



# PAULINE'S PATHWAYS

## MAGILL SUNRISE ROTARY CLUB

VOLUME 29, ISSUE 24, Meeting 1315 03MAR2026



### MARCH- Water, Sanitation, and Hygiene Month.

Welcome to Brian Harris, Katie Rogers and Anne Cole.

### PRESIDENT'S MESSAGE



This year's Footy Tipping Competition isn't just about bragging rights — it's about making a real difference. By taking part, you're supporting **ShelterBox**, one of Rotary's most trusted global partners, and helping families rebuild their lives after disaster.

ShelterBox provides **emergency shelter and essential tools** to people who have lost everything to conflict or natural disaster. Their teams work in some of

the world's hardest-to-reach places, delivering items such as: **Shelter tents** that become temporary homes  
**Water purification** equipment to keep families safe  
**Solar lights** for communities without power  
**Thermal blankets, tools, and cooking sets** to help families start again

ShelterBox focuses on immediate relief.

#### How You Can Help (and Have Fun Doing It!)

By joining the Rotary Club of Magill Sunrise Footy Tipping Competition, you're doing two things at once:  
**Enjoying the footy season** with friendly rivalry and weekly tipping fun  
**Supporting ShelterBox**, ensuring more families receive life-saving shelter after disaster. It's a simple way to turn your love of footy into something genuinely meaningful.

#### Be Part of Something Good

We'd love to have you on board. Get your tips in, challenge your mates, and help us make a real impact this season. Every participant strengthens our support for ShelterBox — and you might just earn those all-important bragging rights!  
The season kicks off this Thursday so sign up **NOW!!** Your \$30.00 will go a long way.

Pauline

### FOR THE DIARY

#### MARCH MEETINGS

3<sup>rd</sup>, 10<sup>th</sup>

7.00am

Heccies

31 Fisher St, Magill

**Third Tuesday of the month  
17<sup>th</sup>**

**6.00pm for 6.30pm**

**Tower Hotel**

**621 Magill Rd, Magill**

Contact us

**0415 453 101**

#### **Next Club Meeting**

**1316**

**10 MARCH 2026**

**Guest Speaker: Paul Reynolds**

**Topic: Buying Power for Not- for Profits.**



## GUEST SPEAKER: BRIAN HARRIS & KATIE ROGERS



### JOINING GENERATIONS

Magill Sunrise Rotary members were treated to an insightful and inspiring presentation from **Brian Harris** and **Katie Rogers** on the power of intergenerational connections through the *Joining Generations* program.

Brian, a retired school principal and local retirement village resident, reflected on ageing saying. “I am old — but I am not irrelevant”, noting that while he may be a slower walker these days, his brain remains very active.

His light-hearted self-deprecating comments illustrated how deeply ageism is embedded in society.

Whilst we live in an intergenerational community, generations are often less connected than ever before. Increasing social isolation, loneliness, ageism and digital exclusion affect both older and younger Australians. Statistics show that around **one in four Australians aged over 65 reports feeling lonely, while more than one in five of young people aged 15–24 also experience loneliness.**

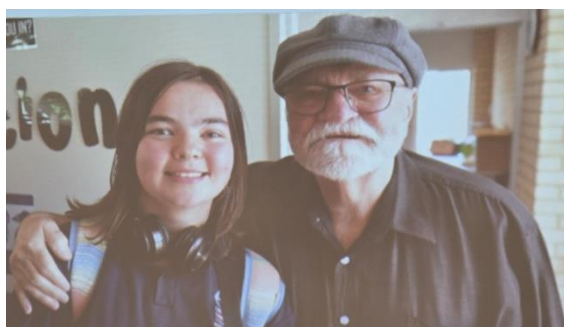
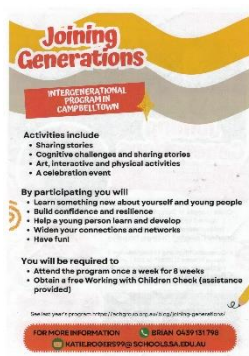
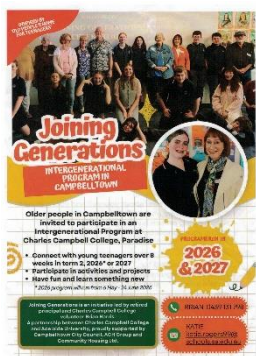
Programs that bring generations together can therefore play a powerful role in strengthening community wellbeing.

