



PAULINE'S PATHWAYS

MAGILL SUNRISE ROTARY CLUB

VOLUME 29 | ISSUE 04 | 1295 | 05AUG 2025

AUGUST IS MEMBERSHIP MONTH

Welcome to guest speaker Bronwyn Anderson.

PRESIDENT'S MESSAGE



At the beginning of your Rotary journey some one invited you to join a Rotary Club, and you accepted.

August is Rotary Membership Month — the perfect time to grow our club and celebrate what makes Rotary such a great global organisation.

This month I am going to ask you all to invite someone to come along to one of our meetings to see what makes us tick.

It could be a neighbour, your health professional, local shopkeepers, a member of your gym or church, a past member, a school teacher , local barista, work colleague - the list is endless.

Just ask.

Let them know joining a Rotary Club, preferably ours, opens the door to a world of opportunity, connection, and purpose.

I would like to think our club has a welcoming atmosphere which makes both members and potential members feel valued from day one and thereby creating a sense of belonging.

Our club offers meaningful service opportunities enabling members and volunteers to roll up their sleeves and make a real impact— locally and internationally. Our monthly market and Zimbabwe International Project spring to mind. It's a chance to personally make a difference.

Rotary is not all about work, we do get time to let our hair down and have enjoyable activities that foster friendship and camaraderie.

So please during this month I am encouraging you all to **JUST ASK** and let's see if we can grow our club.

Pauline

FOR THE DIARY

August Meetings

5th & 12th

First two Tuesdays of the month

7.00am

Heccies

31 Fisher St, Magill

Third Tuesday of the month

19th

6.00pm for 6.30pm

Tower Hotel

621 Magill Rd, Magill

Contact us

0415 453 101

Next Club Meeting

1296

12th August 2025

Guest Speakers

**Ian & Suzette Coat,
Di Clements**

Topic:

**Rotary Convention in
Calgary**



GUEST SPEAKER: BRONWYN ANDERSON



This week's guest speaker was Beyond Bank's Bronwyn Anderson

Bron is a Community Development Manager in SA for Beyond Bank, with more than 25 years of experience in the banking and finance industry.

Bron is also a recipient of the inaugural *Millennium3 Financial Services National Community Services Award*. She received this award for her charity bike ride through Cambodia bringing awareness and support for the intervention into human trafficking.

In addition following the loss of her baby niece, she is an advocate for pre-natal testing for Spinal Muscular Atrophy.

Bron is also 'one of us' and has been a member of the Rotary Club of Gawler Light for over 10 years; she is their current President and also a Paul Harris Fellow with two sapphires in recognition for her commitment to community, the club and the Rotary Foundation.

Outside of work and Rotary, Bron lives in the Barossa Valley, enjoys an occasional bike ride, holidays with her Mum, loves good food and good wine, especially a Barossa Shiraz!

After already hearing Bron's presentation on how Beyond Bank can support the club through fundraising, volunteering and sponsorship opportunities, and to connect with others who are passionate about community service, Lindsay (always on the lookout to make easy money) asked her to present to our club.

Beyond Bank (formerly CCP Credit Union) is 100% customer owned with all profits used to the benefit of customers. Balancing 'Purpose with Profit' is just one way to compete with the Big Four Banks and Beyond Bank was the first to be certified a 'B-Corp' Bank. This is a segway to 'Community Partners' of which there are over 6,000 throughout Australia. Organisations can apply to Beyond Bank to be part of the Community Awards Program. These awards are made each August. Since 2007 over \$27M has been gifted via the Beyond Bank Foundation.

When Beyond Bank Rewards Program can partner with an organisation to raise funds (For example, if a club targets \$5000 to raise in 48 hours), then Beyond Bank will match that amount. So far in 2025 Beyond Bank has matched \$440,000 in this manner with seventeen organisations.

