



Lindsay Uninterrupted

**VOLUME 27 | ISSUE 16,
1236, 06 DECEMBER 2023**

Welcome - Frank Pangallo MLC (Guest Speaker), Licaria Scheepers & Suzette Coat (Hon. Members) Rotary Club of Campbelltown - Assistant Governor Elizabeth Gagliardi; President Susan Harris; Bet Gebert; David Fenton; Vince & Deb Belperio Rotary Club of Norwood - President Rob Rushton-Smith Rotary Club of St Peters - Brian Kretschmer Rotary Club of Strathalbyn - Barry Chave; Malcolm Sutcliffe; Peter Redden Rotary Club of Tea Tree Gully - President Ray Whalley; Olivia Savvas MP and Rotary Club of Toronto - Lynne Mack.

PRESIDENT'S REPORT

The big events keep coming! And it's worth noting Magill Sunrise members strong support for SAVING LIVES.

In October, we held our second **Lift The Lid Walk** in partnership with Campbelltown Rotary Club. This raised awareness of the extent and impact of mental health issues in our community - and raised \$10,000 that will go entirely into mental health research.

In November, over half our club members (along with as many family and friends) joined with over 1,000 others as part of the **Rotary Says No to Domestic Violence** program.

In the days before this event, five women lost their lives to a current or past partner, emphasising this is a crisis that demands our attention and support for organisations providing domestic violence services.

December started with an update on the roll-out and role of Automated External Defibrillators (AEDs). Frank Pangallo detailed SA's ground-breaking AED legislation – and reinforced the role that Magill Sunrise Rotary and other Area 8 clubs can play in partnership with **Heart of the Nation** to improve outcomes for people in our community.

Three BIG events helping to SAVE LIVES and supporting our community - and that's just a small part of what happens regularly in our club.

Cheers,

Lindsay

NEXT CLUB MEETING 1237

7am, 12 December 2023,
Heccies,
31 Fisher St, Magill
Club contact: Lindsay Davis
0415 453 101

Guest Speakers:

Erik Lazaro & Monica Correa
"Behind the Badge"



At this meeting we will hear about our newest members Erik and Monica.



GUEST SPEAKER: Hon. Frank Pangallo MLC



Guest speaker MLC Frank Pangallo spoke to us on his crusade to make Automated External Defibrillators (AEDs) easily accessible to most South Australians. Frank was prompted to propagate AEDs by the untimely death of Andrew Rehn, who laying dying 5 minutes from the QEH and having to wait 42 minutes before the arrival of an ambulance. The closest person trained in the use of an AED and able to **locate an AED unit** may well have saved Mr Rehn's life.

All of this fits nicely together with the work of Rotary and Heart of the Nation.

The driving force behind Heart of the Nation is Greg Page, former **Yellow Wiggle**, who's public cardiac arrest prompted him to want to save the lives of others, just as his was saved by the prompt application of a defibrillator.

Now add the work of the Rotary Club of Strathalbyn, which supports **Heart of the Nation**. Strathalbyn's works has now spilled over to become **adopted by many clubs in District 9510**, with an aim to make the SA public aware of the location of every AED.

Frank uses Greg Page's status as a door opener and attention getter, especially for Parliamentarians.

Coles stores have rolled out AEDs and **report** that, nationwide, they save lives **daily**.

In addition to making AEDs universally available, Frank's goal is to have a registered citizens' army, trained in the use of AEDs and **CPR**, who can respond to the nearest emergency and **locate an AED if required** via the "GoodSAM" app.

Frank reminded us that 5 minutes delay in the application of an AED reduces survival of a cardiac arrest by 50%; while a ten-minute delay is usually fatal.

Frank's legislation **requires compliance from** Government organisations by **01/01/2025** and is applicable for **other buildings, facilities and vehicles 12 months later**.



The CellaAED® is a world-first in automated external defibrillator technology – a personal, single-use AED that's compact, affordable and simple to use in any home or workplace.

