



PAULINE'S PATHWAYS

MAGILL SUNRISE **ROTARY** CLUB

VOLUME 29, ISSUE 29, Meeting 1320, 21APR2026

MAY- YOUTH SERVICE MONTH

PRESIDENT'S MESSAGE



As we mark what would have been the 100th birthday of Queen Elizabeth II, it feels fitting to pause on one of her most enduring insights:

"It is often the small steps, not the giant leaps, that bring about the most lasting change."

For Rotarians, this sentiment rings especially true. Our work rarely makes headlines, yet it consistently changes lives.

A sausage sizzle that funds a local project. A scholarship that nudges a young person toward their future. A weekend spent planting trees or

packing hampers.

None of these acts are grand on their own, but together they create a ripple of impact that stretches far beyond our immediate view.

Her Majesty's words remind us that service doesn't need to be spectacular to be significant. It simply needs to be steady, sincere, and rooted in care for others — qualities that define Rotary at its best.

As we honour her legacy, we also celebrate the quiet, persistent efforts of Rotarians everywhere with a mission to provide service to others, promote integrity, and advance world understanding, goodwill, and peace.

Every **small step** we take contributes to a lasting change across the globe and in our local communities.

Pauline

FOR THE DIARY

MAY MEETINGS

5th, 12th

7.00am

Heccies

31 Fisher St, Magill

Third Tuesday of the month

19th

6.00pm for 6.30pm

Tower Hotel

621 Magill Rd, Magill

Contact us

0415 453 101

Next Club Meeting

1321

05 MAY 2026



WHAT A MEETING – FIVE INDUCTIONS, A GUEST SPEAKER AND A PHF



It was wonderful to have DG Rajeev and Group 3 co-ordinator Di Clements join us for our meeting to assist in the induction of Amlan Acharya, Ron Smith, Himansu Acharya, Nam Acharya and Kamala Acharya. We are pleased to welcome each and every one of you to our club and we wish you well on your Rotary journey with the Rotary Club of Magill Sunrise.

My thanks to Rajeev and Di for being part of the celebration.

GUEST SPEAKER – JOHN WEEKS



It was my great pleasure to welcome John Weeks to our “special” meeting as Guest Speaker. What an inspirational man.

John shared his story of how his life was changed in an instant when his car became engulfed in flames whilst driving to Adelaide from his Barossa Valley home when a mobile phone charger sparked and ignited the fumes from a petrol can in his car.

It was a story of not only survival but also of his remarkable resilience after having suffered severe burns to 75% of his body.

John was the world’s first burns surviving recipient of a revolutionary new medical technique for skin regeneration. He was put in an induced coma, underwent numerous operations with a long rehabilitation process to regain his independence.

John has written a book about his harrowing experience **“Life Without Fingerprints, A Point in time”**.



Thank you John for taking us through your journey and I think your recovery was in, a large part, due to your partner’s cooking and laughter. The RCMS will send a donation to the Burns Unit at the RAH in recognition of your talk.

PHF



DG Rajeev presented Ian Coat with his third ruby Paul Harris Fellow.

Well done, Ian.



BECOME A MENTAL HEALTH FIRST AIDER

Rotary clubs are **seeking Community Participants** for the upcoming Mental Health First Aid (MHFA) Training course. What community groups and individuals would benefit? Invite them – or provide names to Lindsay please 0415 453 101.



Mental Health Partners
Mental health is everyone's business



MENTAL HEALTH FIRST AID Australia
Accredited Instructor



Foothills to City
Rotary Clubs









Course costs Sponsored by Rotary

BECOME A MENTAL HEALTH FIRST AIDER™
to support friends, family members, colleagues and others

About 1 in 5 Australian adults experience a common mental illness each year. Mental Health First Aid® (MHFA) training will teach you practical skills to support someone with a mental health problem. Make a real difference to people in your community.

