

1229 | 19 September 2023

#### **WELCOME & APOLOGIES**

Welcome to Margaret and Jim Beare and President Susan Harris from the Rotary Club of Campbelltown, and to Honorary Member Anne Cole.

Apologies were received from Alison, Colin, Bruce, Monica, John F and John K.

#### PRESIDENT'S REPORT

Our health system is under stress. **Can Rotary help?** 

Well, yes. You all have heard about the benefits of staying active.

Check out our calendar of events – and take notice of the opportunities to:

> Stay physically active Stay mentally active Be regularly active Be active in our local community

These are things that Rotary does extremely well. The slogan "People of Action" makes sense.

Our Rotary Club members share a passion for both community service and friendship. Becoming a Rotarian connects you with a diverse group of community members who share your drive to give back.

And Magill Sunrise Rotary walks the talk – whether that be in the "City-to-Summit walk" to support Operation Flinders; walk-and-talk in the "Lift The Lid Walk for mental health"; or be part of the "Rotary Says No to Domestic Violence - Action & Awareness Walk".

Join us – take a walk or two for your health and the health of your community.

Cheers, Lindsay



#### **NEXT CLUB MEETING** 1230

7am, 03 October 2023, Heccies, 31 Fisher St, Magill Club contact: Lindsay Davis 0415 453 101

#### **Guest Speaker: PP. MERILYN RUSSELL**



Merilyn Russell is the Immediate Past President of the Rotary Club of Morphett Vale. She is the "go to" person for Interplast in our District. This year marks the 40<sup>th</sup> anniversary of Interplast, a collaboration between Rotary and the Royal Australasian College of Surgeons.

**Interplast** sends teams of volunteer plastic and reconstructive surgeons, anaesthetists, nurses and allied health professionals to provide life-changing surgery and medical training in 17 countries across the Asia Pacific region. They truly

"Repair Bodies and Rebuild Lives"



#### **GUEST SPEAKER: MARGARET BEARE**



We were honoured by the presence of the Beare Family at our breakfast meeting, minus Baby Beare and Goldilocks.

Margaret and Jim Beare (RC of Campbelltown) have been visiting Bali for over 25 years and during that time touched base with a local woman, Ashi, who was a member of the RC of Bali Taman.

During the years their friendship strengthened and the Beare's would attend Bali Taman meetings, which lead to donations to local schools and Bali Taman projects.

Exposure to Rotary projects in a foreign country led to Margaret and Jim joining Rotary in South Australia, rather than first being a Rotarian who then helps others.

Margaret and Jim returned to Bali in May this year to see the fruits of the endeavours in funding (RC Campbelltown, Matching Grants and RC Bali Taman) three water storage facilities and 80

individual toilets in remote villages along with wheelchairs for the disadvantaged. These projects commenced in 2020 and were completed in 2023 in villages that are almost inaccessible by road.

The old story of feed a man a fish.....applied to these projects which were all built by village labour, which just lacked the finance but not the will. We were surprised to learn that eastern Bali has long periods of dry and prior to building, storage water had to be transported in at great expense. The cost to complete the toilet project was \$14,000, while the tanks cost \$9,000. Labour costs were nil.



A photo of a joyful 80-year-old woman, who for the first time had an indoor dunny brought home the significance of these life changing projects. Margaret announced that their next Bali project will be the installation of 75 more indoor toilets.







*Mark Thompson*Guest Speaker Co-ordinator



## ROTARY DISTRICT 9510

AFL Tipping Competition

#### **DISTRICT 9510 FOOTY TIPPING COMPETITION**

Your team may not have done as well as you hoped. You may not have tipped as well as you wanted. But there is at least one good result from the 2023 AFL season.

On behalf of THE ROTARY FOUNDATION - THANK YOU for your support this season.

Your participation and the generosity of so many prize winners, sees **\$1,265.00** going to The Rotary Foundation.

In case you are not familiar with the Rotary Foundation, it transforms gifts such as ours into service projects that change lives both close to home and around the world – including projects to eradicate polio, promote peace, advance world understanding, improve health, support education and alleviate poverty.

Rotary unites people of action – and gifts to The Rotary Foundation help fund projects in communities that most need help.

Whether you finished amongst the prize winners - or struggled to tip a winner this season, you have assisted a very worthwhile cause.

On behalf of the Magill Sunrise Rotary Club and Rotary District 9510, we hope you had some fun – and we look forward to seeing you back next year.







