsty Stark

Thursday 31 August

BOARD MEETING – 6pm for 6.30pm
Café Va Bene, 636 LNE Road, Campbelltown. 5074

Tuesday 5 September

CLUB MEETING 7.00AM

Sunday 8 October:

'LIFT THE LID WALK' - 9am
For mental health awareness and research.
Starting and finishing at Campbelltown Memorial Oval.



MEETINGS FOR MAKEUPS

Please check with the club before attending.

Monday

Campbelltown: 0407 724 699 - 6.30pm - San Giorgio Club, Henry St, Payneham

Tuesday

St Peters: 0493 281 503 - 6.15pm – Kensi Hotel, 23 Regent St, Kensington

Kent Town: 0433 387 082 - 6.30pm - Lord Melbourne Hotel, 63 Melbourne St, North Adelaide

Wednesdays

Eastwood: 0416 367 289

7.15am – 1st & 3rd Wednesday: Adelaide Royal Coach, 24 Dequetteville Tce, Kent Town

2nd & 4th Wednesdays: Bocelli Café, Hutt St, Adelaide

Norwood: 0412 305 660

6.30pm - 1st & 3rd Wednesdays: Kensi Hotel, 23 Regent St, Kensington

Burnside: 0401 627 339

6:30pm - 2nd & 4th Wednesdays: Kensi Hotel, 23 Regent St, Kensington

Morialta: 0497 159 737

6.30pm - Tower Hotel, Cnr St Bernards & Magill Rds, Magill

CONTACT US

MAGILL SUNRISE ROTARY CLUB

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VOICE OF ROTARY

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ROTARY DISTRICT 9510

rotary9510.org



In the spirit of reconciliation, the Rotary Club of Magill Sunrise acknowledges the Traditional Owners of the land where we serve the community, the Kurna people of Tandanya, and we pay our respects to their Elders past and present.

PRESIDENT

Lindsay Davis



SECRETARY

Col Hill