Inspired by the ABC series *Old People’s Home for Teenagers*, Brian initiated a pilot program last year that brought together a small group of older residents with high school students. The program aims to build mutual understanding, reduce stereotypes and foster meaningful relationships between generations.

Katie Rogers, Pastoral Care Worker at **Charles Campbell College**, explained how the school identifies students who would benefit from stronger relationship skills and mentoring. She works closely with Brian, Campbelltown City Council’s Ageing Well team, Adelaide University researchers and local volunteers to deliver the initiative.

Feedback from the first program was overwhelmingly positive, with many participants forming genuine friendships and deeper mutual understanding.

The next **eight-week Joining Generations program begins on Wednesday 6 May**, and Brian is seeking additional older volunteers to participate — an opportunity for community members to share experiences, build connections and help young people discover their sense of purpose. (See full flyer in this Bulletin)



Brian and student

Sergent Lynne



Quiz Question

What is the Body's Smallest Organ?

**Answer:** The smallest organ in the human body is located in a place you'd never think to look — the brain. The **pineal gland**, named after its pinecone-like appearance, is in charge of regulating our circadian rhythm by secreting melatonin. The Greek physician Galen originally named the pineal gland in the second century CE, and believed it regulated the flow of "psychic pneuma." Descartes elaborated on the pineal gland's function in the early 17th century, believing it was the point of contact where the soul met the body and was primarily where thoughts were formed. The gland's true powers weren't discovered until 1958.

ice-BREAKER



Icebreaker

Are you more productive at night or in the morning? Do you think it's possible to change and get used to another schedule?

Across the board it seems none were prepared to change and get used to another schedule, but we did find out who were the night owls and who were the early birds.

The Early Birds

Greg, Colin, Ian, Alison, Anne and Rob

The Night Owls

Simon, Lindsay, Pauline, Suzette, Katie, Brian and Lynne

IT'S ON AGAIN THIS SUNDAY



ROTARY MONTHLY MARKET

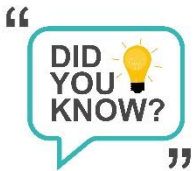
SUNDAY 08 MARCH 9.00AM – 2.00PM  
Campbeltown Memorial Oval

Hope to see you all there





**PRESIDENT'S 'DID YOU KNOW'**



**Kleenex tissues were originally intended for gas masks**

This is one of the cool everyday things actually designed for World War I. Kimberly-Clark developed a thin, flat crepe paper to be used as a filter in gas masks during the war. Afterward, in 1924, the company redeveloped the material to be smoother and softer, and rebranded it as Kleenex, a facial tissue to help remove cold cream. People found another use for them—to blow into when sneezing—and in the 1930s, the brand positioned the product as the handkerchief you can throw away!



**Market Roster - March 2026**

	<b>1st Shift 7am - 11am</b>	<b>2nd Shift 11am - 3pm</b>
Welcome table	Robyn / Cathie (Probus)	Suzette / Angela
Safety Check List	Colin	
Stall Allocation	Alison / Robyn	
Social Media/Club Promotion	Lindsay	Simon
Cook Donuts	Alison / Lynne	Simon
Orders	Ian	Ian / Alison
Cook Sausages & Onions	Graham	Kaylene (Pauline's sister) / Alison
Cook B & E Sandwiches/Fritters	Simon	Lindsay
Server 1	Licaria	Kaylene (Pauline's sister)
Server 2	Maureen (Probus)	Karen (Pauline's sister)
Server 3		
Float (Help where required)	Lindsay	Suzette
Collect Stallholders Money		Ian
	Shift includes setup	Shift includes pickup

**Drinks & Nibbles : Ian & Suzette**

**Washing Towels & Aprons : Pauline & Colin**



## FOOTY TIPPING 2026

### GOOD NEWS.

2026 is the year you can make your mark, plus win prizes, fame and glory.