#### **CLUB ANNIVERSARIES**



## HAPPY 51st WEDDING ANNIVERSARY MARK AND MARI





#### **CLUB BIRTHDAYS**

#### Congratulations and Happy Birthday to Graham on his milestone birthday

You now have an OBE – Over Bloody Eighty. Enjoy your day!











Hi, I am MARTY, the Magill Sunrise Market Mascot. I was lovingly made by one of the market's awesome stallholders - lovingbearsbyvita.

I have been at the market for a year now making sure the sausages are cooked properly and that there is an abundance of yummy donuts. Come along to our October Market on Sunday 8OCT between 9am and 2pm and keep an eye out for me while you are looking around. I'll be hiding somewhere.

When you find me, take a selfie with me and tag #magillsunrisemarket on Instagram then show the post to the Rotary staff at the BBQ tent outside for a free Hot Cinnamon Donut.

HAPPY HUNTING!!





#### **QUIZ QUESTION**

With AFL finals occurring at the moment, let's have a football question. How many umpires are there on the ground in an AFL match?

**ANSWER:** As I was standing in for Alison who is sipping Pina Coladas on the high seas in the Pacific and personally didn't have a clue to the correct answer. Alison had put forward **NINE** (9) 2 x goal umpires, 4 x boundary umpires and 3 x field umpires. **However,** apart from those who said there were too many, the footy tragics in the club all agreed there were **TEN** (10) - 2 x goal umpires, 4 x boundary umpires and 4 x field umpires.





#### **ICE BREAKER**

It's AFL finals time and every year the conversation occurs around where to hold the Grand Final and what time of the day.

Do you think interstate teams are disadvantaged by the Grand Final being held at the Melbourne Cricket Ground every year? Do you think a night match would work better?

#### **Responses:**

Most thought the biggest disadvantage was to teams who played in places like Darwin, Ballarat or in Tasmania.

It was generally agreed that no AFL team should have the MCG as their home ground as it gave those teams a distinct home ground advantage, especially if they ended up in the finals.

It was split on whether the Grand Final should be played at the MCG every year.

There were no takers for a night Grand Final.

Most thought this would be a hindrance to the post match celebrations or the drowning of sorrows.



#### **REMINDER!**

It's that time again to change the clocks.

Sunday 1<sup>st</sup> October

Turn your clocks forward by one hour

#### PRESIDENT'S THOUGHT FOR THE DAY

When visiting Bali .... Take away your memories ... but leave only footprints.

- or in Margaret's case -

Take away your memories ... and leave toilets & water storage facilities!





#### **GREEN CORNER**

#### **Council Waste Bins**

Best practice advice around what goes into your different bins does change, so it is important to



be up to date from the best source. East Waste

(http://eastwaste.com.au) is the group that services the Adelaide Eastern Suburbs. Look up your local depot for their advice. Here are some interesting tips that can make all the difference in successful recycling.

• If you place very small items (less than 5cm) into the recycling, they will drop through the sorting machine and go to landfill. It is important to create objects that are

tennis ball sized or greater to be successfully recycled. This can be done by placing small items into a larger item of similar material.

- Cut a slit in your plastic milk container and fill it with all the other small plastic lids. Don't
  forget to put the milk container lid back onto the milk container to stop all the contents from
  spilling back out.
- **ALUMINIUM** Foil can be wrapped into a tennis ball sized object and placed in the (YELLOW) recycling bin. Wrap any smaller aluminium items such as wine bottles lids inside the ball.
- GREASY CARDBOARD (eg Pizza Boxes) should go into the GREEN bin. It is great for
  offsetting the moisture found in lawn clippings and speeds up the composting process. Small
  cardboard items like toilet rolls are also useful here too.
- **ENVELOPES** with or without windows can go into the (YELLOW) recycling bin.
- **EMPTY AEROSOL** cans (with the lids removed) can be placed in the (YELLOW) recycling bin.
- **SHOP RECEIPT DOCKETS** are printed on plastic composite containing the chemical BPA and should go to LANDFILL. They should not be recycled.
- POLYSTYRENE cannot go into the yellow bin, but specialist recyclers can accept it.
   Checkout (<u>Tricky Waste Items East Waste</u>) to find a list of organisations around Adelaide that can take polystyrene.
- **WINE CORKS** are being collected for recycling at selected Dan Murphy stores.