*Mark Thompson
Guest Speaker Co-ordinator*





PRESIDENT'S THOUGHT FOR THE DAY

"Alone we can do so little; together we can do so much".
Helen Keeler

COMBINED SUNSET MEETING WITH TEA TREE GULLY



*Frank is seen holding a nifty **portable,** handy-pack AED that anyone can carry.*



SERVICE ABOVE SELF AWARD



President Lindsay with Patric

The "Service Above Self" award and prize is donated by the Rotary Club of Magill Sunrise to the student who best displays commitment to serve in the school and/or broader community.

Rotary's vision for the award is to promote high ethical standards to advance world understanding, goodwill, peace and fellowship.

The 2023 award was presented to **Patric Partridge.**





ROTARY WALK WITH RESPECT PARADE



On Saturday 25th November Rotary conducted the **“Walk with Respect”** from Victoria Square to the Pioneer Women’s Memorial Garden in which the Rotary Club of Magill Sunrise participated.

The key focus of the walk was to raise awareness of coercive control against women, men and children.

The deaths of four South Australian women recently in one week have prompted an outpouring of grief across Australia and calls for a royal commission into family violence, so anything that can be done to stop the violence and end the silence, can only be a voice for change.





Market Roster, Sunday 10th December 2023

	1st Shift 7am - 10am	2nd Shift 10am - 1pm	3rd Shift 1pm - 4pm
Greeting Table / Christmas Raffle	John/Concordia/Bruce	Pauline & Alison	Robyn & Betty
Safety Check List	Colin		
Stall Allocation	Robyn		
Santa/Helper/Driver (11am - 12pm)		Greg/Nina/Simon	
Cook Donuts	Erik	Lindsay	Simon
Assisting with Donuts	Monica	Colin	Alison
Orders	Lindsay	Ian	Suzette
Cook Sausages & Onions	Graham	Graham	Mark
Cook B & E Sandwiches/Fritters	Simon	Bruce	Greg
Server 1	Meryl (8 - 10am)	Licaria	Melissa
Server 2	Siony (9 - 11am)	Vas	Chiara
Server 3 / Float	Robyn	Robyn	Colin
Collect Stallholders Money			Ian

Beverages and Nibbles: Simon (Carton beer, 2 x bubbles and nibbles)

Cleaning aprons and towels: Mark

MEGA CHRISTMAS MARKET – 10 DECEMBER



Our mega Christmas Market is next Sunday. We have over 50 stalls who have booked a spot at the market, so this is the ideal opportunity to do some Christmas shopping.



Santa will be dropping by with his bag of goodies for the kiddies between 11am – 12 noon.

The Christmas Raffle will also be in full swing again. Don't forget to buy a ticket, they are \$2.00 each.



NATIVE PLANTS ON SALE



Once again native trees, shrubs and ground cover will be available for sale at the Christmas market on Sunday 10 December.

To help raise funds for **Calperum Environmental Projects** you can order plants from **Suzette** on suzette.coat@gmail.com and arrange pick-up or collect from the next market on **10DEC23**.

\$5 per tube or 5 for \$20.



Campbelltown Christmas Carols and Movie

**Saturday Dec 16, 2023,
6:00 pm - 10:30 pm**

Max Amber Sportsfield
Corner George St and Schulze Road
Paradise SA 5075

Free

The annual Christmas Carols will look a little different this year with a new venue and the addition of a Christmas movie!

Join us from 6pm at Max Amber Sportsfield for Christmas and food stalls, face painting, carols, a visit from **Santa** and a screening of **Elf** (G) at sundown.

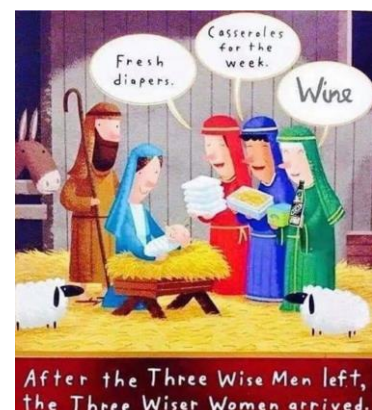
Enjoy singing along to well-known Christmas Carols that will be played by the Campbelltown City Band and sung by Mark Oates, a renowned Adelaide performer, best known for his work with the State Opera.



