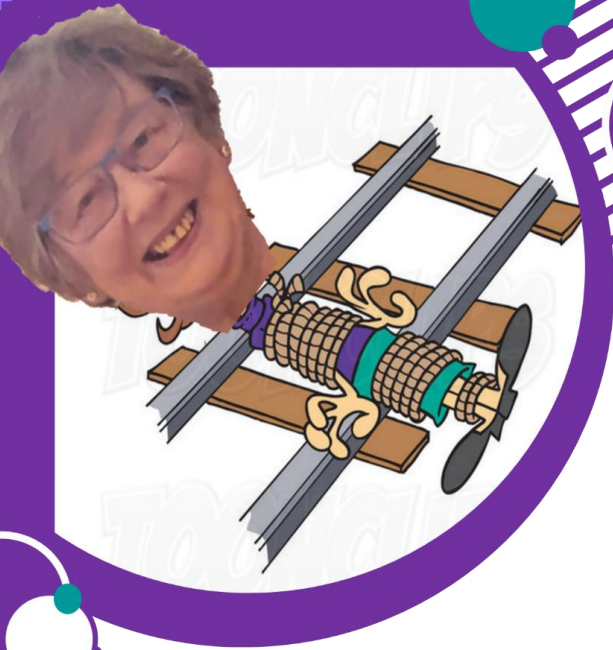




THE PERILS OF PAULINE

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Welcome guest speaker Tracy Johnstone and Honorary Member Anne Cole



PRESIDENT'S REPORT



Rotary is a community-driven organisation made up of a group of like-minded people who leverage their networks, skills and expertise to create community impact.

Membership in Rotary is open to all who are interested in making our community and the world a better place for all and in making new friends.

The Rotary Club of Magill Sunrise is inclusive, fun, community minded and welcoming, so if you are looking for a change and a desire to help the community why not give us a try? You are welcome to come along to one of our breakfast meetings which are held at 7am at the Hectorville Sporting Club on the first three Tuesdays of the month.

Our monthly market held at the Campbelltown Memorial Oval on the second Sunday of the month is how we raise money for our Rotary projects. **Come along and check it out on the 9th of February.**

Money raised at the markets has been donated to the East Adelaide Domestic Violence Service, Hutt St Centre, Allkids, Vinnies, Puddle Jumpers, Operation Flinders, Shelter Box, Campbelltown ANZAC Community Project, Lirhanzo Children's Village, Australian Rotary Health, Epilepsy Australia and the RSL, to name just a few on our long list, making our community and the world a better place.

These days with the pressure of work and family commitments we understand that many are unable to join Rotary, but if you can give a couple of hours once a month at our market, we would greatly appreciate the help. Why not become **FRIENDS OF ROTARY** and volunteer with our club. Friends are people keen to help, but without the time to become full members of Rotary.

We welcome those who share our passion and invite you to contact our club on **0415 453 101.**



FOR THE DIARY

February Meetings

4th, 11th & 18th
First three Tuesdays
of the month

Next Club Meeting
1278

7am, 11th February 2025
Heccies
31 Fisher St, Magill
Club Contact:
Lindsay Davis 0415 453 101

Belinda & Ayelish:

Nature Education Centre

The Nature Education Centre is an Adelaide based not-for-profit organisation that provides a hands-on approach to learning about the environment with a particular focus on getting young people interested in the study of nature.



NATURE EDUCATION CENTRE

GUEST SPEAKER: TRACY JOHNSTONE



Tracy with Pres. Pauline

Our Guest Speaker this week was Tracy Johnstone, the Manager Community Services & Social Development for the City of Campbelltown .

Tracy has worked in local government for over 20 years, 14 with the City of Campbelltown and 6 at the City of Playford. Throughout her career she has worked in vocational education, reconciliation, community projects, volunteer management, youth development, ageing well, DVS and mental health all within a community development context.

Tracy's topic was Community Wellbeing Plan. Tracy told us that ideally, the City of Campbelltown should be a caring village and touched on three significant points, Our People, Our Place and Our Culture.

Subheading for Our People were Kindness, Neighbours and Connections. Tracy said that a sign of a strong community was the number of Service Clubs, of which there are many Campbelltown.

Our Place, embraced pride in our physical space (residents love the creeks and waterways of our city) as well as 'vibe'.

Our Culture can mean things like identity, creativity and understanding.

When speaking about Clubs and Groups, some of the items that Tracy addressed overlapped with our own concerns regarding falling and ageing members, the devastation brought on by Covid, recruiting and considering making changes in the way we do things so as to retain and recruit younger members.

She asked, "Where will we be in 5 years?"; a question that we have asked ourselves.