STANDARD MHFA TRAINING BENEFITS

<p>KNOWLEDGE Improves knowledge of mental illnesses, treatments and first aid actions.</p>	<p>CONFIDENCE Increases confidence in providing first aid.</p>	<p>DE-STIGMATISING Decreases stigmatising attitudes.</p>	<p>SUPPORT Increases the support provided to others.</p>
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"I enjoyed learning the skills to be an MHFAider. The content was interesting and the facilitators made me feel at ease, even with the more sensitive content." – Georgia

LEARN PRACTICAL FIRST AID SKILLS

- Recognise common mental health problems
- Provide initial help using a practical, evidence-based Action Plan
- Seek appropriate professional help, and
- Respond in a crisis situation

This is a 12-hour educational course, not a therapy or support group.

HOW DO I SIGN UP?

Call 0402 749 850
or
Email admin@mentalhealthpartners.com.au

DATES: May 21st & 28th June 4th & 11th

TIMES: 6pm to 9:30 pm Each day

COST \$25 Booking fee ONLY, Donated back to Rotary Dinner included

VENUE: Fullarton Park Community Centre

FACILITATOR/S MHP team
D Gleeson & J Chenoweth

For more information, visit mhf.com.au/course @MHFA_Australia @healthfirstaid

Go to this link – <https://zoho-mhp.zohobookings.com.au/#/4343000003063222>

Or for more information Call 0402 749 850
or
Email Admin@mentalhealthpartners.com

For more information, visit mhf.com.au/course @MHFA_Australia @healthfirstaid



Quiz Question



How many times does your heart beat per day on average?

Answer: 100,000 times

We had some very clever people who were very close to this answer

Icebreaker

ICE-BREAKER



What's a surprising fun fact about you?

Here are some amazing answers:

Di

Loves cricket - back in the 80's she was able to meet the West Indies (& the Australian cricket team) at Adelaide Oval to get their autographs. She still has her autograph book.

Ron

Ron and his Dad got to meet Sir Donald Campbell (world land speed record holder with his jet-powered hydroplane Bluebird). They arrived an hour early to the event and got to spend that time with Sir Donald and his Bluebird. Ron had two of his books and sold one for \$700.

Ian

Twenty nine years ago Ian was flying home from America and at the time had missed the birth of his son Simon. He was on the shuttle bus going from International to Domestic and spoke to a tiny lady standing behind him. Everyone was staring at them and when he got on his domestic flight, he found out it had been Kylie Minogue.

Pauline

In a lift at the Aggie Grey Hotel in Samoa, Pauline met Cheryl Ladd – (Charlie's Angels) and in Jaipur, she met the Maharaja and was invited to his palace for afternoon tea.

John

He was in a state athletics high jump competition where he came 2nd. He was awarded his medal by Sir Donald Bradman, who made the comment "you can do a little bit better". John bumped into Sir Don a few years later and John reminded him of their chat. Sir Don asked - did you do better?

Amlan

Is a Procurement Manager where as part of his job he approves millions of dollars of purchases. He comes home to his local supermarket and questions needing to spend \$10 on a product.

Chris

Used to be Penny Wong's Security Advisor. His MO was to protect her and the country. Penny wasn't the friendliest until she realised that Chris was just doing his job.

Chris also had a Grandmother who was into Opera (& I assume an opera singer) and was friends with Glenda Crawford (Australian Soprano singer). In 1969 (when Chris was 9yo) Liberace was in Australia and visited Chris' Grandmother. Chris played the piano for him. Chris then went on to attempt taking up piano at school and was told he is tone deaf. Chris' Grandmother made him play for everyone.

Alison

Known as Aunty Al - when her niece was little and learning the alphabet, she used to say "O is for Owl, Aunty Owl". As a result, Alison now has a random collection of owls around her house.