Clubs and organisations can also set up Rewards Accounts. The more accounts that an organisation has then the more bonuses for that group. For example, with less than 10 members the rate on savings that goes to a club is 0.2%, but between 10 and 49 accounts then the bonus for the club increases to 0.4%.

Beyond Bank can also help an organisation with its marketing. Community Groups also receive special treatment and can call Bron and/or her team on their mobiles. Try that with the Big Four.

In order to make it to our breakfast meeting from her home in Tanunda, Bron had to get up before the birds, so thanks for your interesting and entertaining presentation.

Mark Thompson





DID YOU KNOW?

“Arachibutyrophobia” is the fear of peanut butter sticking to the roof of your mouth.

It’s common to be afraid of heights and scared of spiders, but if you have arachibutyrophobia, you’re among the smaller group of people that suffer from a fear of peanut butter sticking to the roof of their mouths. This phobia is often connected to a fear of choking or a fear of sticky textures, but it can also be its own isolated fear.



Congratulations Alison on your new, very blue car.





Icebreaker

What is your favourite cuisine? Do you have a favourite dish? Or restaurant?

Bron - Vietnamese, at fermentAsian (restaurant uses homegrown produce!)

Greg - schnitty, esp. from the Stanley Bridge Tavern

Lindsay - seafood

Godfrey - hot pot from Hot-Spicy Kitchen near the Central Markets

Mark - Asian dishes, but Indian only *sometimes*

Molly - Lebanese, esp. Zayt and Zaatar (I have since learnt that unfortunately the Campbelltown shop has closed 😞)

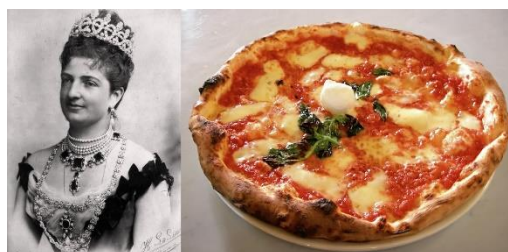


Quiz Question

Does anyone know who for or why the Margherita pizza was created?

Mark correctly guessed it was for Queen Margherita, and I was able to add that it was invented in June 1889, when the Royal Palace of Capodimonte commissioned the Neapolitan pizzaiolo (pizza chef) Raffaele Esposito to create a pizza in honour of visiting Queen Margherita, and he made one that had all the colours of the Italian flag - tomato for red, basil for green, and mozzarella for white!

There was some doubt that this legend was true in regards to the timing of when the flag was created but we were able to confirm the Italian tricolour flag was established before 1889.



SOCIAL NIGHT RC of MORIALTA AND RC of MAGILL SUNRISE

A social night on Wednesday 30 July at the Café Brunelli Glynde was the chance for two Rotary clubs to bond, share ideas and enjoy each other's company over a meal.



RARE

ROTARY AUSTRALIA REPURPOSING EQUIPMENT

FORMERLY DONATIONS IN KIND (DIK)

RAWCS CENTRAL OPEN DAY

RARE WORKING BEE

Learn about RAWCs while enjoying a delicious BBQ

SUNDAY 26th October 2025

Follow the signs from Taranaki Road Edinburgh Parks

Start at 9:30am until Lunch starts at 12 noon.

BBQ lunch cooked by our District Governor

Register at <https://rotaryaustraliarepurposing.equipment/wb/>



APPLICATIONS FOR ROTARY YOUTH LEADERSHIP AWARD OPEN

HOW SHOULD I APPLY

Registrations for year's RYLA are now open. There are a limited number of places. Scan the QR code to register your interest in attending.

1

2 You can directly contact a Rotary club in your area. Alternatively, email ryla@rotary9510.org with your suburb and we can help put you in contact with your local rotary club.

Applications close on 15th August



RYLA9510.org

HOW MUCH WILL RYLA COST?

RYLA participation is fully funded by Rotary clubs, covering your attendance cost through individual sponsorships.