#### A HEADS UP TO KEEP THE DATE FREE AND GET YOUR TEAM TOGETHER

## come to our



# MAGIU RSU SATURDAY I 8T NOVEMBER 2023 7.00PM SHARP \$ 15 PER HEAD - TABLES OF 8

FULL BAR SERVICE - BYO NIBBLES - STRICTLY NO BYO DRINKS PRIZES FOR BEST 80, DRESS UP - HATS MAY BE WORN



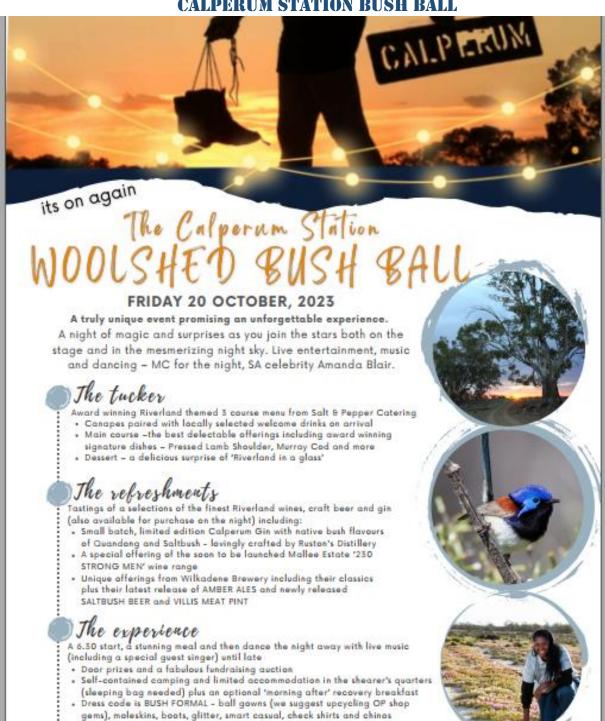
## SUPPORTING MAGIURSU VETERAN WOOHES



BOOKINGS: magillrotary.org.au/quiz



#### CALPERUM STATION BUSH BALL



. Transport to and from the BUSH BALL available from Renmark

VENUE: CALPERUM STATION WOOLSHED. Colperum Statios, 1371 Wentworth Road, Resmark.
Limited Tickets 5150 each or take advantage of the "Early Bird Special" of 5135 per ticket (if booked before Wednesday, September 20). Group tables available. For Ticket Sales, accommodation or other enquiries phase 08 85957359 or small admired Lorg.av OR book through Eventbrite: www.eventbrite.com.av/colperum-station-fundraising-bush-ball-tickets

ALL PROCEEDS SUPPORT FLOOD RECOVERY PROJECTS AND THE RESTORATION OF CALPERUM STATION. PROVIDING CRITICAL HABITAT FOR THE MANY THREATENED AND ENDANGERED SPECIES THAT MAKE THIS SPECIAL PLACE THEIR HOME, YOUR SUPPORT IS TRULY APPRECIATED

PROUDLY PART OF THE RIVERLAND ROSE AND GARDEN FESTIVAL



WOOLSHED BUSH BALL



"THE SWINGIN' WILLIES"

Contrary to what you might think, The Swingin' Willies take their name from Willie Nelson's love of the great standards of the 30's and 40's and the good time Jazz and Texas swing from the dance halls of a bygone era.

It's a night of songs you've forgotten that you love. Cole Porter, George Gershwin, Dean Martin, Glen Campbell, Johnny Cash and of course Willie Nelson. Throw in some early Beatles, some Rolling Stones, a smattering of Bill Hailey and Buddy Holly, and of course some Elvis rockabilly classics, and your feet wont stop tapping, your hands wont stop clapping.

Featuring wild fiddle solos, blistering Gretsch guitar and four part vocal harmonies, The Swingin' Willes are just plain fun. But don't take our word for it, get up on the dance floor and see for yourselves!

## Special guest performer - John Schumann 'Schumann's voice carries the wind in from the outback. It has grains of red dust and yellow earth, it's flecked with toil, hardship, humanity and love. It's

'Schumann's voice carries the wind in from the outback, it has grains of red dust and yellow earth, it's flecked with toil, hardship, humanity and love. It's as old as the land, with a gnaried weariness, like the weathered bark of a gum, tinged with the light of hope. He sings of Australia, of its past and present, its people Warwick McFadyen – Daily Review'

John Schumann is, perhaps, best known to baby boomers for his leadership of the folk-rock band, Redgum. John regularly performs with the Swingin Willies, and together with the band perform Australia wide.