Rotary

Clubs of South Australia



**DROUGHT
SUPPORT**

Pioneer Adventure Day

www.RotaryPioneerAdventureDay.au

Sunday 3 May 2026 | 9am to 4pm



OLD TAILEM TOWN PIONEER VILLAGE

Princes Highway, Tailem Bend, South Australia

A day of fun, entertainment, hair cuts, displays, giveaways and food.

HEALTH CHECKS : Heart; Blood; Skin; Hearing; Breastscreen; Mindfulness +

INVITING Farming & Rural families doing it tough during the drought

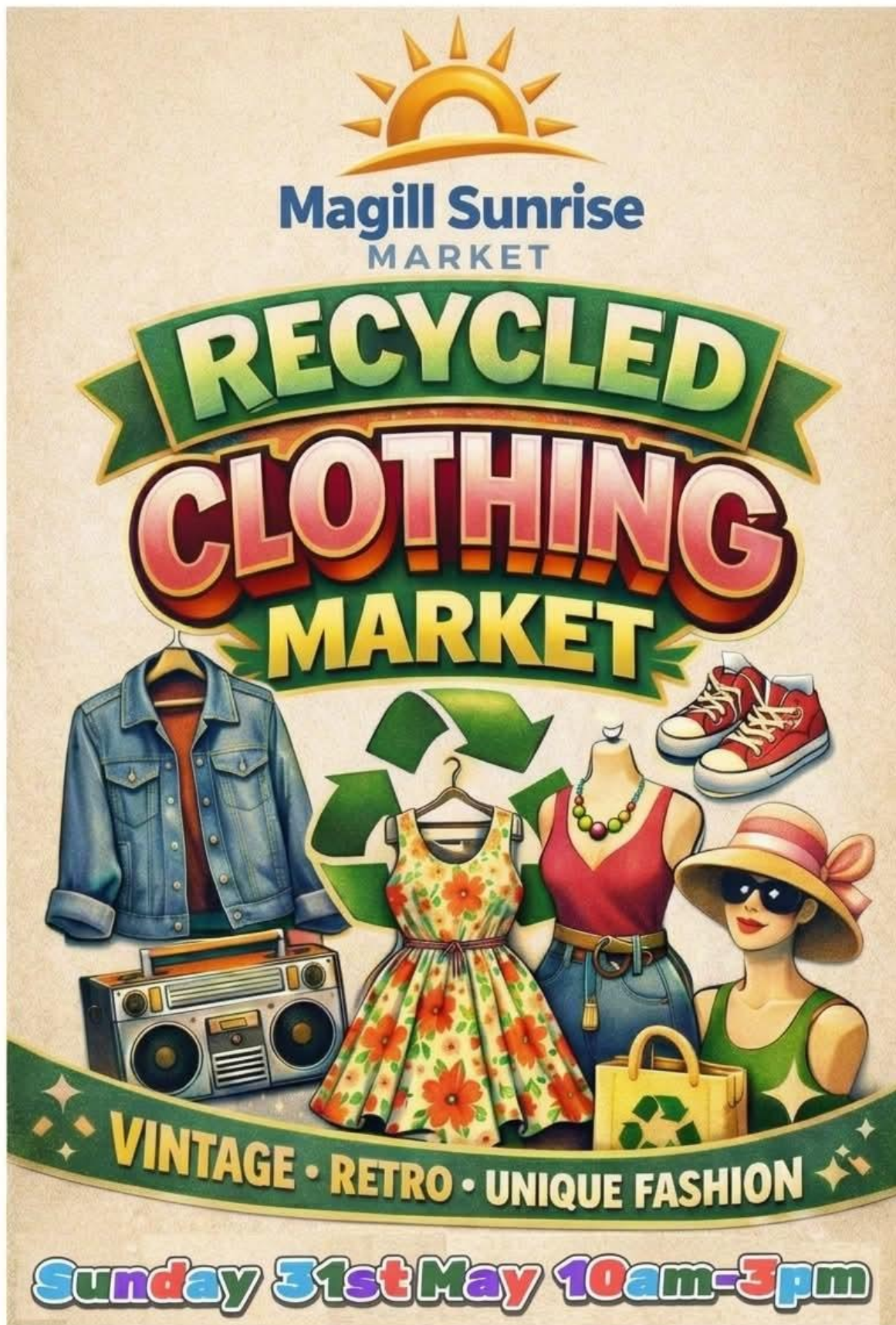
FUN for all ages. Leave the Farm / Shop behind for a Day.