If a Rotary club you know has agreed to sponsor you, your spot at RYLA is secured. Just list the club during registration.

If you don't have a sponsor, the organising committee will find a Rotary club to sponsor you. Your attendance will be confirmed once a club has agreed to cover your attendance.

A fully sponsored Rotary Program



DISCOVER YOUR LEADERSHIP POTENTIAL

Empower. Lead. Inspire.

Rotary  **Rotary Youth Leadership Award**
District 9510

What is RYLA?

The Rotary Youth Leadership Awards (RYLA) is a 7-day residential seminar for youth aged 19-26.

RYLA empowers young individuals through exposure to a range of qualified professional speakers and group activities.

It also enables participants to network and form friendships with a diverse range of like-minded youth, including those from an international background.

WHAT WILL YOU GAIN AND LEARN?

- Leadership and Personality Styles
- Teamwork and Communication
- Networking & Public Speaking
- Conflict Management
- Personal Reflection and Self-Understanding





WHO SHOULD ATTEND RYLA?

19 - 26 year olds displaying leadership potential within areas of their life such as workplaces, communities, sports teams, studies, who have not previously attended RYLA.

RYLA9510.org

RYLA is a seven-day residential leadership seminar. Young adults between the ages of 19 and 26 years keen to exercise their leadership potential participate in a range of formal and informal activities, which promote leadership skills as desirable qualities.

RYLA's focus is on assisting young people to develop their abilities as leaders, and to encourage them to reach their full potential as valuable members of society.

Participants can seize the opportunity to develop leadership, communication and problem-solving skills, can practice new behaviours, forge life-long friends and challenge their personal belief systems and values.

APPLY NOW, or contact Molly Sweeney at milo180328@gmail.com

APPLICATIONS FOR ROTARY YOUTH PROGRAM OF ENRICHMENT OPEN UNTIL 28JULY

HOW SHOULD I APPLY?

1 Registrations for this year's RYPEN are now open. There are a limited number of places.

Either scan the QR code to register your interest in attending:



2 Or you can directly contact a Rotary club in your area.

Alternatively, email rypen@rotary9510.org with your suburb and we can help put you in contact with your local rotary club.

APPLICATIONS CLOSE ON 28TH JULY!

rypen9510.org

HOW MUCH WILL RYPEN COST?

RYPEN participation is fully funded by Rotary clubs, covering your attendance cost through individual sponsorships.

If a Rotary club you know has agreed to sponsor you, your spot at RYPEN is secured. Just list the club during registration.

If you don't have a sponsor, the organising committee will find a Rotary club to sponsor you. Your attendance will be confirmed once a club has agreed to cover your attendance.

A fully sponsored Rotary Program



DISCOVER YOUR POTENTIAL

Fun, Friends & Fellowship!



Rotary Youth Program of Enrichment



ABOUT RYPEN

RYPEN is a Rotary sponsored 3-day residential program held each year. It provides a group of young people aged 14-17 an opportunity to develop self-awareness and valuable leadership skills.

Participants attend informative session on a variety of subjects to enrich and develop an array of skills for their future success.

A unique opportunity to develop lifelong friendships and life skills. Apply for RYPEN today and find out just how worthwhile and life-changing this experience is.

WHAT WILL YOU LEARN?

RESILIENCE, TEAMWORK, COMMUNICATION, PROBLEM SOLVING & SELF CARE

GIVE YOU A NETWORK OF FRIENDS FOR THE REST OF YOUR LIFE

EXPLORING CORE VALUES AND SETTING GOALS

DEVELOP SKILLS THAT WILL BE INVALUABLE AS YOU DEVELOP YOUR CAREER AND LIFE

WHO SHOULD ATTEND RYPEN?

14 - 17 year olds displaying leadership potential within areas of their life such as workplaces, communities, sports teams, studies, who have not previously attended RYPEN.

rypen9510.org



Rotary Youth Program of Enrichment (RYPEN) provides a group of young people aged 14-17 an opportunity to develop valuable leadership skills.

