

Lindsay Uninterrupted

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WELCOME

Shouwn Oosting (Guest Speaker), Tara Belton (CEO of the RSL in SA/NT), Meredith Burgess (President Magill RSL); Suzette Coat and Anne Cole (honorary members) and Gerry Butler (Chair, Gums Landcare Group) and Rosemary Cadden (Author and Raconteur).

PRESIDENT'S REPORT

With the help of so many people, today ends a very happy and successful 12 months of club meetings.

"*Time flies when you're having fun*"

A 'circle of life' was completed today. We start club meetings with an Acknowledgement of Country – and concluded the year's meetings with a deep-dive into the Acknowledgement.

Those meetings consistently mix fun and banter, with a good feed (thanks Leonie & David) and some brilliant stories from local people and organisations – all packed into an hour.

So many people contribute to our meetings – and outside the meetings, continue to deliver magnificent service programs. The Club should be proud of its achievements - from helping Rotary's global push to eradicate polio, to ALL the initiatives supporting our local community. More about that at our Changeover.

For almost 120 years, Rotary International and Rotary Clubs change leaders every year. It encourages new ideas – and provides a new opportunity to create an even more rewarding year.

"Life is a journey, not a destination"

NEXT CLUB MEETING 1256

CHANGEOVER (The changing of the guard)

Sunday 30th June

2.00pm for 2.30pm

Lochend Community Hall Lochend Drive, Lochiel Park, Campbelltown

Join us for "high tea" as we mark the end of a Rotary year and the beginning of a new one.



It's been an honour to serve as President and create memories I will cherish forever. Thank you for your support.

Cheers *Líndsay*





GUEST SPEAKER: SHOUWN OOSTING



This week's guest speaker was Shouwn Oosting. Simon Brewer's mini bio of Shouwn is a fitting preamble for his topic, Acknowledgement to Country.

I first met Shouwn over 20 years ago when our wives became friends through our kids. We soon found we had a shared interest in hifi systems at the time and was invited to check out Shouwn's impressive setup. At the time I had no idea of his Aboriginal heritage, but later when I was on the Council I happened to find

out and promptly asked if he might be interested in joining the Council's Reconciliation Advisory Committee. He applied and started a long association with the Council where he is still Chair of that Committee.

Shouwn is a Waanyi Garrwa descendant, Garrwa country being around the Gulf country straddling the current day NT & Qld borders, and he has more than 20 years of experience working in federal and state public sectors in Aboriginal affairs.

He has a Bachelor of Laws and Commerce from Adelaide University and was the first ever Indigenous Mace Bearer at that institution. He was admitted as a barrister & solicitor to the Supreme Court of SA and is now an Aboriginal Engagement Consultant.

He serves as a Member of the Board of the South Australian Film Corporation and Country Arts SA. He is also a member of the Governance, Risk & Integrity Committee of the Adelaide Football Club. He's certainly a busy person but we're very glad he has taken time out to speak to us today about the importance of Acknowledgement of Country. Please make him welcome.

Shouwn spoke of his links to the Northern Territory, just south of the Gulf of Carpentaria, where his mother was one of the stolen generation. Growing up in Adelaide how he had a disconnect with family members there until later in his life. One example of the strong connection between the land and his people was that of aunty who had been unwell and her return to 'country' to recover. Shouwn used the term sovereign nations to describe the diversity of Aboriginal groups who occupied this land prior to the arrival of white settlement. He said there was no agreement by these groups to forfeit their lands, which he then displayed on the Tindale Map. This map highlights around 250 Aboriginal groups nationally and around 30 in South Australia. Shouwn said that Acknowledgment of Country was a long-standing practice; the land occupied by the old RAH was an area where Kaurna people was used to welcome others visiting Kaurna Country. Shouwn told us that Acknowledgment of Country is a sign of respect and an important part of Reconciliation which also builds relationships. In summary, Shouwn left us with the following:

- What is Country (what are the traditional customs)
- What is the relationship between traditional custodians and the land
- Learn history
- More than just words (make acknowledge meaningful)

Research the following sources:

City of Campbelltown Reconciliation Australia SA Government Acknowledgment of Country



PRESIDENT'S THOUGHT FOR THE DAY

"Don't cry because it's over – smile because it happened."



~ Dr. Seuss



ICE BREAKER

What did you enjoy most in the last Rotary year?

RESPONSES:

Our fellow Rotarians The 4th Tuesday of every month, when we don't have a meeting Breakfast Drinks/nibbles after the Market The Causes we have supported over the past 12 months (25) Our Quiz Night The Markets each month - loving the bonding with our fellow Rotarians and the stallholders and loving raising money for good causes

QUIZ QUESTION

As all Rotarians know, this year's Rotary theme is "Create Hope in the World". What is the theme for 2024/2025 and why was the theme chosen?

ANSWER:

The theme emphasizes the transformative power of Rotary international's work in communities around the world.