Rotary Family **Sponsorship Packages** available to **help you** attend.

<https://reg.planetreg.au/Rotary-PAD-Register-Interest>



COME ALONG



The poster features a central illustration of various vintage and recycled clothing items. On the left is a blue denim jacket hanging on a hanger. In the center is a floral dress on a hanger, a red tank top on a mannequin, and a pair of red sneakers. On the right is a woman wearing a green tank top, a wide-brimmed hat, and sunglasses, holding a yellow shopping bag with a recycling symbol. A boombox is positioned at the bottom left of the clothing items. The background is a textured, light brown color. The text is arranged in a hierarchy: 'Magill Sunrise MARKET' at the top, followed by 'RECYCLED CLOTHING MARKET' in large, colorful, stylized letters, and 'VINTAGE • RETRO • UNIQUE FASHION' in a green banner at the bottom. The date and time 'Sunday 31st May 10am-3pm' are written in a colorful, bubbly font at the very bottom.

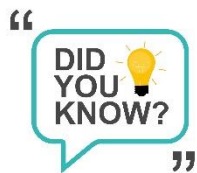
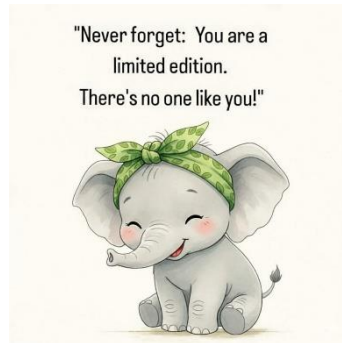
Magill Sunrise
MARKET

**RECYCLED
CLOTHING
MARKET**

VINTAGE • RETRO • UNIQUE FASHION

Sunday 31st May 10am-3pm





PRESIDENT'S 'DID YOU KNOW'

Did you know that during the Gallipoli campaign, the Anzac and Turkish soldiers called a truce for eight hours to bury their dead, on May 24th, 1915.

ANZAC DAY

The Dawn Service was once again held at The Gums Memorial Reserve and Ian Coat represented the Rotary Club of Magill Sunrise by laying the tribute. The Rotary Clubs of Morialta and Magill Sunrise joined the Athelstone-Rostrevor Lions Club after the service at the Magill RSL for the Gunfire Breakfast.

My thanks to those who volunteered to cook and serve the breakfast.



Sunrise



Ian representing RCMS



Athelstone -Rostrevor Lions Club

END POLIO NOW

Rotary District 9510 SA Bridge ASSOCIATION Rotary Morialta

ROTARY 9510 DG Partner Project FUND RAISER Sun 31 May

ROTARY PAIRS BRIDGE CONGRESS (RED MPS) - 10 AM to 5 PM
Bridge players are invited to register for our Red master point Graded Pairs Bridge Congress. Registration includes barbecue lunch & drinks.

MINI BRIDGE TASTER - 10.30 AM to 2.00 PM
Never played bridge before? Try our Mini Bridge Session to see what it's like to learn bridge. Discover a world of fun, friendship, and a great way to keep your mind active. Includes barbecue lunch & drinks.

Register online using the QR code or link below
Please indicate dietary restrictions when you register.

ENTERTAINMENT

- Raffles
- Wine wall
- Silent auction

Make a donation
<https://bit.ly/rotarypairs>
(Select Get tickets - Donation)
Donations can also be transferred to the Rotary Club of Morialta To avoid booking fees.