This weekend long program will see you engage with like-minded people while having fun and learning new skills in areas such as problem-solving and public speaking.

APPLY NOW, or contact Molly Sweeney at milo180328@gmail.com



HECCIES WELLBEING WALKERS



A walking group for men to connect, talk, and support each other through life's challenges.

The best conversations don't always happen face to face – they happen side by side.

WHEN: Sundays 7.00am – 8.00am

WHERE: Rotating locations across Adelaide

WEEK 1: Hectorville Sports and Community Club
Sunday 17th AUGUST

DONATION: Gold Coin

Donations to go to the Morialta Community Shed and Children's Cancer Institute of Australia.

No pressure. No expectations. Just real talk, fresh air, and good blokes doing something good for themselves and others.

Market Roster - August 2025

	1st Shift 7am - 11am	2nd Shift 11am - 3pm
Welcome Table / International Project	Alison / Suzette	Suzette
Safety Check List	Greg	
Stall Allocation	Alison	
Social Media/Club Promotion	Greg	Simon
Assisting with Donuts	Lindsay	Alison / Simon / Ian
Cook Donuts	Melissa	Alison / Simon / Ian
Orders	Ian	Lindsay
Cook Sausages & Onions	Graham	Mark
Cook B & E Sandwiches/Fritters	Simon	Greg
Server 1	Meryl (9am to 11am)	Alison / Simon / Ian
Server 2	Molly	
Server 3	Chiara	
Float (Help where required)	Robyn	
Collect Stallholders Money		Ian
	Shift includes setup	Shift includes pickup

Drinks & Nibbles : Mark

Washing Towels & Aprons : Ian & Suzette



Rotary
Club of Lightsview



Presents

Disney Quiz Night

August 23
2025



St Pius X School

BYO Food & Drinks

\$25 per ticket
Tables of 10 \$200
Book through Humanitix

6 PM - 11PM
QUIZ TO START @630PM

Cheese Platters
available to order with tickets
Prizes, raffles & games



BLASTS FROM THE PAST



ARH Hat Day



Charter members 1200th meeting



First Aid Training



 ShelterBox

25TH

ANNIVERSARY DINNER

Dance

SCAN FOR TICKETS



OR VISIT:
bit.ly/aba25dance

SAT 6TH SEPT
6:30PM

INDIVIDUAL TICKETS: \$75
TABLE OF 10: \$700

**WHERE: SAN GIORGIO CLUB,
11 HENRY STREET PAYNEHAM**

LIVE MUSIC BY BAND NO 2 WAYS	SEEKING CONTRIBUTIONS FOR: RAFFLE AUCTIONS WINE WALL CONTACT MARGARET: 0418830343
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PROUDLY HOSTED BY Rotary 
Club of Campbelltown

Please see Alison if you wish to attend or email her at alisonlynch69@gmail.com



Health Of
The River



AUSTRALIAN
LANDSCAPE
TRUST

“HEALTH OF THE RIVER” 2025 ROTARY YOUTH FORUM

MONDAY 15th – FRIDAY 19th September, 2025

CALPERUM STATION, Renmark, South Australia

OPEN TO YEAR 9 and 10 STUDENTS

Are you curious about the Natural World ?

Are you interested in Ecology and the Environment?

Are you interested in protecting the Environment?



This 5 day forum provides hands on learning and mentoring from specialist ecologists and researchers on a working conservation and research property, with an emphasis on “River Health”

Supported by Rotary Clubs, the forum provides transport, accommodation, meals and exceptional learning experiences.

Activities will include a focus on sustainable water management and irrigation practices, salinity issues and environmental flows, conservation, land degradation and rehabilitation and more.

<https://rotary9510.org/sitepage/youth/health-of-the-river-forum>

Cost: \$700 (paid by a local Rotary Club)

Please note that a \$50 deposit from the student is required.