In conclusion Tracy introduced the Kindness Campaign which is soon to be launched by council. Tracy said that being kind is not all one-way traffic for the recipient, but it also benefits the giver by releasing oxytocin as well as lowering blood pressure and being good for the heart. Tracy said that kindness begins with a Smile. The Kindness Campaign will be asking each of us to come up with three ideas that will increase kindness.

Outside of work, Tracy loves Op-shopping and musical theatre and last year she achieved her goal of attending 100 different musical theatre shows and collecting her 100th teacup (op-shopping).

It's a pity that club member Alison Lynch could not attend the meeting to hear about Tracy's love of musical theatre. Perhaps they might bump into one another at Beauty and the Beast.

And on the topic of oxytocin, Tracy was expecting the birth of a granddaughter at the conclusion of the meeting.

Mark Thompson



QUIZ QUESTION

In 2024 Adelaide had just 346mm of rain for the year, which is not much more than half of the average 526mm.

Where does this rank in the record book of driest years for Adelaide?



Answer: Third.

The lowest was 1967 with 202.5mm followed by 2006 with 287.8mm. The next after 2024 is 2019 with just 12mm more than 2024.

In 2006 the average rainfall for Adelaide was stated as 558.2mm and is now stated as 526mm.

ICE BREAKER



Due to the very dry year, the Desalination Plant is finally getting a chance to run at capacity for the first time since it was completed in March 2013 at a cost of \$1.83B. The water it produces is on top of taking our usual allocation from the Murray.

Do you think we may have lost a focus on water saving initiatives in Adelaide since the Millenium Drought that caused the Desal Plant to be built? Although it has been controversial, what do you think of the Desal Plant's existence?

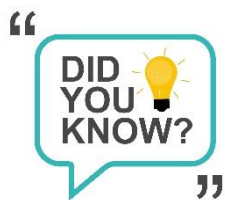
A few interesting points and questions were raised, such as the energy cost to run the plant? I originally answered about 3.5 kW/h (kilowatt hours) to make a KL (kilolitre, or 1,000 litres) of fresh water but then changed my mind to say that was for a litre. D'oh! I was right the first time. So, a kilolitre costs about \$1.75 to make at retail prices for power. However, now there are massive solar farms feeding the desal plant, so a portion of that energy cost is "free".

A concern was also raised about the increased salt in the outflows as our gulf is quite small and shallow. Apparently, this is mainly a problem when there is a dodge tide, so the outlet pipe, which is over 1 kilometre long, has specially designed ports that maximise mixing of the outlet water. There is also monitoring of marine life within 100M of the outlets – according to Wikipedia anyhow!

A question was also raised about whether we should have larger, or more, reservoirs. According to SA Water, our reservoirs hold about 200 GL (gigalitre, or 1 billion litres) in total, which is almost the annual water usage of Adelaide. In a typical year around 50% of Adelaide's water comes from the Murray, but this can vary between 10% and 80%. Therefore, current capacity is probably OK as they rarely fill from rainfall and always require Murray water.

Stormwater harvesting and sewage plant wastewater re-use was also mentioned. Only about 24GL of stormwater is harvested for re-use and about 74GL of treated wastewater is used (only about 36GL goes out to sea). It's estimated that about 20GL goes into rainwater tanks. Although that doesn't seem much, it's about half as much again of Adelaide's total water usage





PRESIDENT'S - "DID YOU KNOW?"

In October 1998 in the Democratic Republic of Congo a freak blast of lightning struck a football field mid- game tragically killing an entire football team and leaving the opposition team totally unscathed.



HAPPY BIRTHDAY MOLLY
ENJOY YOUR SPECIAL DAY



HISTORY OF THE ROTARY BELL

Posted by Ernest Hauser
on Nov 28, 2015

In 1922, U.S. Rotarians organised an attendance contest; the challenge was that the losing clubs would join in giving the winning club a prize. The Rotary Club of New York City was declared the winner and to them was awarded as a prize a bell from a popular patrol boat, which was placed on wood that came from HMS "Victory", Admiral Nelson's vessel at the battle of Trafalgar.

Since then, the bell used in Rotary meetings started to represent, as on the ships, order, discipline and the time to guide us through the weekly hour and a half meetings.

The bell informs us with its sound the beginning of the Rotary meeting, at which time people present should stand, same as at the end, in order to salute the national and Rotary flags.

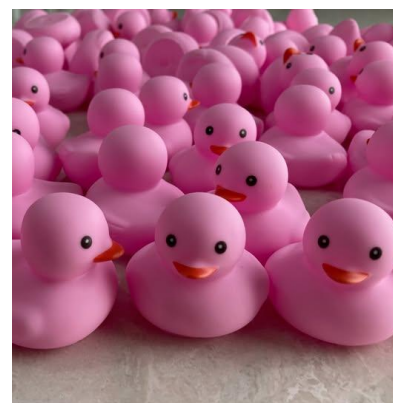
The gavel symbolises the authority invested in the Rotarian elected to the highest position in Rotary, and through him, reminds those present of his authority.