Rotary District 9510 SA Bridge ASSOCIATION Rotary Morialta

END POLIO NOW

Every voice. Every dollar. Every child.

We are in the final stretch — but polio is a zero-sum game. As long as the virus exists anywhere, children everywhere remain at risk.

- If eradication efforts stop now, up to 200,000 new cases every year could return within a decade.
- Just one infected traveller can reintroduce polio to a polio-free country.
- 1 in 200 infections causes irreversible paralysis.

By vaccinating 2.5 billion children, Rotary and its partners have prevented more than 20 million cases of paralysis. If we succeed, polio will become only the second human disease ever eradicated — after smallpox.

Join us. Help finish the fight.
Every donation funds the vaccines, transport and frontline support needed to protect children.

Right now, every \$1 donated is matched 2:1 by the Bill & Melinda Gates Foundation — tripling your impact.

SHOW YOUR SUPPORT

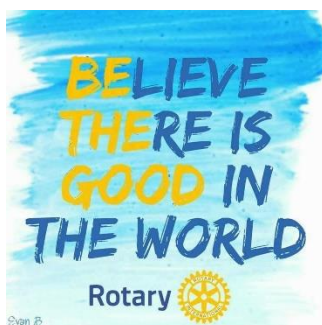
When: Sunday 31st May
Where: SA Bridge Association - 243 Young St., Unley
Events: Graded Pairs (Red Masterpoints) OR Mini Bridge
Cost: \$40 per person (Lunch Included)

Register online
<https://bit.ly/rotarypairs>
Questions? Contact Adel on 0402 433 674
aabdelha@icloud.com



WEDDING ANNIVERSARY

HAPPY WEDDING ANNIVERSARY TO SIMON & NINA



MAGILL SUNRISE ROTARY RECYCLED CLOTHING MARKET 10.00M - 3.00PM - 31MAY





ROTARY YOUTH LEADERSHIP AWARDS

2026 DATES

APPLICATION CLOSING DATE:
15/8/26

PROGRAM DATES:
3rd - 9th October 2026

GRADUATION DINNER:
Thursday 8/10/26
@Marche Club, Paradise

Contact: ryla@rotary9510.org



Rotary Youth Program of Enrichment

2026 DATES

APPLICATION CLOSING DATE:
01/06/26

PROGRAM DATES:
3rd -5th July 2026

Contact:
rypen@rotary9510.org

EXPRESSIONS OF INTEREST

RYLA Registrar

Position Description

A requirement for this position is to have a current Working With Children check and submit a Rotary Volunteer Declaration form to the District Protection Officer for verification.

The role involves monitoring and processing the online applications received via the RYLA9510.org website. Attend the monthly committee meeting in person or via zoom and report on progress of applications.

Duties include:

- Acknowledging the receipt of each application and checking against the criteria for the program (i.e. age, location)
- To engage with the applicant to collect extra details via email/text/etc.
- Create an applicant details form to be forwarded to a potential sponsor club.
- To find a suitable Rotary Club to sponsor the applicant and liaise for the club to interview them.
- Advise applicants of the results.
- Follow up successful applicants to complete their health and dietary information sheets.
- To supply the program leadership team with applicant information for them to take over engagement with the applicant.
- Attending the first day of program to manage registrations and follow up any non attendees.

**FOR FURTHER INFORMATION
CONTACT: FLORIAN PLOECKL
ryla@rotary9510.org**



UPCOMING EVENTS

Sunday 03 MAY

PIONEER ADVENTURE DAY 9.00AM – 4.00PM

Old Taillem Town Pioner Village, Princes Highway. Taillem Bend
(Flyer in this Bulletin)

Tuesday 05MAY

CLUB MEETING 1321 – 7.00AM – 8.00AM

Hectorville Sports and Community Club
31, Fisher Street Magill

Sunday 10 MAY

MAGILL SUNRISE ROTARY MARKET 9.00M – 2.00PM

Campbelltown Memorial Oval

Tuesday 12MAY

CLUB MEETING 1322 – 7.00AM – 8.00AM

Hectorville Sports and Community Club
31, Fisher Street Magill

Monday 18 MAY

PARADISE PROBUS CLUB 10.00AM – 12NOON

St Martin's Church Hall, 3 Gorge Rd, Paradise.