For those who were born after he was young, thin and a pop star, John was the singer-songwriter responsible for the Vietnam veterans' anthem "I was only 19". He hastens to assure us that he has written many other songs

#### The experience

A 6.30 start, a stunning meal and then dance the night away with live music until late

- Door prizes and a fabulous fundraising auction
- Self-contained camping and limited accommodation in the shearer's quarters (sleeping bag needed) plus an optional 'morning after' recovery breakfast
- Dress code is BUSH FORMAL ball gowns (we suggest upcycling OP shop gems), moleskins, boots, glitter, smart casual, check shirts and chinos
- . Transport to and from the BUSH BALL available from Renmark

VENUE: CALPERUM STATION WOOLSHED. Calperum Statios, 1371 Westworth Road, Resmark (approx 16kms from Resmark)
Limited Tickets 5150 each or take advantage of the "Early Bird Special" of 5155 per ticket (if backed before Wednesday, September 20). Group tables available. For Ticket Sales, accommodation or other enquiries phase 08 85957359 or email adminisalt.org.as OR book through Eventhrite: www.eventbrite.com.as/calperum-station-fundraising-buth-ball-tickets

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The Rotary Clubs of Campbelltown, SA and Magill Sunrise are hosting their second Lift the Lid Walk on Sunday October 8th 2023! These walks are a great way to spread awareness of the 1 in 5 Australians who are suffering from a mental illness. Help us Lift the Lid on Mental Illness this spring by walking with us!

All proceeds go into mental health research through Australian Rotary Health.









Sunday 8th October 2023



Walk starts at 9:00am



Campbelltown Memorial Oval



\$30 early-bird tickets

#### Time Details:

On the day registrations will be accepted from 8.00am and an indemnity form will need to be signed. On the day registrations will receive a free cap and free sausage after the walk. There will be an official Ambassador's Welcome at 8:30am.

#### Location Details: Info about the walk

Choose between a 5km or 7km walk, starting from Campbelltown Memorial Oval, corner of Darley and Lower NE Road Paradise, linking to nearby River Torrens Linear Park, and returning to the starting point.

#### Fee Details: Register now

\$30 early-bird registrations will include a T-shirt. Kids under 15 walk FREE! (no free shirt). They will also receive a free sausage or vegetarian equivalent after the walk.

Come Join Us: and enjoy the RC Magill Sunrise Sunday Markets afterwards.

Contact: Betty Gebert Mobile: 0429 148 143 Email: bettygebert17@gmail.com









#### "CITY TO SUMMIT"

Magill Sunrise Rotary has a team in the upcoming 'City to Summit' from the Adelaide CBD into the Adelaide Hills. The trek will take 7-8 hours (approximately 20km) on Friday 29<sup>th</sup> September.

Along the way, there will be surprising Operation Flinders experiences, plus the opportunity to speak to past participants of the program and hear about success stories from our young people.



Congratulations to Monica & Erik for taking up the challenge and representing the club.

Watch out on Facebook or go to our <u>Operation Flinders City to Summit 2023 Fundraising Page</u> to contribute to our team. All funds raised will go to transforming the lives of young people.



Go RCMS Team - Erik and Monica

#### **NO TO DOMESTIC VIOLENCE**

#### ROTARY SAYS NO TO DOMESTIC VIOLENCE ACTION AND AWARENESS WALK

Rotary has been active in South Australia for a Century.

We are part of a worldwide respected group of volunteers passionate about issues in our community.

Partnering with our friends at Zonta, we bring together this parade to offer your organisation an opportunity to walk in solidarity with others working in this space, to peacefully raise awareness of Domestic Violence and Coercive Control issues that surround us.

This will be a non-confrontational, educational walk.

Rotary's aim is to encourage dozens of separate organisations; government agencies; programmes; support services etc to walk in unison to raise awareness of Domestic Violence in our community, with a particular focus on Coercive Control.





## www.StopCoerciveControl.au

## Walk with RESPECT in this peaceful parade Saturday 25 November 2023

from 9am - Meet in Victoria Square from 10am - the walk starts 1.2km along King William Street

10.30am - Arrive at Pioneer Womens Memorial Garden

10.30 to 11am - Inspirational presentations

11am to Noon - Mix | Mingle | Coffee | Food | Connect

One key focus will be to raise awareness of **Coercive Control**.