This will be refunded on completion of the program.

Enquiries: Registrar Cathy Cameron Ph: 0408 951 958

E: healthoftheriver@rotary9510.org

Date: 10 April 2025



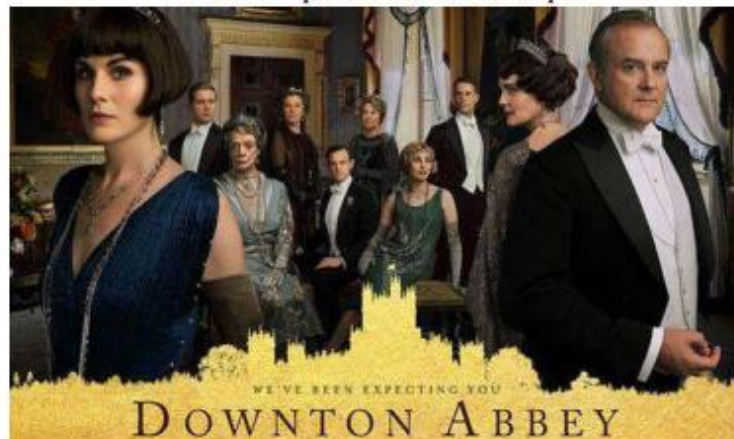
SAVE THE DATE

Australian Rotary Health movie fundraiser

28th September 2025

*The Regal Cinema, Kensington Road
Kensington Park*

Arrive 1.30pm for movie at 2.30pm



Though scant details of the new film have been released, it's likely the action will pick up when *A New Era* left off, particularly as it has been revealed that Dominic West will be reprising his role as the actor Guy Dexter, last seen riding off into the sunset with butler Thomas by his side. The marriage of Lady Mary and Henry Talbot was on the rocks in the last film, and though she didn't stray, his absence points to a divorce or estrangement in this new film. Meanwhile, the family will be adjusting to life without their great matriarch, Lady Violet, and we might also see some of the children growing up and getting up to mischief.

All funds raised will be donated to

Australian Rotary Health mental health research

Rotary
Districts of Australia




Rotary
District 9510





**PRESS TO RETURN
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Rotary
District 9510



says **NO** to
**DOMESTIC
VIOLENCE**



Say **YES** to Respectful Relationships

www.WalkForRespect.au

Walk for Respect in this peaceful parade

An educational walk offering our South Australian community a chance to connect and gain an insight into key signs of Domestic Violence & Coercive Control that surround us.

Saturday 11 October 2025

from 9am - Meet in Victoria Square

from 10am - the 1.2km walk starts along King William Street

10.30am - Arrive at the Elder Park Rotunda

from 10.30 to 11am - Inspirational presentations

11am to Noon - Mingle | Coffee | Food | Displays

Visit www.WalkForRespect.au to learn more and connect with survivors of Domestic Violence and local support groups.



Register to walk - FREE

On the day, choose the group you want to walk with when you arrive in Victoria Square

Peacefully Unite to Show Support

<https://c.planetreg.au/2025-Rotary-Walk-For-Respect-Individual-Registrations>

Register Today!



**2025
Walk for Respect**



project partners



Care Package Household Items Drop Off Day



Come to the 2025 walk with even more purpose - help a survivor of Domestic Violence set-up a new life as we prepare emergency relief home Care Packs with our charity partners.