Tuesday 19 MAY

CLUB MEETING 1323 – OUR 30th ANNIVERSARY – 6.00PM for 6.30PM

Maylands Hotel, 67 Phillis St, Maylands
\$50.00pp. We would love to see some Past members.
RSVP to Alison on alisonlynch69@gmail.com



Sunday 31 MAY

DISTRICT ASSEMBLY 8.30AM – 9.00AM

St Michaels College, 15 Milton Avenue, Henley Beach SA
Registration is required

DG PARTNER PROJECT – END POLIO NOW 10.00AM – 5.00PM

SA Bridge Ass, 243 Young Street, Unley

MAGILL SUNRISE ROTARY RECYCLED CLOTHING MARKET 10.00M – 3.00PM

Campbelltown Memorial Oval



MAGILL SUNRISE ROTARY RECYCLED CLOTHING MARKET 10.00M – 3.00PM – 31MAY

GROUP 3 CLUBS

Monday

Campbelltown: 0407 724 699 - 6.30pm

San Giorgio Club, Henry St, Payneham

Coromandel Valley: 0431 012 142 – 6.30pm - 1st & 3rd Mon St John’s Anglican Parish Hall

Tuesday

Magill Sunrise: 0415 453 101 - 7.00am - 1st, 2nd

Hectorville Sporting Club, Magill

NEW!!! 6.30pm 3rd Tue

Tower Hotel, Magill

St Peters: 0493 281 503 - 6.00pm

Kensi Hotel, 23 Regent St, Kensington

Blackwood: 0477 788 660 - 6.30pm - 1st & 3rd Tue

Blackwood RSL

Edwardstown: 0437 760 420 - 6.15pm - 1st & 3rd Tue

The Maid of Auckland Hotel

Unley: 0431 618 359 - 6.00pm

Living Choice, Fullarton

Wednesdays

Eastwood: 0416 367 289 - 7.00am – 1st & 3rd Wed

Royal Coach, 24 Dequetteville Tce, Kent Town

Norwood: 0412 305 660 - 6.30pm - 1st, 3rd Wed

The Republic, Cnr Osmond Tce & Magill Rd

Hyde Park: 0417 855 182 - 6.15pm - 2nd & 4th Wed

The Goody Hotel, Goodwood

Burnside: 0401 627 339 - 6:30pm - 2nd, 4th & 5th Wed

Kensi Hotel, 23 Regent St, Kensington

Mitcham: 0437 112 907 – 6.45pm

The Edinburgh Hotel, Mitcham

Morialta: 0497 159 737 - 6.30pm – 2nd & 4th Wed

Tower Hotel, Magill Rd Magill

Flagstaff Hill: 0412 330 803 - 6.30pm – 2nd & 4th Wed

Flagstaff Community Centre

CONTACT US

Magill Sunrise Rotary Club



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Pauline Hill



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Simon Brewer

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Voice of Rotary

www.facebook.com/voiceofrotary | ROTARY DISTRICT 9510 | www.rotary9510.org

Rotary Service Above Self

Rajeev Kamineni DG 2025-26
Francesco Arezzo RI President 2025-26

District 9510
Encompasses most of South Australia,
Sunraysia, Alice Springs and Broken Hill.

In the spirit of reconciliation, the Rotary Club of Magill Sunrise acknowledges the Traditional Owners of the land where we serve the community, the Kaurna people of Tandanya, and we pay our respects to their Elders past and present.

(If you wish to unsubscribe from our Bulletin, please contact Pauline)