THE MARKET COMMUNITY:

A massive **THANK YOU** to all our members, volunteers, stallholders and supporters who have worked together over the past year to make the Magill Sunrise Market an increasingly successful community event.

Each month proceeds from our market go to a nominated charity or worthwhile cause. So apart from having a great day out – everyone plays a part in helping make a difference to those in need.

Many stallholders recently commented about the Magill Sunrise Market being so well organised, with such a friendly atmosphere and awesome volunteers!

Our friends at the Repair Café also deserve a special mention. The Repair Cafe complements our Magill Sunrise Market so well and provides a valuable community service and mutually beneficial opportunity for our market patrons.





A stitch in time for our own banners.

Being out in the community at events like this, helps spread the word about the valuable work done across the world in Rotary Clubs like ours. And if you haven't noticed, we have fun in the process. **Why not join us?**



BE PART OF THE ROTARY FAMILY. JOIN US AND DISCOVER THE MAGIC OF ROTARY





ROTARY SAYS NO TO DOMESTIC VIOLENCE



On behalf of our Rotary Club, President Lindsay has donated twenty Fuel Cards to the local East Adelaide Domestic Violence service – and in doing so, help support women and their children during and after experiencing domestic and family violence or abuse.

These cards can assist their clients find safety and support; get to appointments; etc as they rebuild their lives.

We also continue to collect spare mobile phones which are cleaned and provided free to domestic violence survivors.

Let us know if you have spare phones or wish to donate towards the cost of re-purposing phones.



This is part of an ongoing program to support Domestic Violence Agencies and demonstrate *Rotary Says No to Domestic Violence*.



Say **YES** to Respectful Relationships www.WalkForRespect.au

Walk for Respect in this peaceful parade

An educational walk offering our South Australian community a chance to connect and gain an insight into key signs of Domestic Violence & Coercive Control that surround us.

Saturday 14 September 2024

from 9am - Meet in Victoria Square from 10am - the walk starts 1.2km along King William Street

10.30am - Arrive at the Elder Park Rotunda

from 10.30 to 11am - Inspirational presentations

11am to Noon - Mingle | Coffee | Food | Displays

Visit www.WalkForRespect.au to learn more and connect with survivors of Domestic Violence and local support groups.

Register to walk - FREE



On the day, choose the group you want to walk with when you arrive in Victoria Square

2024 Walk for Respect









Rotary Youth Program of Enrichment

ROTARY YOUTH PROGRAM OF ENRICHMENT (2024) For young people, aged 14-17

RYPEN is a three-day residential program of enrichment for young people aged 14 to 17.

The program aims to provide opportunities for young people to develop important life-skills, and to assist them to progress their communication and leadership skills through a range of formal and informal activities.

Activities

Ice-breakers

- Participants take part in a range of activities including:
 - Comedy skits
- Discussion forums
- Personal Development
- Workshops
- Small group work
- Career expos
- Experienced young facilitators will support and encourage participants in the program to develop their:
- Public speaking skills

Teamwork

- Self-care and resilience
 Problem-solving Skills
- Goal setting

Communication skills

- Beliefs and values

RYPEN'S focus is on assisting young people to become active and valuable members of society, and to develop their abilities as potential leaders.

Participants can seize the opportunity to develop leadership, communication and problem-solving skills, practice new behaviours, forge life-long friendships and challenge their personal belief systems and values.

Who is Eligible?

RYPEN is open to all young people aged 14 to 17 years who have an ambition to improve their interpersonal and leadership skills.

Details in Brief

- When / Where: RYPEN is held at Nunyara Conference Centre between Fri 1 Nov and Sun 3 Nov 2024.
- How to register: Any young person aged 14-17 can register their interest at www.rypen9510.org
- Applications are due: Monday 14 October 2024.
- RYPEN costs: Around \$425, but most young people will attend at no cost, fully sponsored by Rotary. Rotary Clubs may request a \$50 holding deposit which is fully refundable when the young person attends RYPEN.
- School involvement: Encourage young people to apply. Once a young person registers, Rotary finds a local Rotary Club to sponsor the applicant.
- Rotary involvement: Based on each applicant's registration details, their local Rotary Club will contact the student directly. The club may interview the applicant and ask to interview the applicant.
- Child Protection: RYPEN facilitators are aged between 19 and 24, have attended Rotary leadership training, have their Working With Children Check (WWCC) and have been vetted for suitability by Rotary.

THE WORLD NEEDS MORE

#ROTARIANS

For more information, email Kevin at: kevinoneil.rypen9510@gmail.com



RYPEN9510.ORG

FOR MORE INFORMATION AND TO APPLY









THE FOUR-WAY TEST OF THE THINGS we think, say, or do:

IS IT THE TRUTH?

IS IT FAIR TO ALL CONCERNED?

WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?

WILL IT BE BENEFICIAL TO ALL CONCERNED?