UPCOMING EVENTS

- Friday 8 AUG **MAGILL RSL SCHNITZEL NIGHT – 5.30PM**
8 Lorne Avenue, Magill
Dinner will be served from 5.30pm and the “Ode” will now be conducted at 7.00PM during the winter months.
- Sunday 10 AUG **RCMS MONTHLY MARKET 9.00AM – 2.00PM**
Campbelltown Memorial Oval
- Tuesday 12 AUG **CLUB MEETING 1296 – 7.00AM**
Heccies Sporting Club
Guest Speaker: Ian & Suzette Coat, Di Clements
RI Convention Calgary
- Tuesday 19 AUG **CLUB MEETING 1297 – 6.00PM for 6.30PM**
Tower Hotel
Guest Speaker: Katja Hogendoorn
Bee Hotels
- Saturday 23 AUG **DISNEY QUIZ NIGHT – RC of LIGHTSVIEW**
St Pious X School - 6PM-11PM
\$25.00 per head
- Saturday 06 SSEP **SHELTERBOX 25th ANNIVERSARY DINNER DANCE – 6.30PM**
San Giorgio Club, 11 Henry Street, Payneham
\$75.00 per head
Contact Alison to book.
- Sunday 28SEP **ARH MOVIE FUND RAISER**
Regal Theatre at 1.30PM
Film: Downton Abbey
- Sunday 11OCT **WALK FOR RESPECT 2025**
9AM from Victoria Square - Say No to Domestic Violence
- Sunday 26 OCT **RARE WORKING BEE & BBQ – 9.30AM**
Follow the signs from Taranaki Rd, Edinburgh Parks
BBQ Lunch cooked by District Governor
- Friday 31 OCT **THE BIG SCARY QUIZ NIGHT - 6.30PM for 7.00PM**
Hectorville Community Centre – Reid Ave Hectorville.
\$20.00 per head. Money raised will be for the Lirhanzo Project.
Bring your own liquid concoctions and eye of newt nibbles



Happy Halloween



GROUP 3 CLUBS

Monday

Campbelltown: 0407 724 699 - 6.30pm

San Giorgio Club, Henry St, Payneham

Coromandel Valley: 0431 012 142 – 6.30pm - 1st & 3rd Mon St John’s Anglican Parish Hall

Tuesday

Magill Sunrise: 0415 453 101 - 7.00am - 1st, 2nd

Hectorville Sporting Club, Magill

NEW!!! 6.30pm 3rd Tue

Tower Hotel, Magill

St Peters: 0493 281 503 - 6.00pm

Kensi Hotel, 23 Regent St, Kensington

Blackwood: 0477 788 660 - 6.30pm - 1st & 3rd Tue

Blackwood RSL

Edwardstown: 0437 760 420 - 6.15pm - 1st & 3rd Tue

The Maid of Auckland Hotel

Unley: 0431 618 359 - 6.00pm

Living Choice, Fullarton

Wednesdays

Eastwood: 0416 367 289 - 7.00am – 1st & 3rd Wed

Royal Coach, 24 Dequetteville Tce, Kent Town

Norwood: 0412 305 660 - 6.30pm - 1st, 3rd & 5th Wed

Kensi Hotel, 23 Regent St, Kensington

Hyde Park: 0417 855 182 - 6.15pm - 2nd & 4th Wed

The Goody Hotel, Goodwood

Burnside: 0401 627 339 - 6:30pm - 2nd, 4th & 5th Wed

Kensi Hotel, 23 Regent St, Kensington

Mitcham: 0437 112 907 – 6.45pm

The Edinburgh Hotel, Mitcham

Morialta: 0497 159 737 - 6.30pm – 2nd & 4th Wed

Tower Hotel, Magill Rd Magill

Flagstaff Hill: 0412 330 803 - 6.30pm – 2nd & 4th Wed

Flagstaff Community Centre

CONTACT US

Magill Sunrise Rotary Club



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Voice of Rotary

www.facebook.com/voiceofrotary | ROTARY DISTRICT 9510 | www.rotary9510.org

Rotary | Service Above Self

Rajeev Kamineni DG 2025-26
Francesco Arezzo RI President 2025-26

District 9510
Encompasses most of South Australia,
Sunraysia, Alice Springs and Broken Hill.

In the spirit of reconciliation, the Rotary Club of Magill Sunrise acknowledges the Traditional Owners of the land where we serve the community, the Kaurna people of Tandanya, and we pay our respects to their Elders past and present.