Half the entry fee goes to **SHELTERBOX AUSTRALIA** - aiding disaster relief.

The competition is fun ... and it's really simple to pick winners.

**MATCHES START SOON** – so sign-up members, family, friends, colleagues **ASAP**.



Rotary District 9510

**FOOTY TIPPING 2026**

ShelterBox AUSTRALIA

**THE 2026 AFL FOOTY SEASON IS JUST AROUND THE CORNER, SO SIGN UP NOW TO BE PART OF THE FUN OF FOOTY TIPPING 2026**

**Entry for the Rotary Footy Tipping competition is only \$30.00 !**  
 Half is donated to ShelterBox Australia supporting communities in crisis.  
 All remaining funds used for prizes. You win both ways!

- Open to anyone - Rotarians, family, friends, alumni, pets etc.
- There are weekly cash prizes plus bragging rights
- Major end-of-season prizes are set once the number of participants is known
- Tipping is super-simple and you don't need to be a footy expert

**How To Join The Fun:**

- If you participated last year, sign in at [footytips.com.au](http://footytips.com.au) OR
- If you're new, sign up at [footytips.com.au/comps/D9510](http://footytips.com.au/comps/D9510) (password: Rotary) OR
- Send an email to [footy@magillrotary.org.au](mailto:footy@magillrotary.org.au) for full instructions.
- We'll send you payment details when you sign up
- Get your club members, family & friends to join for the ultimate claim to fame

## JOINING GENERATIONS



INSPIRED BY 'OLD PEOPLE'S HOME FOR TEENAGERS'

WELCOME TO JOINING GENERATIONS

# Joining Generations

INTERGENERATIONAL PROGRAM IN CAMPBELLTOWN

Older people in Campbelltown are invited to participate in an Intergenerational Program at Charles Campbell College, Paradise

- Connect with young teenagers over 8 weeks in term 2, 2026\* or 2027
- Participate in activities and projects
- Have fun and learn something new

\*2026 program will run from 6 May - 24 June 2026

PROGRAMS RUN IN  
**2026 & 2027**

Joining Generations is an initiative led by retired principal and Charles Campbell College volunteer Brian Harris.  
A partnership between Charles Campbell College and Adelaide University, proudly supported by Campbelltown City Council, ACH Group and Community Housing Ltd.

BRIAN 0439 131 798

KATIE  
katie.rogers99@schools.sa.edu.au

# Joining Generations

INTERGENERATIONAL PROGRAM IN CAMPBELLTOWN

**Activities include**

- Sharing stories
- Cognitive challenges and sharing stories
- Art, interactive and physical activities
- A celebration event

**By participating you will**

- Learn something new about yourself and young people
- Build confidence and resilience
- Help a young person learn and develop
- Widen your connections and networks
- Have fun!

**You will be required to**

- Attend the program once a week for 8 weeks
- Obtain a free Working with Children Check (assistance provided)

See last year's program <https://achgroup.org.au/blog/joining-generations/>

FOR MORE INFORMATION

BRIAN 0439 131 798

KATIE.ROGERS99@SCHOOLS.SA.EDU.AU

## UPCOMING EVENTS

Thursday 05MAR

**BOARD MEETING 6.00PM for 6.30PM**

Venue: Indian Club SA



Friday 06 MAR

**MOONLIGHT MARKET – 5.30PM – 9.30PM**

Thorndon Park Reserve



Sunday 08 MAR

**MAGILL SUNRISE ROTARY MARKET 9.00M – 2.00PM**

Campbelltown Memorial Oval



Tuesday 10 MAR

**CLUB MEETING 1316– 7.00AM– 8.00AM**

Hectorville Sports and Community Club

31, Fisher Street Magill

Guest Speaker: Paul Reynolds

Friday 13 MAR

**MAGILL RSL SCHNITZEL NIGHT**

8, Lorne venue, Magill

Sunday 15 MAR

**CLASSICS ON THE PARK 10.00AM – 2.00PM**

Thorndon Park Reserve



Monday 16 MAR

**PARADISE PROBUS CLUB 10.00AM – 12NOON**

St Martin's Church Hall, 3 Gorge Rd, Paradise.