When presidents transmit their positions to their successors at the end of their mandate, they give the bell their last hit turning the gavel over to their successor, symbolizing the transfer of authority.



GREAT AUSTRALIA DAY DUCK RACE

The Great Australia Day Duck Race was held in Thorndon Park on January 26th by the Rotary Club of Morialta. The starting times were changed to beat the heat of the afternoon, but the event was well attended and once again a huge success. Congratulations to the RC of Morialta.



PUDDLE JUMPERS – BECAUSE KIDS MATTER

Puddle Jumpers Inc (PJs) is a non-profit, non-government organisation committed to responding to the social development needs of society's most vulnerable children and young people; priority of their work is reserved for children who do not live with their birth parents.

Jump over puddles

They aim to empower children to recognise and express their individual abilities, interests, and talents, and to provide each child and young person with a transformative opportunity to grow and develop their own capacities and competencies. They aim to build resilience in kids to enable them to believe in themselves, to believe that anything is possible and help them 'jump over puddles' that they have in their own lives.

Jump in all the puddles

PJs aim to enhance community cohesion, promote social inclusion, and encourage respect and tolerance for social diversity. They aim to provide opportunities for self-challenge and development and facilitate opportunities for new learning in a fun and safe atmosphere. They aim to share the happiness and adventure of being children and young people, and simply encourage kids to be kids, to 'jump in all the puddles'.

The Board of the Rotary Club of Magill Sunrise decided to donate to this worthy cause on behalf of the Club.





Certificate of Appreciation

This certificate is awarded to

Magill Sunrise
Rotary
Club




In recognition of your valuable support to
Puddle Jumpers Incorporated




Melanie Tate
CEO & Founder
December 2024

www.puddlejumpers.org.au
52 Pleasant Avenue
GLANDORE SA 5037






THE ROTARY CLUB OF CAMPBELLTOWN PRESENTS

A NIGHT IN VENICE

JOIN US FOR AN ENCHANTING MASQUERADE FILLED WITH THE MAGIC OF THE CARNIVAL IN VENICE!


1ST MARCH 2025 DOORS OPEN AT 6.30PM	THE MARCHE CLUB 49 GORGE ROAD PARADISE	\$75.00 PER PERSON 3 COURSE MEAL
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ENTERTAINMENT BY THE FLAMING SAMBUCAS

ALL PROCEEDS SUPPORT COWS FOR CAMBODIA, AN INITIATIVE BY SOUTH AUSSIE WITH COSI SUPPORTING CAMBODIAN COMMUNITIES.

Don't miss this unforgettable evening!

BOOK YOUR TICKETS ONLINE NOW WITH TRYBOOKING!
 SCAN THE QR CODE OR VISIT WWW.TRYBOOKING.COM/CXRWA






Congratulations Linday!

Market Roster - February 2025

	1st Shift 7am - 11am	9am to 12 noon	2nd Shift 11am - 3pm
Welcome/Raffle Table	Robyn / Alison		
Safety Check List	Colin		
Stall Allocation	Alison		
Social Media/Club Promotion	Greg		Simon
Assisting with Donuts	Lynne		Alison
Cook Donuts	Licaria		Molly (11.30am)
Orders	Ian		Lindsay
Cook Sausages & Onions	Graham		Mark
Cook B & E Sandwiches/Fritters	Simon		Greg
Server 1	Possible Meryl (8 - 11am)	Norwood HS Rowing team	Lynne
Server 2	Siony (9 - 11am)	2 students per hour	
Server 3		9am to 12 noon	
Float (Help where required)	Alison / Lindsay		Alison
Collect Stallholders Money			Ian
	Shift includes setup		Shift includes packup

Drinks & Nibbles : Ian & Suzette

Washing Towels & Aprons : Simon

SET UP FOR MARKET 2pm SATURDAY 8FEB – Members Only

This month we will be assisting the Norwood international High School Rowing Team who will be travelling to Malta in April to participate in a significant ANZAC Rowing competition, commemorating Malta's crucial support of ANZAC forces during World War I.

The competition will showcase athletic skill and students from Norwood International High School will join teams from around the world, celebrating history and forging new connections through the spirit of rowing. This experience will challenge them to perform for their country and allow the development of a deep understanding and appreciation of our Anzac history.