BIRTHDAYS















DIARY DATES

Sunday 30th June



Our club Changeover will be held on Sunday 30th June at Lochend Community Hall, Lochend Drive, Campbelltown at 2.30PM. Cost: \$30.00 per head. Rsvp: Alison – <u>alisonlynch69@gmail.com</u> by 20JUN.

> **DISTRICT CHANGEOVER MORNING TEA – 10.00AM** Fogolar Furlan, 69 Briar Road, Felixstowe. \$50 per head.

CHANGEOVER HIGH TEA – 2.00pm for 2.30PM

- Tuesday 2 July
- **CLUB MEETING 1257 7AM** Heccies, 31 Fisher St, Magill Induction of Suzette Coat
- **VETERANS LUNCH 12 Noon** 8 Lorne Avenue, Magill.

CLUB MEETING 1258 – 7AM Heccies, 31 Fisher St, Magill

Sunday 7 July

Tuesday 9 July

Wednesday 10 July

Friday 12 July

MAGILL RSL SCHNITZEL NIGHT – 6.00PM 8 Lorne Avenue, Magill.

BOARD MEETING – 6PM for 6.30PM

"Dawn to Dusk Café" 67, Graves Street, Newton.

- Saturday 13 July MARKET SET UP – Members Only 2.00PM
- Sunday 14 July RCMS MARKET – 9AM-2.00PM Campbelltown Memorial Oval
- Tuesday 16 July **CLUB MEETING 1259 – 7AM** Heccies, 31 Fisher St, Magill
- Tuesday 30 July **COMBINED SERVICES DINNER 6PM for 6.30PM** Marche Club, 49 Gorge Road, Paradise

LIFT THE LID WALK FOR AUSTRALIAN ROTARY HEALTH



The Rotary Clubs of Magill Sunrise and Campbelltown will host their annual LIFT THE LID WALK on Sunday 13th October 2024!

Help us Lift the Lid on Mental Illness by walking with us! The walk is 5km, starting from Campbelltown Memorial Oval, Corner of Darley and Lower North East Roads, linking to nearby River Torrens Linear Park and returning to Campbelltown Memorial Oval.

Registration is now OPEN! www.liftthelidwalk.com.au/campbelltown



LIFT FOR MENTAL THE LID WALK LID on mental illness

The Rotary Clubs of Magill Sunrise and Campbelltown, SA are hosting a Lift the Lid Walk in Campbelltown on Sunday 13th October 2024

Raise awareness of mental illness and help fund mental health research











Campbelltown Memorial Oval



Times:

8.00am - on the day registrations open 8.30am - official welcome 9.00am - walk starts (at your own pace)



Registrations:

\$30 early-bird registrations receive a FREE T-shirt; Kids under15 FREE! (no shirt) Walkers also receive a free sausage or vegetarian equivalent after the walk.

Walk Details:

A 5km circuit from Campbelltown Memorial Oval (Darley & Lower NE Road, Paradise); along the nearby River Torrens Linear Park and returning to the starting point. Support a great cause - and stay on to enjoy the Magill Sunrise Markets afterwards

Bet Gebert Contact: 0429 148 143 Ph: E: bettygebert17@gmail.com Sponsorship opportunities available

Rotary Districts of Australia



MALLAN A BIG SHOUT OUT AND THANKS TO THE ST AGNES **CHIROPRACTIC CENTRE FOR TAKING OUT A BRONZE SPONSORSHIP FOR THE "LIFT THE LID WALK"** TO HELP COMBAT MENTAL HEALTH ILLNESSES.



If your back is crying out for help then give the St Agnes Chiropractic Centre a call on 8265-1244.





MEETINGS FOR MAKEUPS

Please check with the club before attending.

Monday

Campbelltown: 0407 724 699 - 6.30pm - San Giorgio Club, Henry St, Payneham

Tuesday

St Peters: 0493 281 503 - 6.15pm - Kensi Hotel, 23 Regent St, Kensington

Kent Town: 0433 387 082 - 6.30pm - Lord Melbourne Hotel, 63 Melbourne St, North Adelaide

Wednesdays

Eastwood: 0416 367 289 7.15am – 1st & 3rd Wednesday: Adelaide Royal Coach, 24 Dequetteville Tce, Kent Town

Norwood: 0412 305 660 6.30pm - 1st & 3rd Wednesdays: Kensi Hotel, 23 Regent St, Kensington

Burnside: 0401 627 339 6:30pm - 2nd & 4th Wednesdays: Kensi Hotel, 23 Regent St, Kensington

Morialta: 0497 159 737 6.30pm - Tower Hotel, Cnr St Bernards & Magill Rds, Magill

CONTACT US

MAGILL SUNRISE ROTARY CLUB

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VOICE OF ROTARY facebook.com/voiceofrotary

ROTARY DISTRICT 9510 rotary9510.org



In the spirit of reconciliation, the Rotary Club of Magill Sunrise acknowledges the Traditional Owners of the land where we serve the community, the Kaurna people of Tandanya, and we pay our respects to their Elders past and present.





SECRETARY Colin Hill