An educational walk to offer the wider community an insight into key signs of Coercive Control against **Women • Men • Children!** 

Visit our event website www.StopCoerciveControl.au to learn more or to connect with one of the many groups in South Australia who intimately work to support survivors of Domestic Violence.



#### Register to walk - FREE

Choose the organisation / group / agency you want to walk with on the day!

#### Yes, registering to Walk is FREE

but your Voluntary Donation will be welcomed!

http://:-e.MyBookingManager.com/ Say-No-To-Domestic-Violence-Parade



#### **UPCOMING EVENTS**

Thursday 21 September BOARD MEETING 6.00pm for 6.30pm start

Café Va Bene, 636 Lower NE Road, Campbelltown

Sunday 24 September CLUB WINE & FOOD SOCIAL GET TOGETHER – 12 NOON

Clubrooms of Thorndon Park Estate, 3 Belperio Court, Paradise.

Please let Robyn know if you will be attending. holcroft@internode.on.net or on 0408 830 518

Cost \$30.00pp

Thursday 28 September RYLA GRADUATION DINNER 6pm for 6.30pm

Food On The Table, Chief St, Hindmarsh

Friday 29 September CITY TO SUMMIT TREK

Tuesday 03 October CLUB MEETING 7am

Sunday 8 October: LIFT THE LID WALK FOR MENTAL HEALTH' - 9am

Registration 8am. \$30.00 Kids under 15 years free. Starting and finishing at Campbelltown Memorial Oval.

**MAGILL SUNRISE MONTHLY MARKET 9am-2pm** 

Campbelltown Memorial Oval

Friday 20 October CALPERUM STATION BUSH BALL 6pm — 11.55pm

Early Bird discount until 20SEP - \$135.00pp - After \$150pp

Return transfers from Renmark \$25.00pp Recovery Breakfast Saturday \$25.00pp Bookings available through <u>Eventbrite</u>.

Sunday 29 October: 'ROMAC' QUIZ LUNCHEON – 12.30pm-4.00pm

Pulteney Grammar School. \$70.00 per head

Wednesday 01 Nov CAMPBELLTOWN COMMUNITY AGEING WELL EXPO

Campbelltown Memorial Oval from 10am

Saturday 18 November: RC of MAGILL SUNRISE 80's THEMED QUIZ NIGHT

Magill RSL, 8 Lorne Ave, Magill - \$15pp Bring your own nibbles. Drinks on sale.

Tables of 8. Bookings: magillrotary.org.au/quiz

Saturday 25 November NO TO DOMESTIC VIOLENCE WALK - 9.00AM

From Victoria Square

Fri 15 – Sun 17 Mar 2024 ROTARY DISTRICT CONFERENCE

Amazing speakers and Riverland hospitality in Loxton



#### **MEETINGS FOR MAKEUPS**

#### Please check with the club before attending.

Monday

Campbelltown: 0407 724 699 - 6.30pm - San Giorgio Club, Henry St, Payneham

Tuesday

**St Peters:** 0493 281 503 - 6.15pm – Kensi Hotel, 23 Regent St, Kensington

Kent Town: 0433 387 082 - 6.30pm - Lord Melbourne Hotel, 63 Melbourne St, North Adelaide

Wednesdays

Eastwood: 0416 367 289

7.15am – 1<sup>st</sup> & 3<sup>rd</sup> Wednesday: Adelaide Royal Coach, 24 Dequetteville Tce, Kent Town

2<sup>nd</sup> & 4<sup>th</sup> Wednesdays: Bocelli Café, Hutt St, Adelaide

Norwood: 0412 305 660

6.30pm - 1st & 3rd Wednesdays: Kensi Hotel, 23 Regent St, Kensington

Burnside: 0401 627 339

6:30pm - 2<sup>nd</sup> & 4<sup>th</sup> Wednesdays: Kensi Hotel, 23 Regent St, Kensington

**Morialta:** 0497 159 737

6.30pm - Tower Hotel, Cnr St Bernards & Magill Rds, Magill

#### **CONTACT US**

#### **MAGILL SUNRISE ROTARY CLUB**

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## VOICE OF ROTARY facebook.com/voiceofrotary

ROTARY DISTRICT 9510 rotary9510.org



In the spirit of reconciliation, the Rotary Club of Magill Sunrise acknowledges the Traditional Owners of the land where we serve the community, the Kaurna people of Tandanya, and we pay our respects to their Elders past and present.





SECRETARY Col Hill