Tuesday 17 MAR

**CLUB MEETING 1317 – 6.00PM for 6.30PM**

Tower Hotel, 621 Magill Rd, Magill

Saturday 21 MAR

**SA ELECTION DAY - 8.00AM-6.00PM**

Sunday 22 MAR

**SOCIAL EVENT – WILLUNGA HOTEL – 12.30PM**

Join us for lunch at the middle pub in Willunga

5, High Street, Willunga

Names to Pauline



27 – 29 MAR

**MULTI DISTRICT IMPACT SUMMIT**

Horsham Town Hall



## GROUP 3 CLUBS

### Monday

**Campbelltown:** 0407 724 699 - 6.30pm

San Giorgio Club, Henry St, Payneham

**Coromandel Valley:** 0431 012 142 – 6.30pm - 1st & 3rd Mon St John’s Anglican Parish Hall

### Tuesday

**Magill Sunrise:** 0415 453 101 - 7.00am - 1st, 2<sup>nd</sup>

Hectorville Sporting Club, Magill

**NEW!!! 6.30pm 3rd Tue**

**Tower Hotel, Magill**

**St Peters:** 0493 281 503 - 6.00pm

Kensi Hotel, 23 Regent St, Kensington

**Blackwood:** 0477 788 660 - 6.30pm - 1st & 3rd Tue

Blackwood RSL

**Edwardstown:** 0437 760 420 - 6.15pm - 1st & 3rd Tue

The Maid of Auckland Hotel

**Unley:** 0431 618 359 - 6.00pm

Living Choice, Fullarton

### Wednesdays

**Eastwood:** 0416 367 289 - 7.00am – 1st & 3rd Wed

Royal Coach, 24 Dequetteville Tce, Kent Town

**Norwood:** 0412 305 660 - 6.30pm - 1st, 3rd Wed

The Republic, Cnr Osmond Tce & Magill Rd

**Hyde Park:** 0417 855 182 - 6.15pm - 2nd & 4th Wed

The Goody Hotel, Goodwood

**Burnside:** 0401 627 339 - 6:30pm - 2nd, 4th & 5th Wed

Kensi Hotel, 23 Regent St, Kensington

**Mitcham:** 0437 112 907 – 6.45pm

The Edinburgh Hotel, Mitcham

**Morialta:** 0497 159 737 - 6.30pm – 2<sup>nd</sup> & 4<sup>th</sup> Wed

Tower Hotel, Magill Rd Magill

**Flagstaff Hill:** 0412 330 803 - 6.30pm – 2<sup>nd</sup> & 4<sup>th</sup> Wed

Flagstaff Community Centre

## CONTACT US

### Magill Sunrise Rotary Club



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Pauline Hill



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Simon Brewer

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### Voice of Rotary

[www.facebook.com/voiceofrotary](http://www.facebook.com/voiceofrotary) | ROTARY DISTRICT 9510 | [www.rotary9510.org](http://www.rotary9510.org)

**Rotary** Service Above Self

Rajeev Kamineni DG 2025-26  
Francesco Arezzo RI President 2025-26

District 9510  
Encompasses most of South Australia,  
Sunraysia, Alice Springs and Broken Hill.

*In the spirit of reconciliation, the Rotary Club of Magill Sunrise acknowledges the Traditional Owners of the land where we serve the community, the Kaurna people of Tandanya, and we pay our respects to their Elders past and present.*

*(If you wish to unsubscribe from our Bulletin, please contact Pauline)*