UPCOMING EVENTS

- Friday 07 February **MOONLIGHT MARKET - 5.30 – 9.30PM**
Thorndon Park, Hamilton Tce, Paradise
- Sunday 09 February **RC of MAGILL SUNRISE MONTHLY MARKET – 9.00am -2.00PM
AND REPAIR CAFE**
Campbelltown Memorial Oval
- Tuesday 11 February **CLUB MEETING 1278 – 7.00AM**
Heccies Sporting Club, Fisher St, Magill, 5072
Guest Speaker: Nature Education Centre
- Thursday 13 February **BOARD MEETING 6.00PM for 6.30PM**
Cafe V Bene, 636, Lower North East Rd, Campbelltown, 5074
- Friday 14 February **MAGILL RSL SCHNITZEL NIGHT – 6PM**
8 Lorne Avenue, Magill, 5072
Please advise if attending
- Tuesday 18 February **CLUB MEETING 1279 – 7.00AM**
Heccies Sporting Club, Fisher St, Magill, 5072
Martin Rowe - No to Domestic Violence
- Thursday 20th February **INTERNATIONAL COMMITTEE MEETING - 7PM**
At Godfrey's home 19 Glen Street, Crafers West, 5152
- Monday 24 February **PEACE POLE CEREMONY NIGHTINGALE PARK - 6.00PM**
Cnr St Bernards Road and Woodforde Avenue, Magill 5072
- Monday 24 February **INNER WHEEL 2 for 10 WALK - 6.30PM**
Felixstow Reserve
- Saturday 01 March **RCC – "A NIGHT IN VENICE" - 6.30PM**
The Marche Club, 49 Gorge Rd Paradise
\$75.00 per person
www.trybooking.com/CXRWA
- Sunday 16 March **CLASSICS ON THE PARK 10.00am – 2.00PM**
Thorndon Park
Hosted by RC of Campbelltown
Gold Coin Donation



**DON'T FORGET
NEXT ROTARY MARKET
Sunday 9th FEBRUARY
9.00AM – 2.00PM**

Campbelltown Memorial Oval



GROUP 3 CLUBS

Monday

Campbelltown: 0407 724 699 - 6.30pm San Giorgio Club, Henry St, Payneham
Coromandel Valley: 0431 012 142 – 6.30pm - 1st & 3rd Mon: St John's Anglican Parish Hall

Tuesday

Magill Sunrise: 0415 453 101 - 7.00am - 1st, 2nd & 3rd Tue: Hectorville Sporting Club, Magill
St Peters: 0493 281 503 - 6.15pm Kensi Hotel, 23 Regent St, Kensington
Blackwood: 0477 788 660 - 6.30pm - 1st & 3rd Tue: Blackwood RSL
Edwardstown: 0437 760 420 - 6.15pm - 1st & 3rd Tue: The Maid of Auckland Hotel
Unley: 0431 618 359 - 6.00pm – Living Choice, Fullarton

Wednesdays

Eastwood: 0416 367 289 - 7.00am – 1st & 3rd Wed: Royal Coach, 24 Dequetteville Tce, Kent Town
Norwood: 0412 305 660 - 6.30pm - 1st, 3rd & 5th Wed: Kensi Hotel, 23 Regent St, Kensington
Hyde Park: 0417 855 182 - 6.15pm - 2nd & 4th Wed: The Goody Hotel, Goodwood
Burnside: 0401 627 339 - 6:30pm - 2nd, 4th & 5th Wed: Kensi Hotel, 23 Regent St, Kensington
Mitcham: 0437 112 907 – 6.45pm The Edinburgh Hotel, Mitcham
Morialta: 0497 159 737 - 6.30pm Tower Hotel, Magill Rd Magill

Times stated are when the **GONG** is rung.

CONTACT US

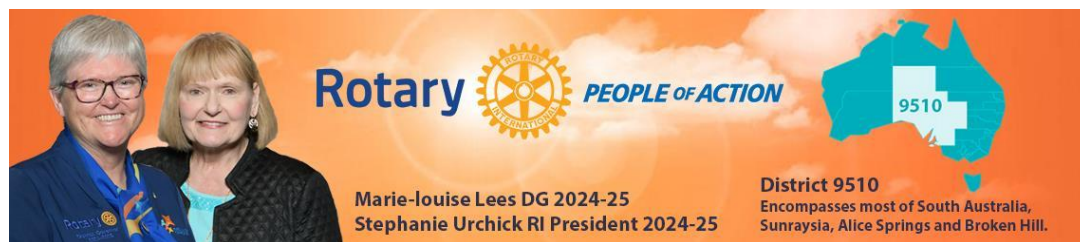
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Voice of Rotary

facebook.com/voiceofrotary

ROTARY DISTRICT 9510
rotary9510.org



PRESIDENT

Pauline Hill



SECRETARY

Simon Brewer



In the spirit of reconciliation, the Rotary Club of Magill Sunrise acknowledges the Traditional Owners of the land where we serve the community, the Kurna people of Tandanya, and we pay our respects to their Elders past and present.