GUESS WHO THIS IS



Clue: Christmas 1949





UPCOMING EVENTS

- Saturday 09 December **MARKET SET UP - 2PM** (Members Only)
- Sunday 10 December **RCMS MEGA CHRISTMAS MARKET 9AM - 3.00PM**
Campbelltown Memorial Oval
- Tuesday 12 December **CLUB MEETING 7.00am**
- Saturday 16 December **CAMPBELLTOWN CHRISTMAS CAROLS & MOVIE**
Max Amber Sportsfield **6.00PM – 10.30PM**
- Sunday 17 December **RCMS CHRISTMAS FUNCTION – 12NOON**
The Indian Club, 613 Magill Road, Magill
Please let Robyn know asap if you will be attending.
gjrjholcroft@gmail.com or 0408 830 518
- Tuesday 19 December **FINAL CLUB MEETING FOR THE YEAR**
- Monday 25 December **CAMPBELLTOWN CHRISTMAS DINNER 6.00PM – 9.00PM**
Don't spend Christmas Alone
Campbelltown Function Centre
RSVP 8366-9222 by 19 December

Fri 15 – Sun 17 Mar 2024 ROTARY DISTRICT CONFERENCE
Amazing speakers and Riverland hospitality in Loxton

THIS MONTH'S MARKET BENEFICIARY ABORIGINAL CHRONIC DISEASE PREVENTION PROJECT

This project has been developed as an enduring and worthwhile legacy to mark the Centenary of Rotary in South Australia.

The project will fund two Aboriginal PhD scholars over 3 ½ years to undertake research to establish a capability development program that supports the upskilling of an Aboriginal healthcare workforce in chronic disease prevention.

The successful candidates will work within Aboriginal communities to develop culturally appropriate models for improving health outcomes.

To deliver this important project, Rotary Adelaide, Rotary District 9510, and Australian Rotary Health are working in partnership with The School of Public Health at The University of Adelaide and the Wardliparinggi Aboriginal Health Equity team at SAHMRI.



The **Aboriginal Chronic Disease Prevention Project** is an opportunity to contribute to an enduring legacy for **future generations**.



MEETINGS FOR MAKEUPS

Please check with the club before attending.

Monday

Campbelltown: 0407 724 699 - 6.30pm - San Giorgio Club, Henry St, Payneham

Tuesday

St Peters: 0493 281 503 - 6.15pm – Kensi Hotel, 23 Regent St, Kensington

Kent Town: 0433 387 082 - 6.30pm - Lord Melbourne Hotel, 63 Melbourne St, North Adelaide

Wednesdays

Eastwood: 0416 367 289

7.15am – 1st & 3rd Wednesday: Adelaide Royal Coach, 24 Dequetteville Tce, Kent Town
2nd & 4th Wednesdays: Bocelli Café, Hutt St, Adelaide

Norwood: 0412 305 660

6.30pm - 1st, 3rd Wednesdays
Kensi Hotel, 23 Regent St, Kensington

Burnside: 0401 627 339

6:30pm - 2nd & 4th Wednesdays: Kensi Hotel, 23 Regent St, Kensington

Morialta: 0497 159 737

6.30pm - Tower Hotel, Cnr St Bernards & Magill Rds, Magill

CONTACT US

MAGILL SUNRISE ROTARY CLUB

**P: 0415 453 101 (Lindsay Davis) | W: magillrotary.org.au
E: magill@rotaryclub.org.au | FB: facebook.com/rotarymagill
Editor: hpauline087@gmail.com (Pauline Hill)**

VOICE OF ROTARY

facebook.com/voiceofrotary

ROTARY DISTRICT 9510

rotary9510.org



In the spirit of reconciliation, the Rotary Club of Magill Sunrise acknowledges the Traditional Owners of the land where we serve the community, the Kurna people of Tandanya, and we pay our respects to their Elders past and present.

PRESIDENT

Lindsay Davis



SECRETARY

Colin Hill

